### «Τι νεότερο στη Ρευματοειδή Αρθρίτιδα»

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## Menu

### • Clinical

- Difficult to treat RA
- JAKis / Cardiovascular risk
- Basic Science
  - Cellular characterization
  - Biomarkers for response / prognosis

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## Difficult to treat RA: 7% -20% of RA on bDMARDs

#### Box 1 EULAR definition of difficult-to-treat RA

- Treatment according to European League Against Rheumatism recommendation and failure of ≥2 b/tsDMARDs (with different mechanisms of action)\* after failing csDMARD therapy (unless contraindicated).<sup>†</sup>
- Signs suggestive of active/progressive disease, defined as ≥1 of:
  - At least moderate disease activity (according to validated composite measures including joint counts, for example, DAS28-ESR>3.2 or CDAI>10).
  - b. Signs (including acute phase reactants and imaging) and/ or symptoms suggestive of active disease (joint related or other).
  - c. Inability to taper glucocorticoid treatment (below 7.5 mg/ day prednisone or equivalent).
  - d. Rapid radiographic progression (with or without signs of active disease).<sup>4</sup>
  - Well-controlled disease according to above standards, but still having RA symptoms that are causing a reduction in quality of life.
- The management of signs and/or symptoms is perceived as problematic by the rheumatologist and/or the patient.

All three criteria need to be present in D2T RA.



# DTT represent a group with low function and quality of life population

#### TABLE 5 Clinical burden of D2T RA

D2T RA (n = 52)	Non-D2T RA (n = 99)	P-value
1.8 (1.4-2.1)	1.0 (0.5-1.4)	<0.001*
0.62 (0.31-0.77)	0.81 (0.68-0.85)	<0.001 <sup>a</sup>
51 (26-65)	75 (60-85)	<0.001ª
27 (18-34)	39 (29-45)	<0.001*
58 (30-80)	23 (8-49)	<0.001°
35	13	
23	37	<0.01 <sup>b</sup>
42	50	
46 (28-63)	42 (28-56)	0.75ª
	D2T RA (n = 52) 1.8 (1.4-2.1) 0.62 (0.31-0.77) 51 (26-65) 27 (18-34) 58 (30-80) 35 23 42 46 (28-63)	D2T RA $(n = 52)$ Non-D2T RA $(n = 99)$ 1.8 $(1.4-2.1)$ 1.0 $(0.5-1.4)$ 0.62 $(0.31-0.77)$ 0.81 $(0.68-0.85)$ 51 $(26-65)$ 75 $(60-85)$ 27 $(18-34)$ 39 $(29-45)$ 58 $(30-80)$ 23 $(8-49)$ 35132337425046 $(28-63)$ 42 $(28-56)$

# Pure ongoing inflammation or comorbidities / low adherence differentiate 3 groups

#### Fig. 1 Subgroups of D2T RA



Rheumatology 2020;0:1–11



## Substantial number of patients are characterized as D2T: 22% of the bDMARDs cohort





EULAR 2021





## Comorbidity burden at baseline predicts disease characterization as D2T

compared to "well-controlled"

	D2T versus "Well-controlled"					
	Adjusted OR*					
Sex (male vs. female)	0.44 (0.2-0.9) <sup>a</sup>	0.42 (0.2-0.9)ª				
Seropositivity	0.41 (0.2-0.7) <sup>b</sup>	0.42 (0.2-0.7) <sup>b</sup>				
Year of therapy start	1.13 (1.05-1.2) <sup>b</sup>	1.13 (1.04-1.2) <sup>b</sup>				
SDAI	1.05 (1.02-1.08) <sup>c</sup>	1.05 (1.02-1.07) <sup>c</sup>				
CC ≥2 (vs. ≤1)	1.52 (0.82-2.81)					
RDCI ≥1 (vs. 0)		2.24 (1.2-4.5) <sup>a</sup>				
a: p<0.05; b: p<0.01; c: p<0.001						

\* Variables entered in the analyses and removed from the final models with backward selection (p≥0.10) : sex, age, RF/anti-CCP seropositivity, disease duration since diagnosis, year of therapy start, number of previous csDMARDs, type of 1st bDMARD used (TNFi vs. non-TNFi), co-therapy with methotrexate or corticosteroids (yes/no), baseline SDAI and HAQ

EULAR 2021

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### Janus kinases (JAKs...or "Just Another Kinase")



- Μεταγωγείς σημάτων από ~60
  διαφορετικές κυτταροκίνες και αυξητικούς παράγοντες
- ✓ 4 διαφορετικοί JAKs (JAK1−3, TYK2)
- ✓ JAK1/2: καθολική έκφραση
- JAK3: αιμοποιητικά, μυελοειδή,
  λεμφοειδή κύτταρα
- 🗸 Δρουν ως τυροσινο-κινάσες
- Σχηματίζουν διμερή και κατόπιν
  ενεργοποιούν τις πρωτεΐνες STAT (STAT1–4, 5A, 5B, 6)

Roskoski R Jr. Pharmacol Res. 2016; 111:784-803; O'Shea JJ, et al. Annu Rev Med. 2015; 66:311-28; Gurniak CB, et al. Blood. 1996; 87: 3151-60



#### Αυξανόμενο φάσμα κλινικών εφαρμογών των αναστολέων JAK/Tyk κινασών

#### The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

Cardiovascular and Cancer Risk with Tofacitinib in Rheumatoid Arthritis

#### CONCLUSIONS

In this trial comparing the combined tofacitinib doses with a TNF inhibitor in a cardiovascular risk-enriched population, risks of MACE and cancers were higher with tofacitinib and did not meet noninferiority criteria. Several adverse events were more common with tofacitinib. (Funded by Pfizer; ORAL Surveillance Clinical Trials .gov number, NCT02092467.)

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### Adjudicated MACE Based on Univariate Cox Proportional Hazard Model (SAS,

60-Day On-Treatment Time<sup>a</sup>)



a: 60-Day On-Treatment Time: the risk period is the minimum of (last contact date, or Last Study Treatment Dose date +60 days)

\*For primary comparisons: Non-inferiority was met if the upper limit of the 2-sided 95% confidence interval (CI) for the hazard ratio (HR) was less than 1.8 comparing the tofacitinib doses combined vs. TNFi.

\*\*For secondary comparisons: Non-inferiority was met if the upper limit of the 2-sided 95% CI for the HR was less than 2.0 comparing tofacitinib 10 mg BID vs. tofacitinib 5 mg BID.

Ytterberg et al. N Engl J Med 2022;386:316-26





## Incidence Rates of MACE<sup>a</sup>

a. Adjudicated MACE Based on Univariate Cox Proportional Hazard Model (SAS, 60-Day On-Treatment Time). 60-Day On-Treatment Time: the risk period is the minimum of (last contact date, or Last Study Treatment Dose date +60 days). NNH was 100/IRD, which was number of PY needed to expose in a treatment to have one more event relative to control; IRD = Incidence rate difference Ytterberg et al. N Engl J Med 2022;386:316-26

## MACE IR by Age (Number of First Events/100 Patient-Years During Study Participation)



Adjudicated MACE Based on Univariate Cox Proportional Hazard Model (SAS, 60-Day On-Treatment Time). 60-Day On-Treatment Time: the risk period is the minimum of (last contact date, or Last Study Treatment Dose date +60 days). Ytterberg et al. N Engl J Med 2022;386:316-26

## MACE IR by Smoking Status (Number of First Events/100 Patient-Years During



Adjudicated MACE Based on Univariate Cox Proportional Hazard Model (SAS, 60-Day On-Treatment Time). 60-Day On-Treatment Time: the risk period is the minimum of (last contact date, or Last Study Treatment Dose date +60 days). Data on file. Pfizer Inc, New York, NY

### CorEvitas (previously Corrona) US Registry PASS Study: Methodology



AE=adverse event; bDMARD=biologic disease-modifying anti-rheumatic drug; BID=twice daily; Corrona=Consortium of Rheumatology Researchers of North America; HZ=herpes zoster; IBD, inflammatory bowel disorder; IR=incidence rate; MACE=major adverse cardiovascular events; PS=propensity score; qd=once daily; RA=rheumatoid arthritis; SAE=serious adverse event; SIE=serious infection event; VTE=venous thromboembolism.

Kremer JM, et al. ACR Open Rheumatol. 2021;doi: 10.1002/acr2.11232.

\* MACE were defined as myocardial infarction [MI], stroke/transient ischemic attack [TIA], and cardiovascular [CV] death

† SIEs were defined as infections leading to hospitalization and/or intravenous antibiotics

‡ Serious HZ was defined as any HZ infection that: led to hospitalization, disability, congenital anomaly, or death; was immediately life-threatening, medically important/serious in the opinion of the site investigator; or required treatment with parenteral therapy

### Incidence Rates of Selected AEs in PS-trimmed Population

• Tofacitinib<sup>†</sup> • bDMARDs<sup>‡</sup> Malignancies (excl. **MACE**§ SIEs ΗZ NMSC Death NMSC) 6.0 (events per 100 PY [95% CI]) 5,0 Incidence rate 4,0 • 3,12 3,0 **↓** 2,83 2,0 1,44 • 1,08 1,10 0,84 1.0 ₫ 0,91 0,88 € 0,81 **●** 0,86 0,64 0,65 0,0 n events 19 108 90 333 42 78 28 101 34 136 27 109 ΡΥ 11,951.7 2954.5 11,930.0 2880.5 11,755.9 2926.3 3183.6 12,461.0 3148.9 12,378.0 3206.5 12,648.0

#### Graph adapted from Kremer JM, et al. 2021.

IR=Incidence rates are number of first events/100 PY of outcomes in the PS-trimmed population; incidence rates were based on different definitions of the risk window for outcomes with acute onset (MACE, SIEs, HZ) or latent onset (malignancies and death). Patients initiated treatment as monotherapy or in combination with a csDMARD. †XELJANZ cohort primarily received 5 mg BID. †bDMARD cohort included patients initiating adalimumab, certolizumab pegol, golimumab, etanercept, infliximab, abatacept, anakinra, rituximab, or tocilizumab.

§MACE defined as myocardial infarction, stroke/transient ischemic attack, and cardiovascular death.

AE=adverse event; bDMARD=biologic disease-modifying antirheumatic drug; BID=twice daily; CI=confidence interval; csDMARD=conventional synthetic disease-modifying antirheumatic drug; HZ=herpes zoster; MACE=major adverse cardiovascular events; NMSC=nonmelanoma skin cancer; PS=propensity score; PY=patient years; SIE=serious infection event.

Kremer JM, et al. ACR Open Rheumatol. 2021;doi: 10.1002/acr2.11232.

Recommendations 6-8 – 2019		Red	commendations 6-8 – 2016
8.	8. If the treatment target is not achieved with the first csDMARD strategy, when poor prognostic factors are present, a bDMARD or a tsDMARD should be added. (A)	8.	If the treatment target is not achieved with the first csDMARD strategy, when poor prognostic factors are present, a bDMARD or a tsDMARD should be added (A); JAK- inhibitors may be considered, but pertinent risk factors* must be taken into account. (A, B)
			* The following risk factors for cardiovascular events and malignancies must be considered when intending to prescribe a JAK-inhibitor: Age over 65 years, history of current or past smoking, other cardiovascular risk factors, other risk factors for malignancy, risk factors for thromboembolic events

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Μοριακή ανάλυση υψηλής απόδοσης:

εργαλεία κατανόησης παθογένειας, ανάδειξης νέων μοριακών μηχανισμών γένεσης νόσου και βιοδεικτών πρόγνωσης

RNAseq Single cell RNA analysis CyTOF......

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**PEAC cohort:** Early RA- treatment naive

Lewis et al., 2019, Cell Reports 28, 2455

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#### Immunohistochemistry of synovial biopsies:

- ✓ lympho-myeloid (50%)
- ✓ diffuse myeloid (20%)
- ✓ pauci-immune fibroid (20%)



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**Synovium RNA Sequencing (cell specific gene signatures)** Correlates with Histological Pathotype in Early Rheumatoid Arthritis



Lewis et al., 2019, Cell Reports 28, 2455

Gene expression analysis (clustering and PCA) and patients' classification:

the synovium gives clean delineation of the different histological subtypes while the blood transcriptome shows significantly less differentiation



Differentially expressed genes comparing RNA sequencing of (A) synovial tissue and (B) whole blood

Lewis et al., 2019, Cell Reports 28, 2455

Baseline Synovium gene expression analysis (RNAseq) is more informative in predicting clinical responses and radiographic progression



Baseline Synovium gene expression analysis (RNAseq) is more informative in predicting clinical responses and radiographic progression



Single-cell RNA-seq-annotated WGCNA <u>modular analysis</u> shows that **increased plasma cell module** expression is predictive of **radiographic progression at 12 months** 



Combined models based on gene expression and clinical characteristics predict better clincia outcomes (bDMARDs use % Rx progression)





Ann Rheum Dis 2019;0:1–11

## PEAC early RA cohort and synovial RNAseq analysis

- RNA sequence analysis advances the understanding of RA pathogenesis:
  - ✓ revealing major differences in synovial gene expression across the histo-pathotype spectrum
    ✓ identifying associated pathways and gene modules for each pathotype
- Synovial modules were superior for predicting clinical outcomes:
  - ✓ clinical response to DMARD therapy at 6 months
  - ✓ poor prognosis in terms of radiographic progression at 12 months.

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Rituximab versus tocilizumab in anti-TNF inadequate responder patients with rheumatoid arthritis (R4RA): 16-week outcomes of a stratified, biopsy-driven, multicentre, open-label, phase 4 randomised controlled trial

**R4RA trial:** TNFi – non responders the first biopsy-driven randomised clinical trial in RA

Rituximab versus tocilizumab in anti-TNF inadequate responder patients with rheumatoid arthritis (R4RA): 16-week outcomes of a stratified, biopsy-driven, multicentre, open-label, phase 4 randomised controlled trial

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Rituximab versus tocilizumab in anti-TNF inadequate responder patients with rheumatoid arthritis (R4RA): 16-week outcomes of a stratified, biopsy-driven, multicentre, open-label, phase 4 randomised controlled trial

#### **R4RA trial:** TNFi – non responders the first biopsy-driven randomised clinical trial in RA



Patients were classified as B-cell poor or B-cell rich according to:

**A. HISTOLOGY**: Semi-quantitative scoring to determine expression of CD20 B cells, CD3 T cells, CD138 plasma cells, and CD68 lining and sublining macrophages.

**B. RNAseq**: B-cell specific gene module, derived from analysis of FANTOM5 gene expression data.

# Synovial tissue RNAseq analysis better predicts response compared to histology: ONLY 12% of B-cell poor ST respond to RTX vs 50% in TCZ

Clinical outcomes at 16 weeks in the intention-to-treat **B-cell poor population** 

	Histological classification				RNA sequencing classification			
	Rituximab (n=38)	Todlizumab (n=41)	Treatment effect	Unadjusted pvalue	Rituximab (n=33)	Tocilizumab (n=3?)	Treatment effect	Unadjusted p value
Primary endpoint*							_	
CDAI≥50% improvement at week 16	17 (45%)	23 (56%)	11% (-11 to 33)	0-31	12 (36%)	20 (63%)	26% (3to 50)	0.035
Supplementary endpoint*	25 37	16 10			100 AV			
CDAL>50% improvement and CDAL<10-1 at week 16	9 (74%)	19 (46%)	73% (7 to 43)	0.035	4 (12%)	16 (50%)	38% (17 to 59)	0-0012

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#### Clinical outcomes at 16 weeks in the intention-to-treat B-cell rich population

	Histological classification				RNA sequencing classification			
	Rituximab (n=33)	Tocilizumab (n=31)	Treatment effect	Unadjusted p value	Rituximab (n=30)	Tocilizumab (n=29)	Treatment effect	Unadjusted p value
Primary endpoint*								
CDAI ≥50% Improvement at week 16	13 (39%)	16 (52%)	12% (-12 to 37)	0-33	15 (50%)	14 (48%)	-2% (-27 to 24)	0-89
Supplementary endpoint*								
CDAL≥50% Improvement and CDAL≤10-1 at week 16	5 (15%)	11(36%)	20% (-1to 41)	0-085	/ (23%)	9 (31%)	8% (-15 to 30)	0.51

# Synovial tissue and B cell signature (RNAseq) may guide treatment choices

- B cell poor histology predict low response to RTX
  - TCZ vs RTX: X2 (46% vs 24%)
- Molecular signature of low B cell better differentiates responses:
  - TCZ vs RTX: X4 (50% vs 12%)

Biomarkers for response to therapy: cellular subtype analysis predicts response, OR:16!!!



# Biomarkers for response to therapy: cellular subtype analysis predicts response, OR:16!!!



Nat Med. 2022 Jun;28(6):1256-1268

## Synovial RNAseq signature may classify patients for rituximab response better but not tocilizumab



**Unsupervised Monte Carlo** consensus clustering (M3C) showed:

- $\checkmark$  71% of rituximab responders (n = 24)grouped in cluster 1 compared with
- ✓ only 29% (n = 10) of tocilizumab in cluster 2 (P = 0.0004)

Nat Med. 2022 Jun;28(6):1256-1268

## Treatment responses may be differentiated based on synovial molecular signatures at baseline

- Differentially expressed genes in responders vs nonresponders
- ✓ 6,625 genes in rituximab
- ✓ 85 in tocilizumab



- Molecular signatures of treatment response.
- DEG analysis to identify genes associated with treatment response

# Treatment responses may be differentiated based on synovial molecular signatures at baseline

- Differentially expressed genes in responders vs nonresponders
- ✓ 6,625 genes in rituximab
- ✓ 85 in tocilizumab
- Molecular signatures of treatment response.
- DEG analysis to identify genes associated with treatment response



<u>Functional role of the DEGs (quantitative set analysis for gene</u> expression (QuSAGE) modular analysis)

- Increased in rituximab responders
  - Antigen presentation, T and B cell-related modules and interferon signaling
- Increased in rituximab nonresponders
  - ✓ Hox gene and fibroblast modules
- Increased in tocilizumab responders
  - Myeloid cell cytokine, peroxisome proliferator-activated receptor (PPAR) and metabolic



## Synovium gene signature predictive multidrug resistance (tocilizumab/rituximab) and Difficult to treat RA

1,277 significant genes were unique to multi-drugresistant/refractory patients including (difficult to treat RA):
 ✓ fibroblast and extracellular matrix-encoding genes (fibroblast growth factor (FGF), homeobox (HOX) and NOTCH family genes)
 ✓ multiple cell-adhesion-molecule- and collagen-encoding genes





Nat Med. 2022 Jun;28(6):1256-1268

# Models based on molecular synovial signatures are superior to predict response compared to clinical + histology models



## "First biopsy-driven randomized trial in RA"

- Baseline histological and molecular signatures are associated with response to individual drugs
- Nonresponse to multiple biologics is linked to a specific pretreatment signature associated with <u>fibroblasts</u>
- Underscores the importance of integrating predictive molecular pathology signatures into clinical algorithms to optimize the usage of existing drugs

## Peripheral blood biomarkers of RA relapse

Aim of the study: To look for molecular changes in blood that predict clinical flares

N Engl J Med. 2020 Jul 16;383(3):218-228

## Peripheral blood biomarkers of RA relapse

Aim of the study: To look for molecular changes in blood that predict clinical flares



In the index patient, we assessed:

- 364 time points by RAPID3 during 8 flares over a period of 4 years
- 84 time points RNA-seq of peripheral blood specimens

# RNAseq analysis revealed genes and pathways up or downregulated during a flare



1437 up-regulated 1176 down-regulated

## "B cells" and "fibroblast" sequentially precede RA flare

AC2 was enriched with naive B-cell genes and AC3 was enriched with 3 sublining fibroblast genes (CD34+, HLA-DR+ and DKK3+)



- We focused the analysis on 65 specimens that were acquired 8 weeks before a flare and 4 weeks after flare initiation.
- We identified 2791 genes with significant differential expression over the time leading up to and during a flare (false discovery rate, <0.05),</li>
- Hierarchical clustering of gene expression we identified **five clusters (1, AC2, AC3, 4, 5)**

N Engl J Med. 2020 Jul 16;383(3):218-228

Proposed model for RA flare: sequential activation of B cells activates mesenchymal PRIME cells just before flares



- To better characterize the clusters identified by the time-series analysis of fingerstick blood and their relevance to synovitis we examined them for enrichment in **synovial cell subtypes characterized by scRNA-seq**
- This analysis of 5265 single synovial cells from patients with rheumatoid arthritis and patients with osteoarthritis identified 4 fibroblast, 4 B-cell, 6 T-cell, and 4 monocyte subpopulations

#### • Correlation to PB clusters:

- ✓ AC2 was enriched with naive B-cell genes
- AC3 was enriched with three sublining fibroblast genes (CD34+, HLA-DR+, and DKK3+)

CD45–CD31–PDPN+ pre-inflammatory mesenchymal, or PRIME, cells may precede RA flare • PRIME cells (preinflammatory mesenchymal) are increased in the blood during the period before a flare and suggested a model in which these cells become activated by B cells in the weeks before a flare and subsequently migrate out of the blood into the synovium

# Single cell RNAseq (scRNA-seq) to identify novel therapeutic targets: synovium



Signals derived from endothelial cells may differentiate positional identity of FLS





Nature. 2020 Jun;582(7811):259

NOTCH3 is a critical receptor in the differentiation and pathologic expansion of synovial fibroblasts in rheumatoid arthritis.

**Immunohistochemistry** staining of NOTCH3 ✓ Ligand–receptor analysis in synovial tissue (top) and (purple) and elastin organoid (bottom) scRNA-seq datasets **Fibroblast Notch activation** (black) in synovial tissue ✓ Black lines indicate highly expressed ligands in endothelial in RA NOTCH3 Elastin d cells (cyan) and receptors in fibroblasts (orange). P=0.005 9 a P=12×104 P = 0.015Synovial tissue NOTCHY

Synovial organoid

Fibroblasts Endothelial cells

DLL4

PDGFR

NOTC

PDGFRB

NRP

NOTCH3 is a critical receptor in the differentiation and pathologic expansion of synovial fibroblasts in rheumatoid arthritis.



PDGFRB

Nature. 2020 Jun;582(7811):259

### NOTCH3 blockade attenuates inflammatory arthritis



Nature. 2020 Jun;582(7811):259

## RA 2022

- "Novel" clinical subgroups are characterized (DTT RA)
- "Novel" treatment classes mature (JAKis)
- Molecular understanding of RA pathology may offer novel biomarkers of clinical responses and novel treatments