

Novel Cytokine Inhibitors

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Introduction

Cytokines - properties

➤ Cytokines

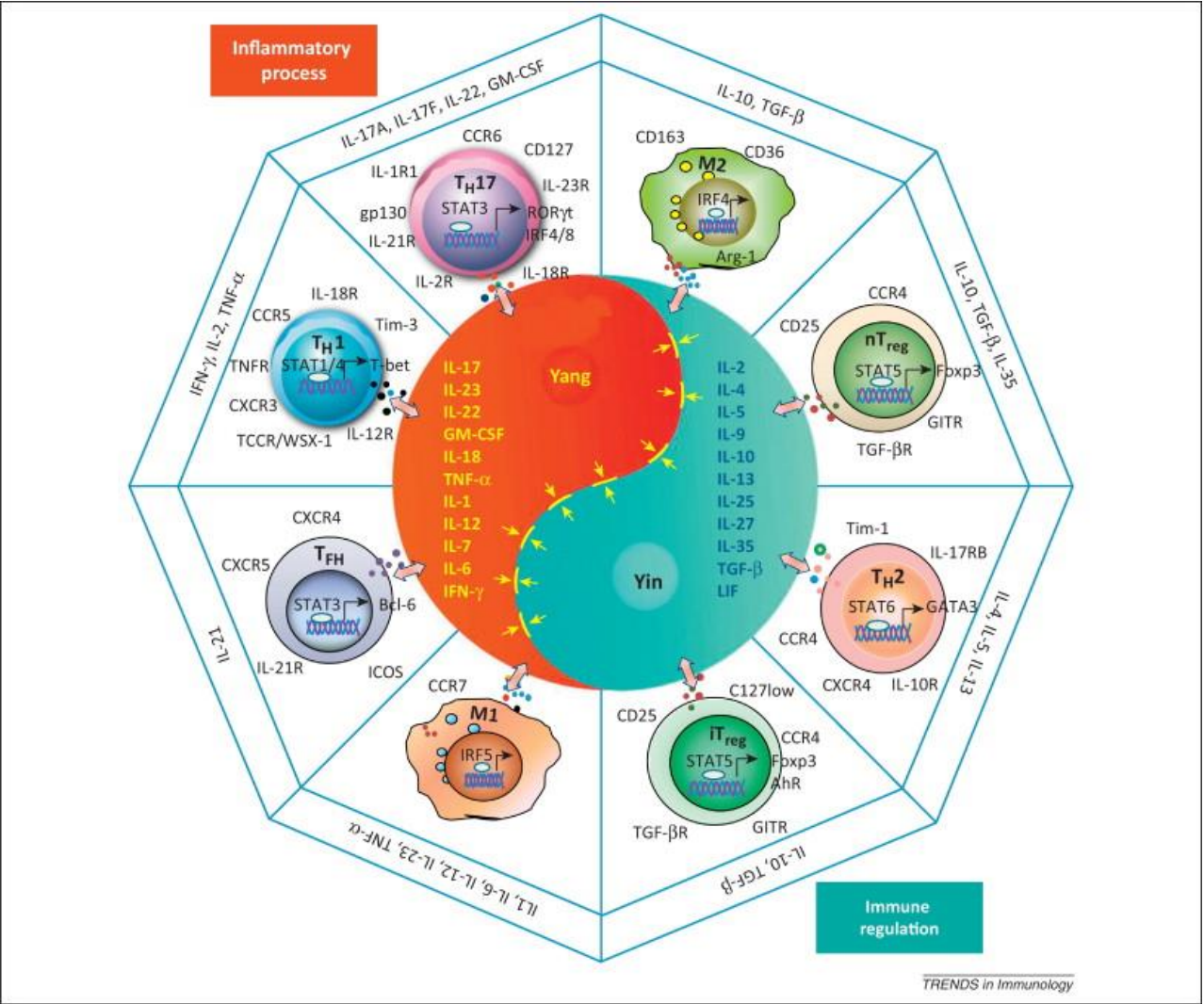
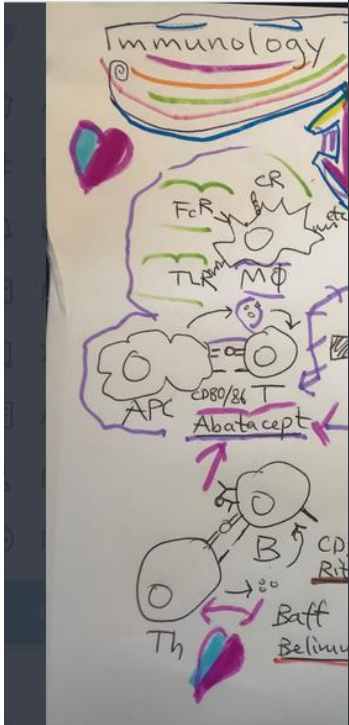
- ◆ are key effectors in the pathogenesis of several human ARDs
 - ✿ Single-cytokine targeting useful in several ARDs
 - ✓ e.g RA, PsA, GCA and others
- ◆ mediate a wide variety of immunologic actions
 - ✿ Pleiotropic functions
 - ✿ Synergistic interactions
- ◆ Render them intriguing therapeutic targets
- ◆ But also could be associated with side-effects

Introduction

What do we need from cytokine-based treatment?

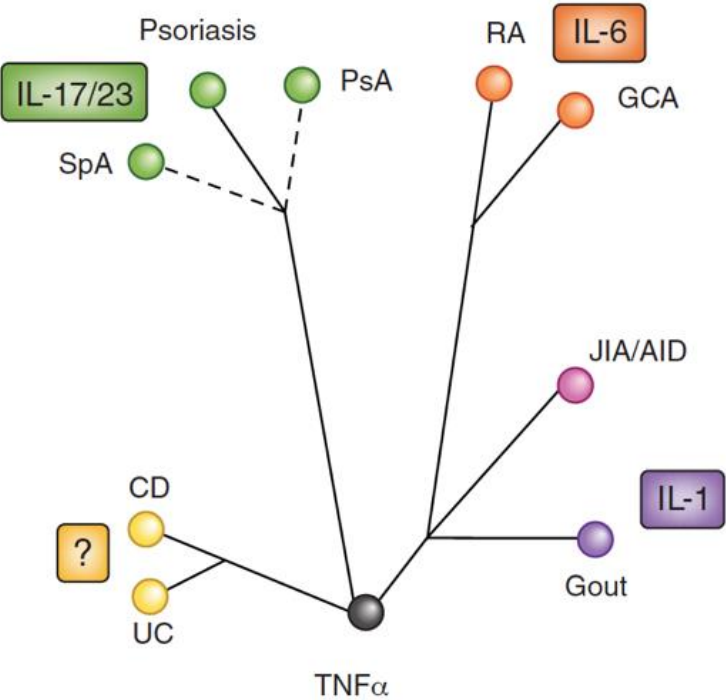
- Control of inflammation
- Protection of targeted tissues (e.g bone and cartilage)
- Promoting the re-establishment of immune tolerance
- Healing of previously damaged tissues
- Preservation of host immune capability
 - ◆ to avoid profound immune suppression

The complexity of Immune System



Cytokines

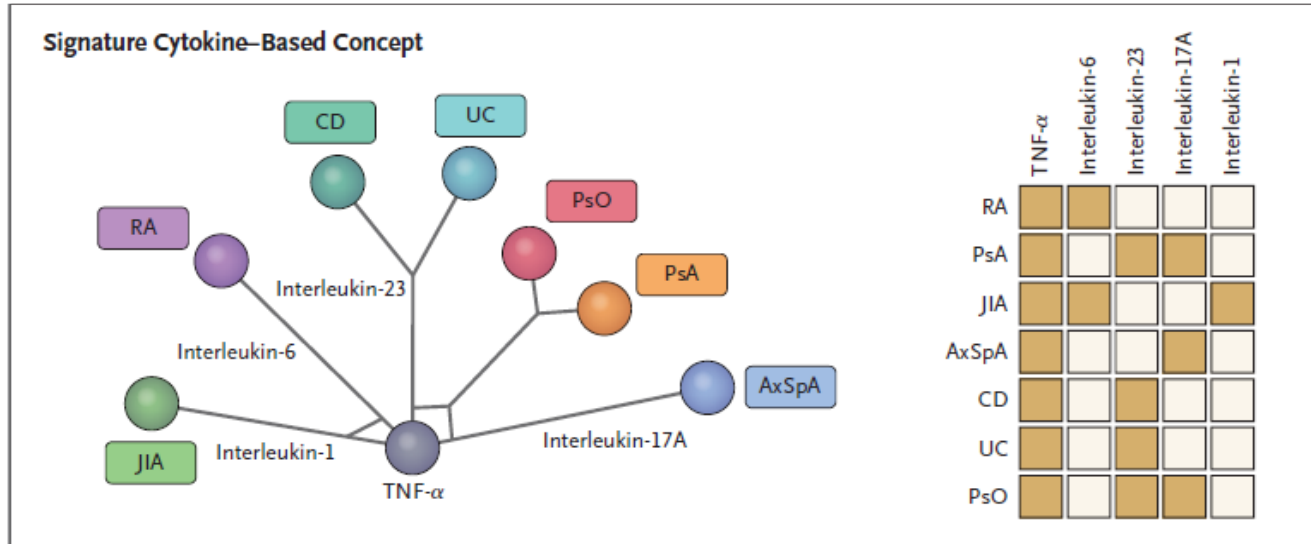
Different drivers according to disease type?



Chronic inflammatory disease	Cytokine targets					
	TNF	IL-6R	IL-1	IL-12/IL-23	IL-17A	IL-23
Rheumatoid arthritis	✓	✓	✓	–	–	–
Autoinflammatory disease/sJIA	✓	✓	✓	□	□	□
Crohn's disease	✓	□	□	✓	–	+
Ulcerative colitis	✓	□	□	+	–	+
Psoriasis	✓	□	□	✓	✓	✓
Psoriatic arthritis	✓	+	□	✓	✓	+
Ankylosing spondylitis/exSpA	✓	–	–	–	✓	–
Multiple sclerosis	–	□	□	□	□	□

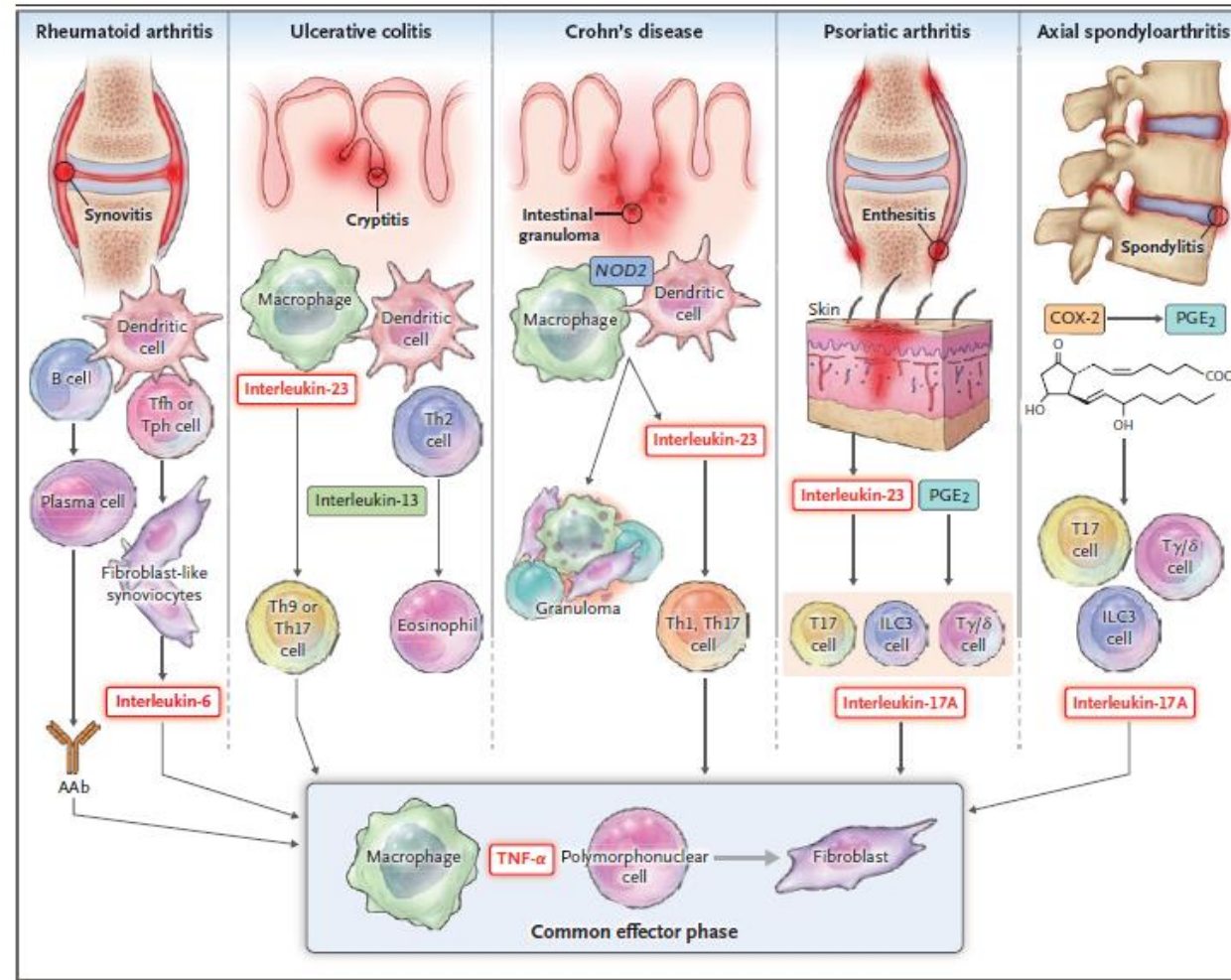
Cytokines

Different drivers according to disease type? (Updated?)



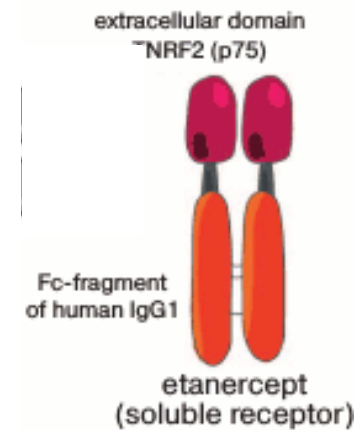
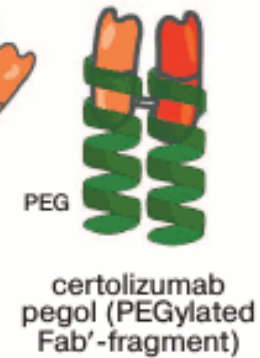
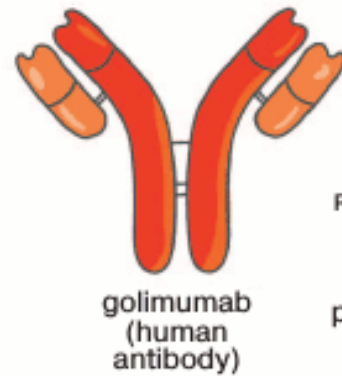
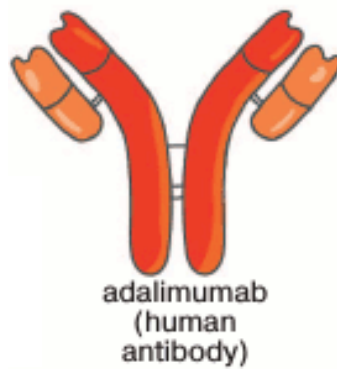
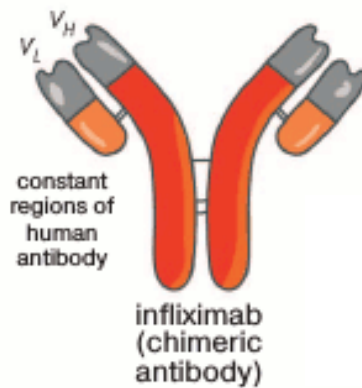
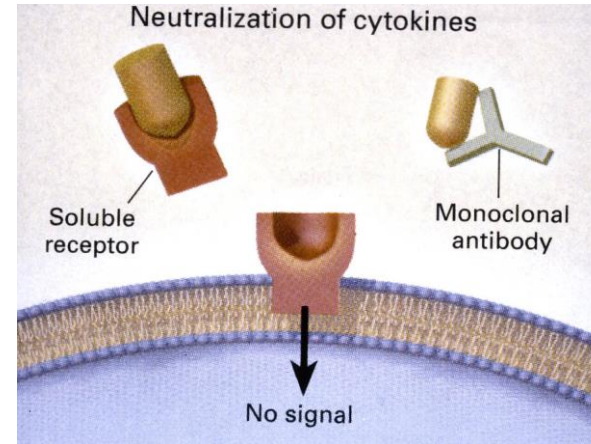
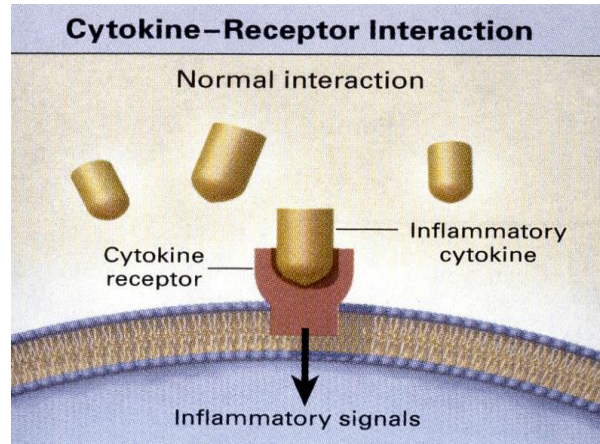
Cytokines

Same but different...

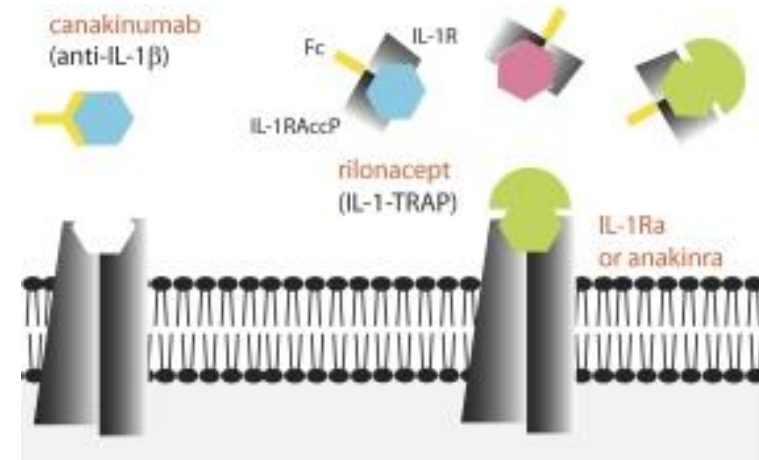
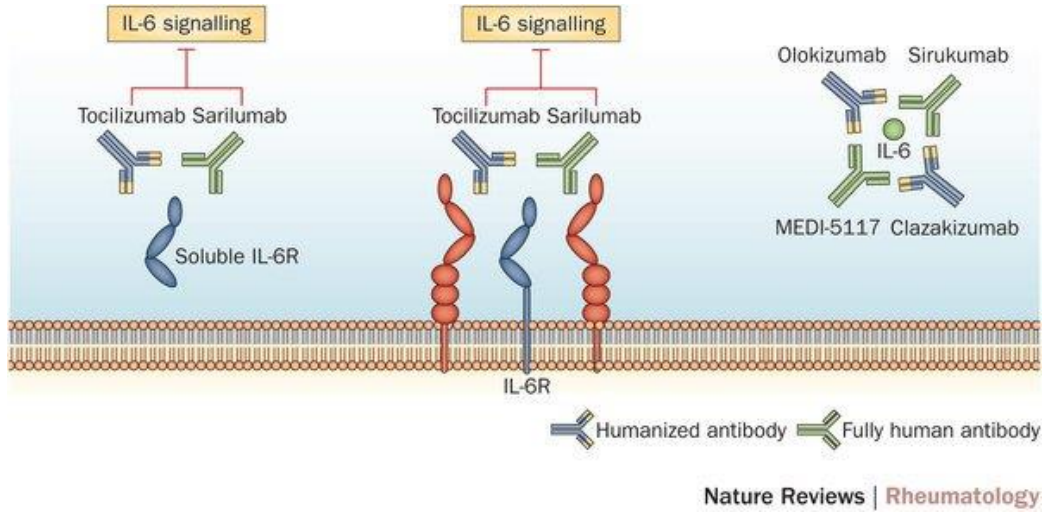


The Players

The TNF inhibitors



Against IL-6 / IL-1

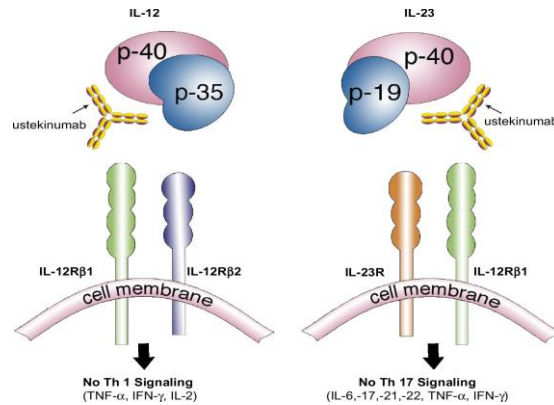


Tanaka T et al, CSHBP 2014
Doherty T et al, JLB 2011

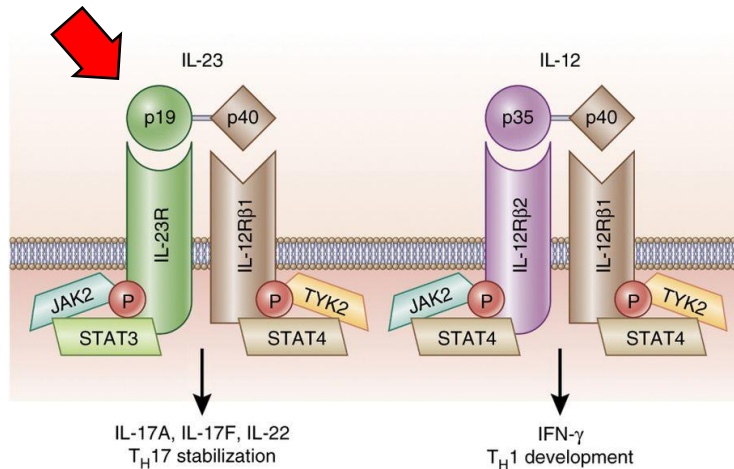
The Players

Against IL-23 / IL-17

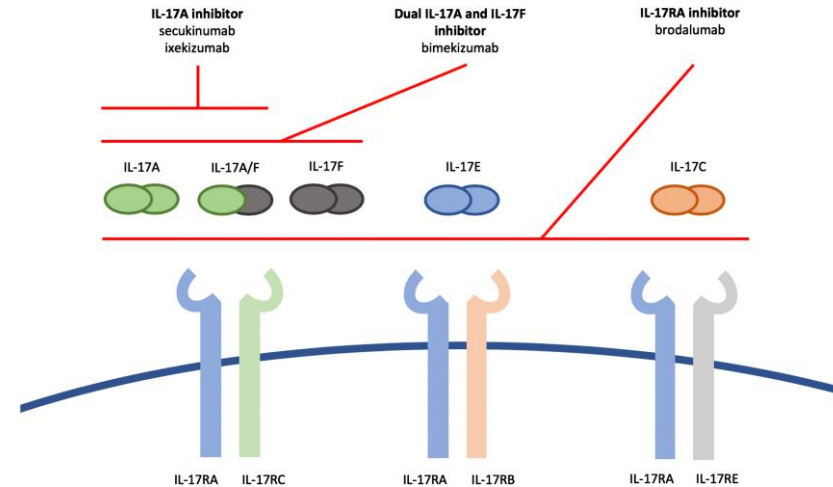
against p40 subunit IL-12/-23



against p19 subunit IL-23



against IL-17

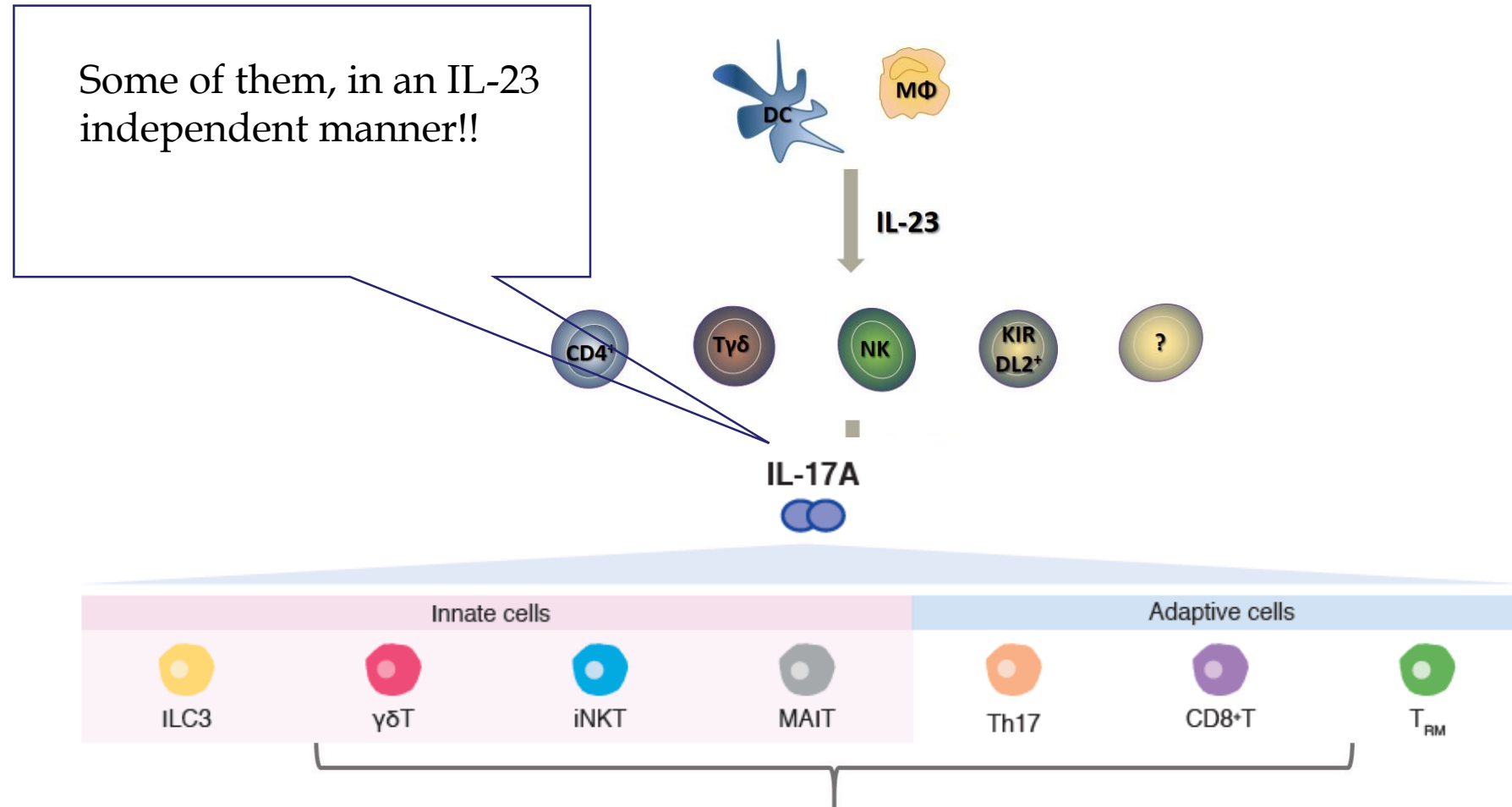


Risankizumab
Guselkumab
Tildrakizumab

Dinareello CA et al. Nat Rev Rheum 2019
Koutruba N et al Ther Clin Risk Management 2010
Reis J et al Biodrugs 2019
Teng MWL et al Nat Med 2015

Anti-23/-12, Anti-IL-17

Why they work??



McGonagle D et al Ann Rheum Dis 2019

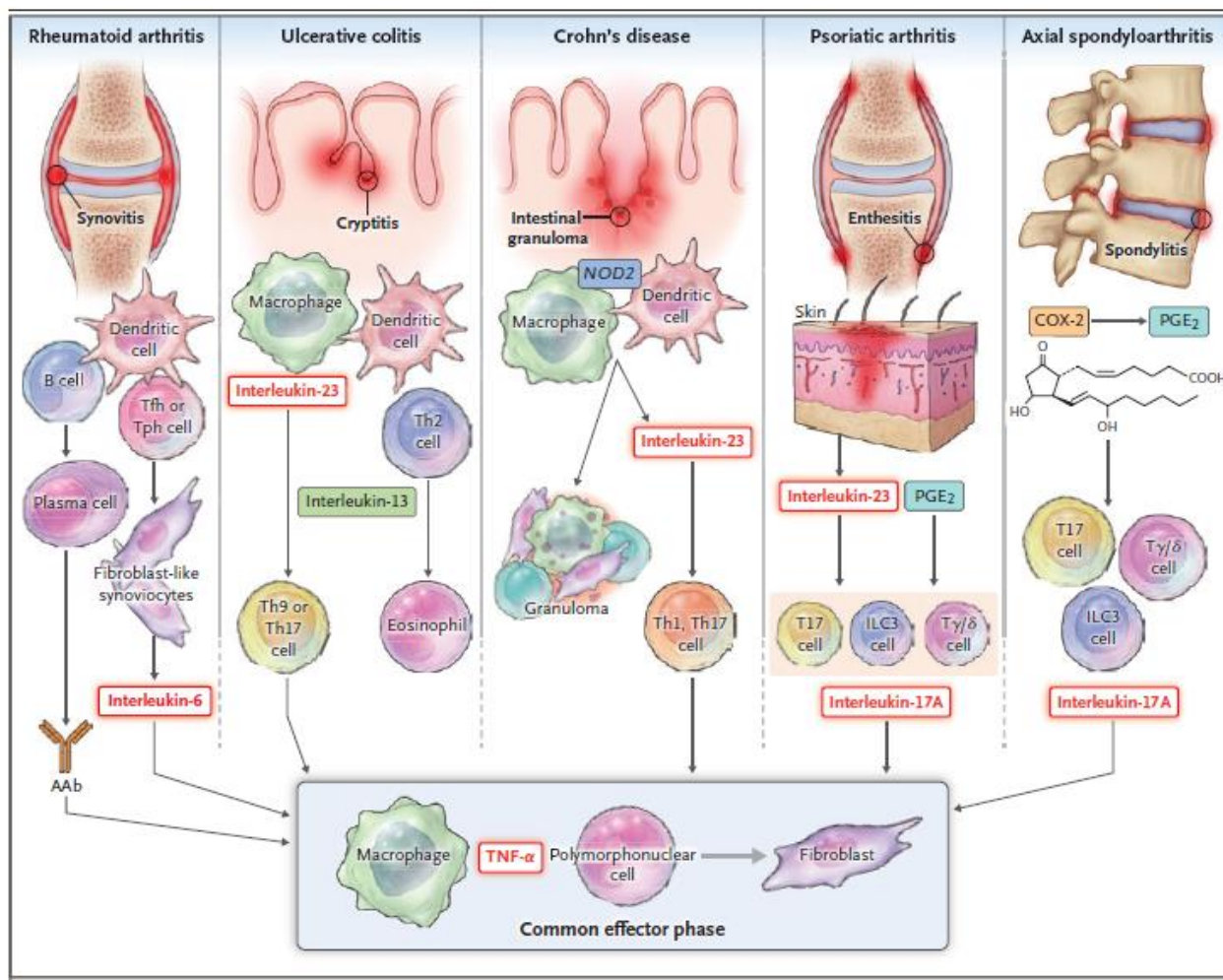
Sieper J et al Nat Rev Rheum 2019

Siebert S, Fragoulis GE, McInnes IB EULAR online course 2016

Inflammatory cytokines, chemokines, RANKL, cell activation

IL-23

PsA

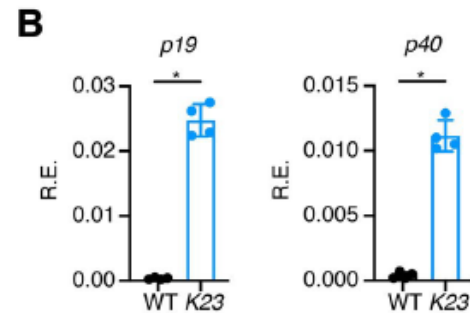
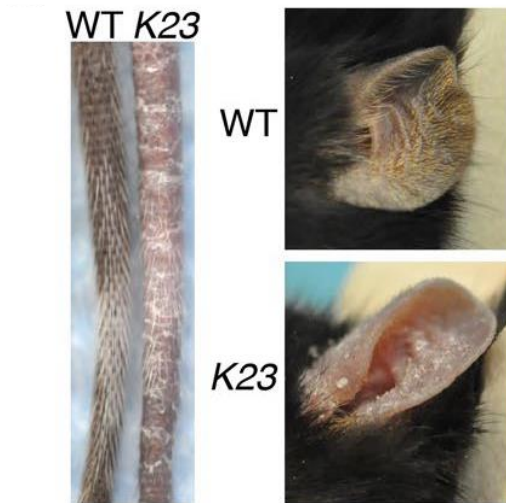


IL-23

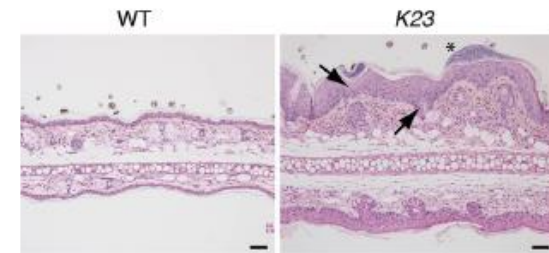
- ◆ Act more systemically
- ◆ From distant sites (gut/skin)
 - ✳ Gut-joint axis
 - ✓ MAIT in PsA joints

IL-23 mice model

- Transgenic expression of IL-23 in skin of mice



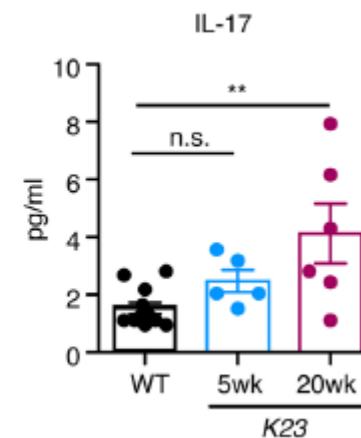
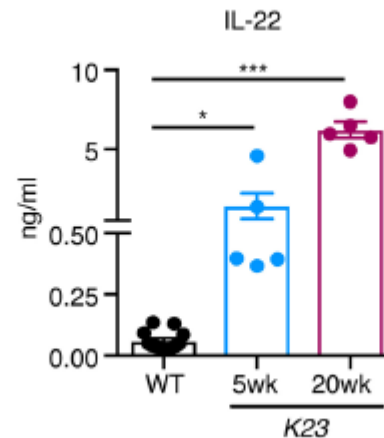
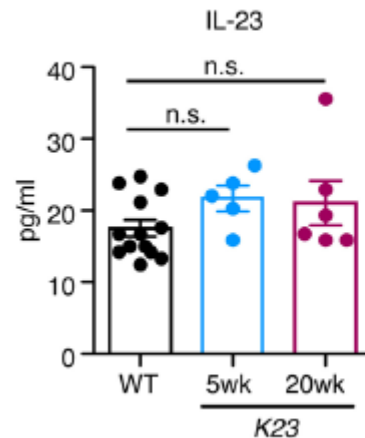
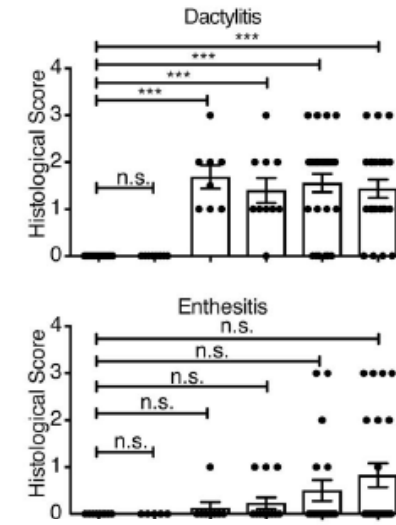
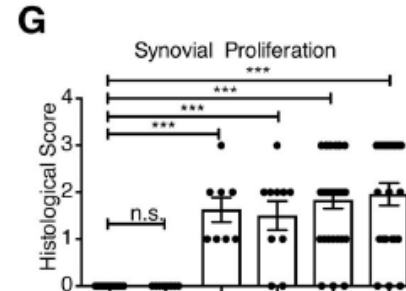
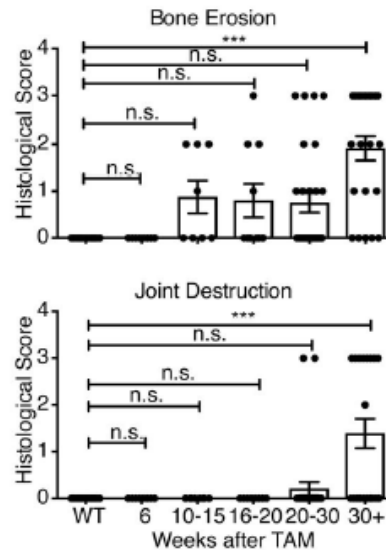
p19/p40
expression
in the ears



H&E, ears
6 weeks

IL-23 mice model

PsA features & cytokines expression



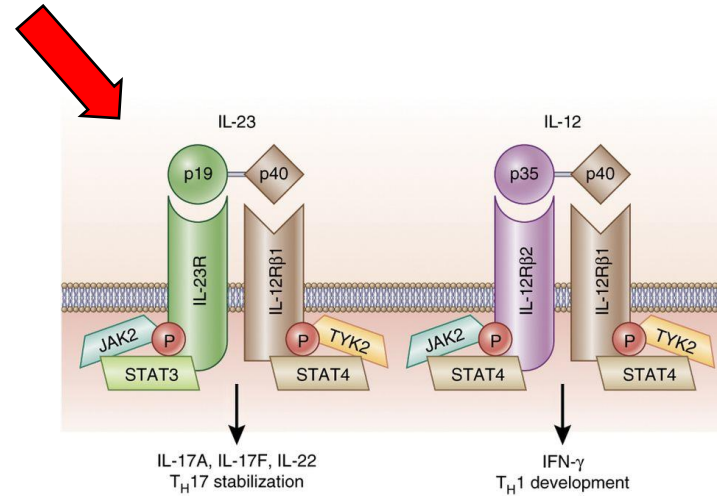
Anti-IL-23

Treatment modalities

Target	Generic name (trade name, where relevant)	Type of monoclonal antibody	Route, half life
p40 subunit of IL-23 and IL-12	Ustekinumab (Stelara®)	Human, IgG1	SC, 20 days
	Briakinumab (withdraw)	Human, IgG1	SC, 9 days
	Guselkumab (Trefmya®)	Human, IgG1λ	SC, 12-19 days
IL-23p19	Risankizumab (Skyrizi®)	Humanized, IgG1κ	SC, 27days
	Tildrakizumab (Illumetri®, EU/ Illumya®, US)	Humanized, IgG1κ	SC, 25 days

Anti-IL-23

New Treatment modalities



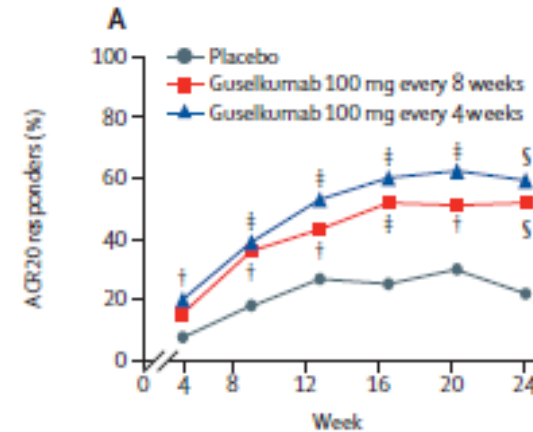
Έναντι p19 υπομονάδας IL-23

Guselkumab
Risankizumab
Tildrakizumab

Guselkumab

Discover-1 (PsA biologic-experienced)

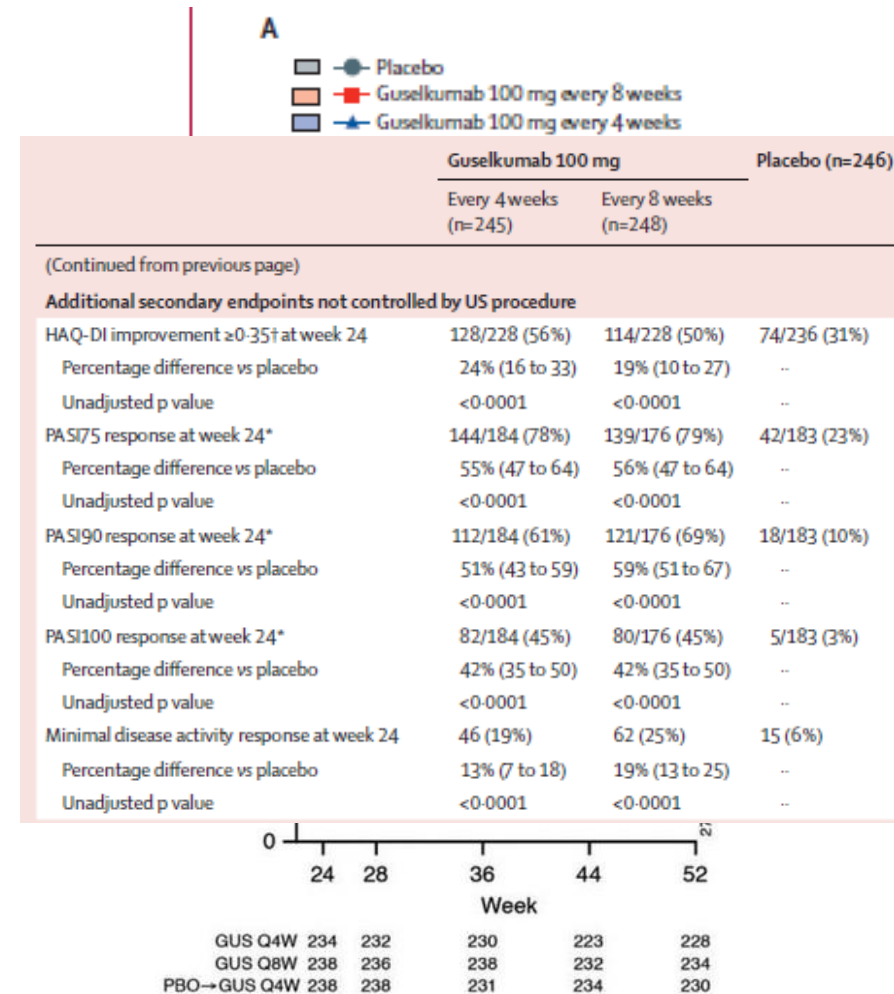
- phase 3, placebo-controlled study
 - ◆ biologic-naïve patients with active psoriatic arthritis
 - ◆ guselkumab
100q4w/guselkumab100q8weeks/PBO
- ACR20 week 24
 - ◆ Gusq4w: 59%
 - ◆ Gusqq8w: 52%
 - ◆ PBO:22% $p < 0.0001$
- No safety concerns



Guselkumab

Discover-2 (PsA biologic-naïve)

- phase 3, placebo-controlled study
 - ◆ biologic-naïve patients with active psoriatic arthritis
 - ◆ guselkumab 100q4w/guselkumab100q8weeks/PBO
- ACR20 week 24
 - ◆ Gusq4w: 64%
 - ◆ Gusqq8w: 64%
 - ◆ PBO:33% $p < 0.0001$
- Continued to improve over week 52
- ACR20
 - ◆ Gusq4w 70.6
 - ◆ Gusq8w 74.6
- No safety concerns

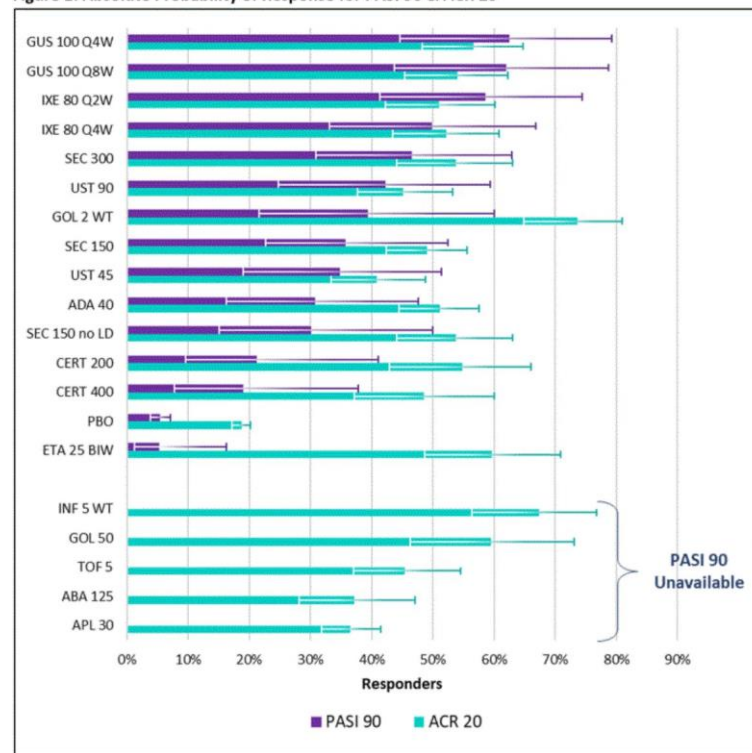


Guselkumab

SLR & network meta-analysis

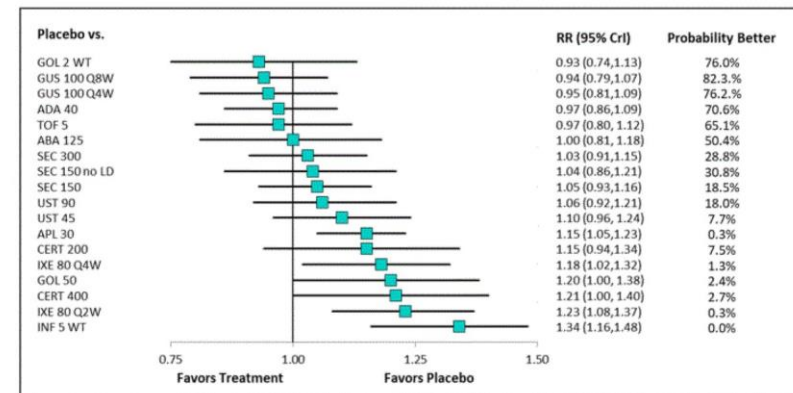
- SLR & network meta-analysis (RCTs 2000-2018)
- 26 phase 3 studies: For ACR20 ranked 5th and 8th (q4w and q8w), For PASI90: 1st and 2nd

Figure 1: Absolute Probability of Response for PASI 90 & ACR 20



Median proportion of PASI 90 (purple) and ACR 20 (teal) responders with associated 95% credible intervals according to best-fitting NMAs.

Figure 2: Forest Plot of Adverse Events vs. Placebo

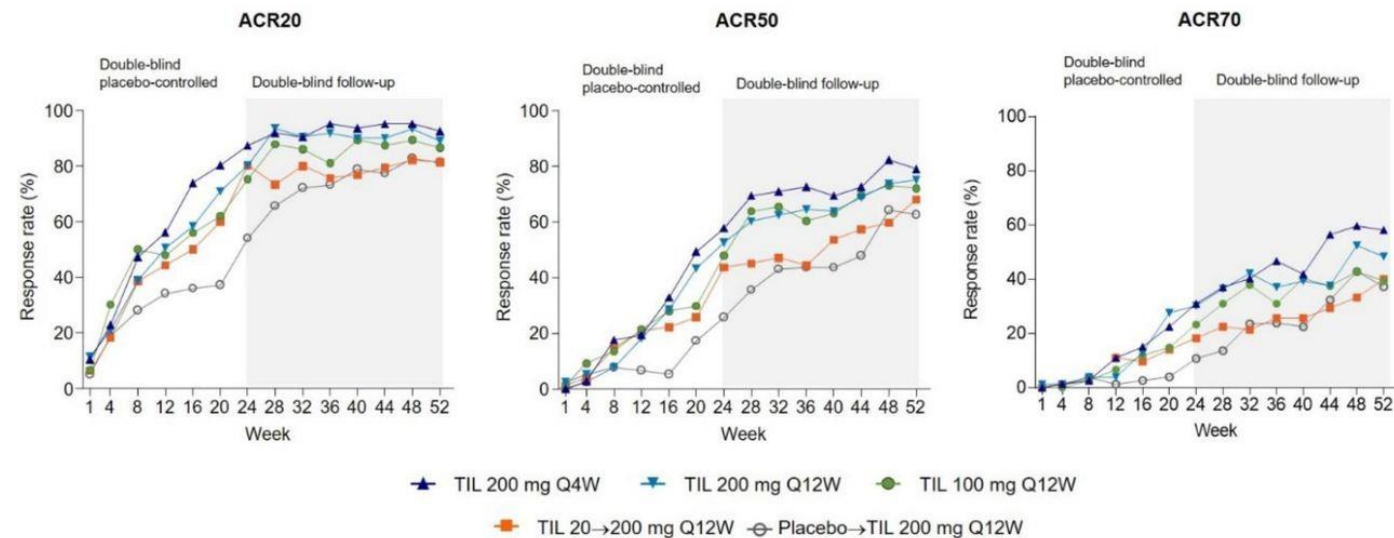


Forest plot comparing relative risks (RR) and 95% credible interval (CrI) versus placebo for adverse events. Probability better than placebo shown on the right.

Tildrakizumab

- Phase 2 (n=391)
- PsA pts were randomised 1:1:1:1:1 to 5 different schemes (one PBO)
- No new safety concerns

Figure 1. ACR20/50/70 through W52



Risankizumab

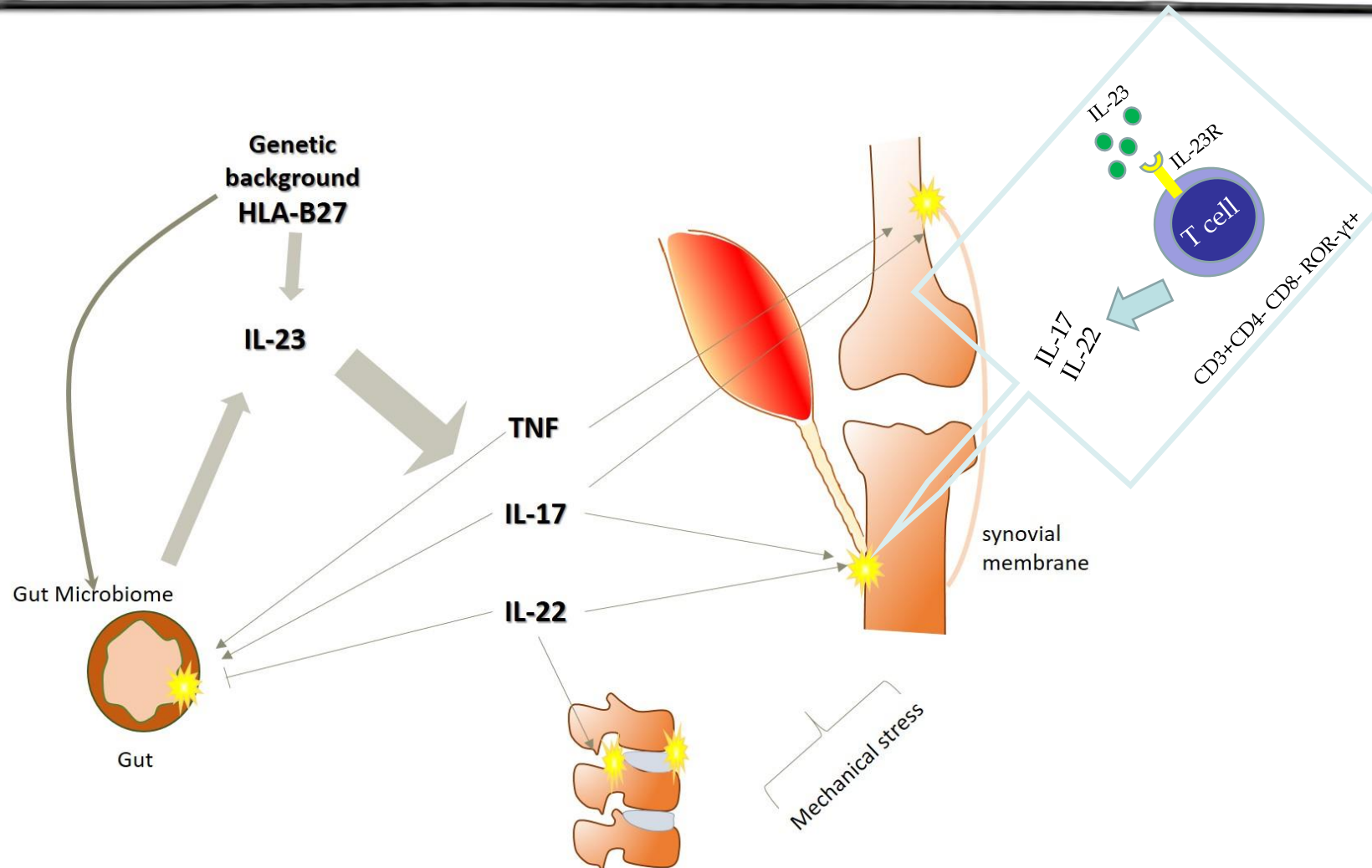
- Phase 2 (n=185)
- PsA pts were randomized 1:1:1:1:1 to 5 different schemes (one PBO)
- No new safety concerns

Endpoints	Risankizumab (RZB)					Placebo
	Arm 1 N=42	Arm 2 N=42	Arm 3 N=39	Arm 4 N=20	Arms 1–4 N=143	Arm 5 N=42
ACR20 (%)	42.9	47.6	59.0**	40.0	48.3*	31.0
ACR50 (%)	19.0	16.7	33.3**	20.0	22.4**	7.1
ACR70 (%)	11.9	11.9	15.4*	15.0	13.3**	2.4
PASI 75 (%) ^b	68.8***	70.0***	69.6***	55.6*	67.6***	14.3
PASI 90 (%) ^b	60.0***	52.9**	47.6**	55.6**	53.2***	10.0
PASI 100 (%) ^b	46.7**	35.3**	28.6*	44.4*	37.1***	5.0
MDA (%)	19.0	28.6**	25.6*	30.0*	25.2***	7.1

Week 24

Psoriatic arthritis

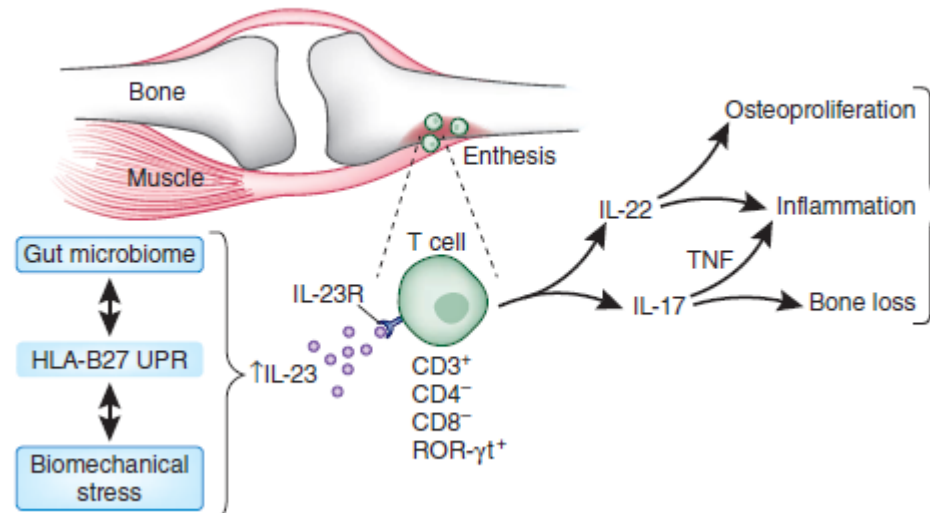
Pathogenesis



Psoriatic Arthritis

Enthesitis

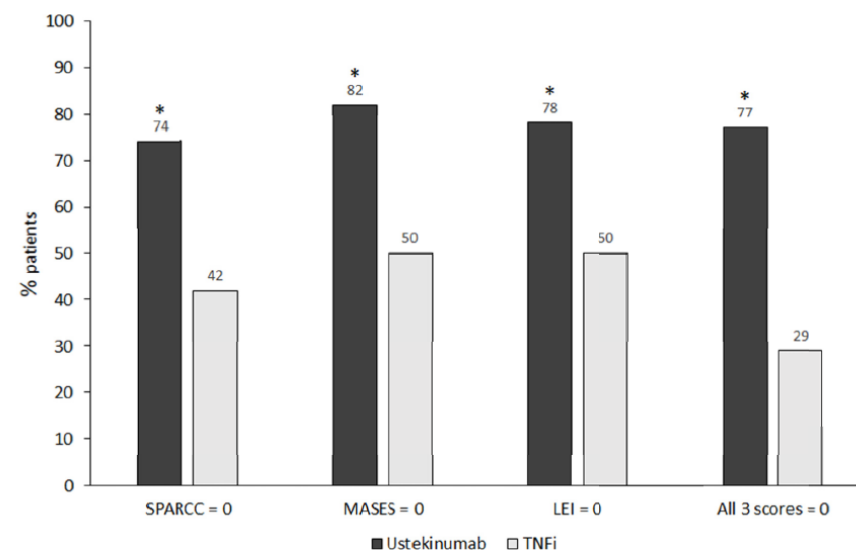
- Enthesis organ “synovio-entheseal concept”
 - ◆ bursae, tendon sheaths, fibrous tissue, fat pads, fasciae
- Can everything start from the entheses ??



ECLIPSA

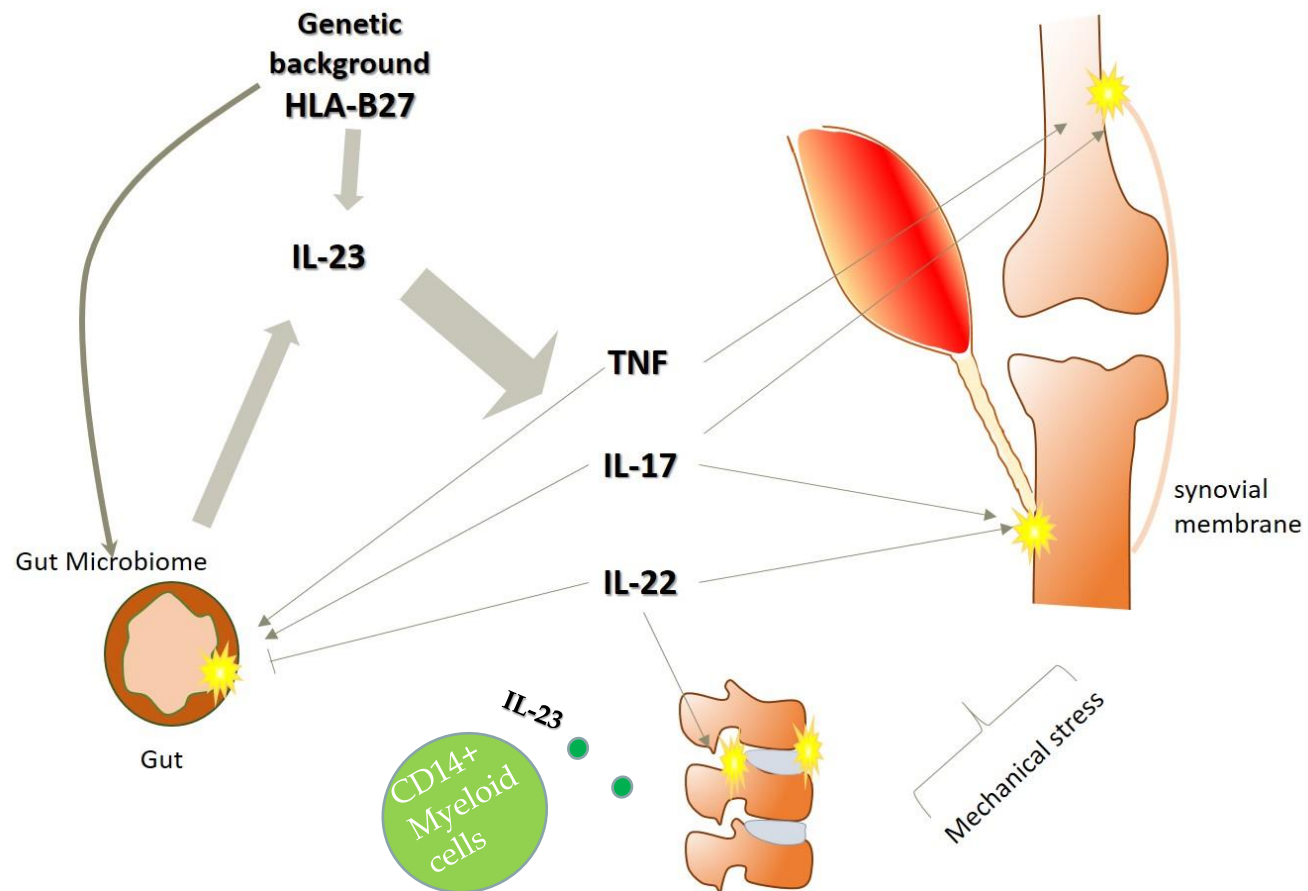
Enthesitis

- Prospective randomized CT
- Ustekinumab (n=23) >> TNFi (n=24)
- At week 24
- more ustekinumab- than TNF-treated patients
 - ◆ SPARCC Enthesitis Index = 0 (74% versus 42%, respectively; $p = 0.018$)
- similar results observed for MASES = 0, LEI = 0, and for all three scores = 0



Psoriatic arthritis/SpA

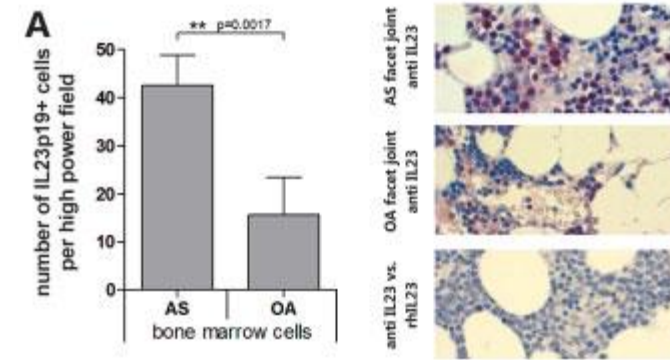
Pathogenesis



Axial spondylarthritis

IL-17 but not IL-23...

- anti-IL-17 works but not anti-IL-23 ??
 - ◆ In peripheral blood of AS patients
 - ✳ ⬆ number of $\gamma\delta$ T cells secreting IL-17 & expressing IL-23R
 - ◆ ⬆ IL-23 facet AS but



AxSpA

IL-23 does not work

➤ Ustekinumab

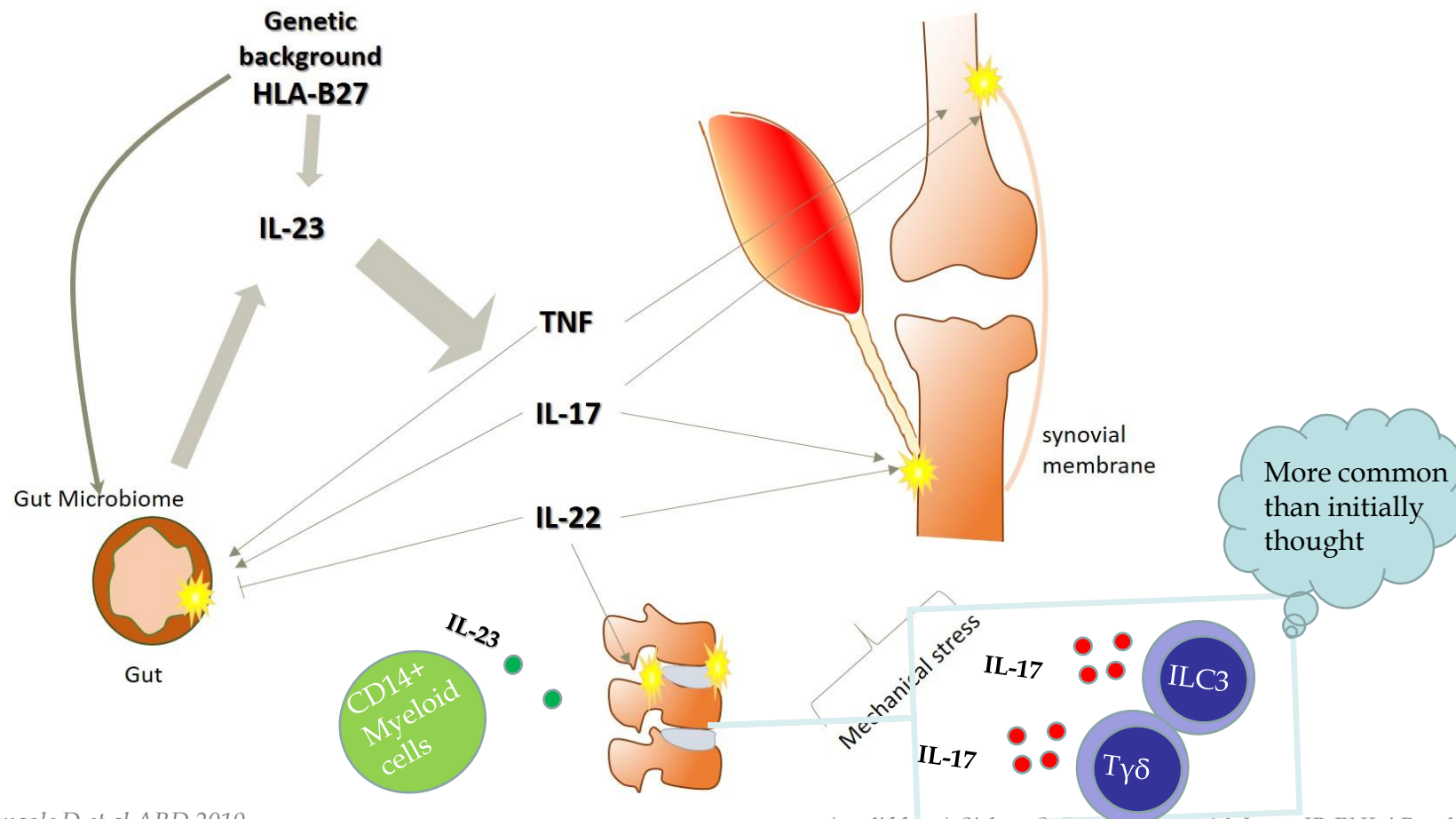
- ◆ Despite some good results in small open label studies
- ◆ phase III AS trials & non-radiographic axSpA
 - ✿ Primary endpoints were not achieved

➤ Risankizumab

- ◆ Not good clinical and radiologic results in AS

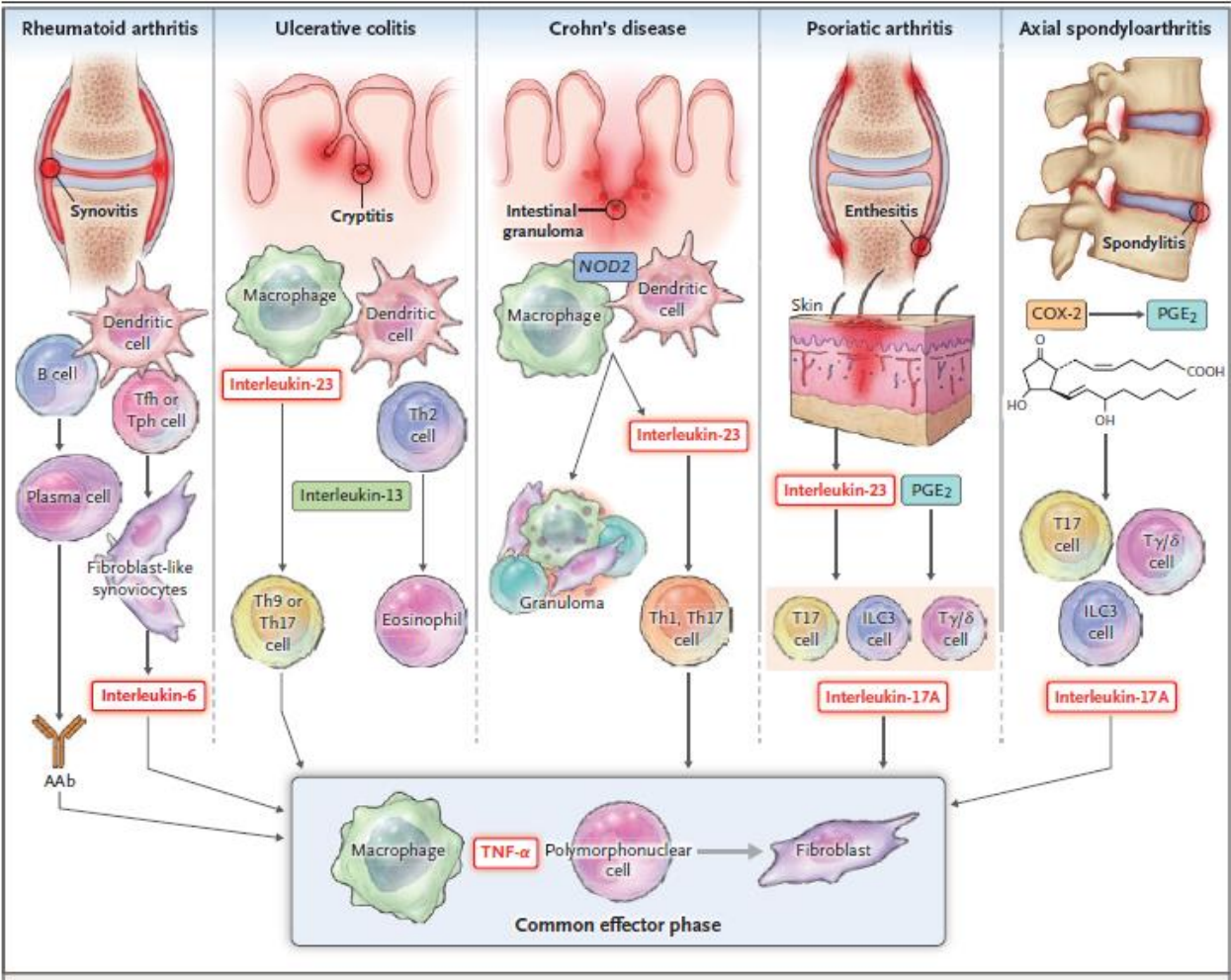
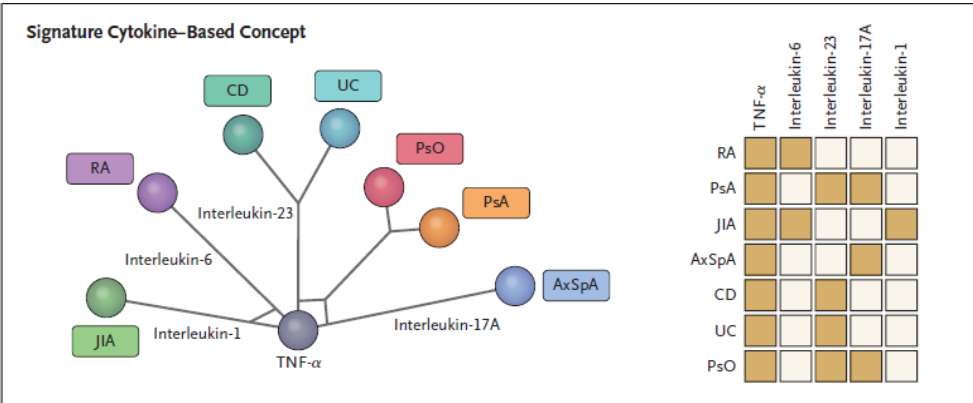
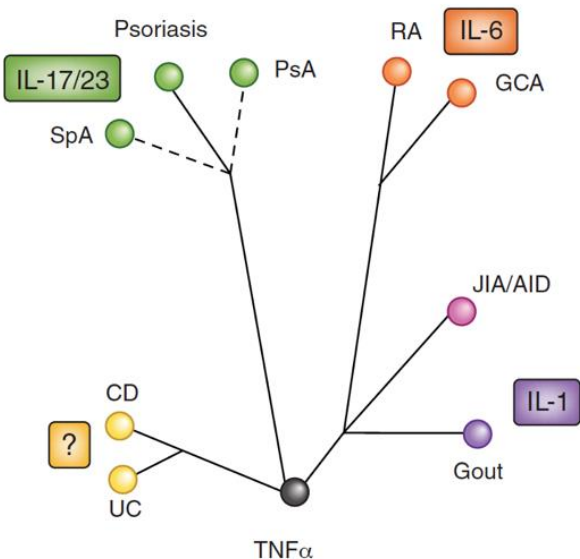
PsA/SpA

Pathogenesis overview



Cytokines

Different drivers according to disease type? (Updated?)



Axial PsA Vs AS

similarities & differences

TABLE 2 The comparison of the baseline and longitudinal clinical characteristics between the four groups

Variable	Ankylosing spondylitis		Psoriatic arthritis		P-value
	Psoriasis (n = 91)	No psoriasis (n = 675)	Axial (n = 477)	Peripheral (N = 826)	
At baseline					
Active joints (tender + swollen), mean (s.d.)	1.3 (3.1)	1.1 (3.5)	8.5 (10.1)	9.2 (9.9)	<0.001
Damaged joints, mean (s.d.)	0.7 (4.6)	0.2 (1.3)	5.5 (9.9)	1.8 (5.0)	<0.001
Joints after surgery, mean (s.d.)	0.1 (0.6)	0.1 (0.5)	0.3 (1.6)	0.1 (0.6)	0.44
Presence of inflammatory or mechanical back pain, n (%)	82 (90)	618 (92)	100 (21)	253 (31)	<0.001
ASDAS-ESR, mean (s.d.)	2.8 (1.3)	2.6 (1.1)	4.8 (3.0)	2.6 (1.1)	0.05
Patient global assessment, mean (s.d.)	4.9 (3.0)	4.7 (2.8)	1.9 (1.7)	4.9 (2.5)	0.25
BASMI, mean (s.d.)	3.1 (2.4)	2.3 (2.3)	1.9 (1.7)	1.2 (1.3)	<0.001
Enthesitis, n (%)	12 (13)	75 (11)	68 (14)	150 (18)	0.001
Dactylitis, n (%)	0	0	146 (31)	213 (26)	0.08
Iritis, n (%)	2 (3)	9 (2)	2 (0)	0 (0)	<0.001
Elevated ESR, n (%)	31 (34)	198 (29)	76 (15)	288 (35)	<0.001
Receiving biologics, n (%)	26 (29)	145 (21)	327 (69)	56 (7)	<0.001
Receiving NSAIDs, n (%)	47 (52)	340 (50)	216 (45)	435 (53)	0.04
Receiving DMARDs, n (%)	12 (13)	84 (12)	5.2 (6.5)	232 (28)	<0.001
Over time, adjusted mean (s.d.)					
Total active joint	1.5 (3.5)	0.9 (2.2)	5.2 (6.5)	5.6 (6.6)	<0.001
BASMI	2.9 (2.2)	2.2 (2.1)	1.8 (1.4)	1.4 (1.2)	<0.001
ASDAS-ESR	2.3 (0.9)	2.2 (0.9)	2.2 (1.0)	2.1 (0.8)	0.58
BASDAI	4.1 (2.0)	3.9 (2.1)	3.5 (2.2)	3.6 (2.0)	0.02
Patient global assessment	4.3 (2.2)	4.1 (2.2)	2.1 (0.6)	3.9 (2.0)	0.34
Physician global assessment	2.4 (0.9)	2.2 (0.8)	4.0 (2.3)	2.0 (0.7)	<0.001

Axial PsA Vs AS

similarities & differences

Table 4 Axial radiographic pattern and morphology in PsSpA (n=118) and AS (n=157) cases

	PsSpA n (%)	AS n (%)	AS versus PsSpA		
			OR	95% CI	p Value
Pattern					
Radiographic					
Sacroiliitis	79 (67)	157 (100)	—	—	—
Spondylitis (cervical and/or lumbar)	84 (71)	109 (69)	0.94	0.52 to 1.69	0.83
Sacroiliitis pattern					
Bilateral	65/79 (82)	142/147 (97)	6.14	2.08 to 18.15	0.001
Symmetrical grade	60/79 (76)	119/147 (81)	1.17	0.59 to 2.32	0.65
Spondylitis pattern					
Cervical vertebrae	52/116 (45)	85 (54)	1.20	0.65 to 2.25	0.56
Cervical facet joint	29 (25)	60 (38)	1.48	0.81 to 2.72	0.20
Lumbar vertebrae	50/117 (43)	85 (54)	1.37	0.75 to 2.50	0.30
Morphology					
Sacroiliac joint					
Sclerosis bilaterally (grade 2)	6 (5)	9 (6)	1.75	0.56 to 5.48	0.34
Erosion (grade 3)	42 (36)	53 (34)	1.07	0.63 to 1.81	0.80
Partial ankylosis (grade 3)	25 (21)	46 (29)	1.08	0.56 to 2.10	0.81
Complete ankylosis (grade 4)	18 (15)	68 (43)	2.96	1.42 to 6.15	0.004
Vertebral					
Erosion, n (%)	3 (3)	6 (4)	1.58	0.38 to 6.57	0.53
Non-bridging syndesmophyte	47 (40)	58 (37)	0.93	0.57 to 1.56	0.79
Bridging syndesmophyte	12 (10)	36 (23)	2.78	1.49 to 5.18	0.001

*Multivariate reverse-stepwise logistic regression model (adjusted as required for the following potential covariates: sex, age at radiographic assessment, disease duration at radiographic assessment, HLA-B*27 status, anti-TNF use ever, synthetic DMARD use ever, smoking and BMI).

Anti-TNF, antitumour necrosis factor; AS, ankylosing spondylitis; BMI, body mass index; DMARD, disease modifying antirheumatic drug; PsSpA, psoriatic spondyloarthritis.

Axial PsA Vs AS

similarities & differences

Table I. Baseline characteristics and treatment received. Comparison between axial-PsA and AS.

	axial-PsA (n=79)	AS (n=129)	p-value
Male gender, n (%)	36 (45.6)	78 (60.5)	0.04
Age (years), mean ± SD	52.1 ± 11.3	48.9 ± 13.4	0.05
Age at diagnosis, mean ± SD	45.7 ± 11.2	41.0 ± 15.7	0.002
Disease duration (months), mean ± SD	76.4 ± 64.1	97.5 ± 71.3	0.100
Weight (kg), mean ± SD	86.4 ± 19.6	77.5 ± 14.9	0.005
Height (cm), mean ± SD	172.1 ± 9.4	171.6 ± 10.2	0.753
Smoke (current), n (%)	33 (41.8)	62 (48.1)	0.393
BMI, mean ± SD	28.6 ± 5.9	26.2 ± 4.2	0.006
Family history of psoriasis, n (%)	32 (40.5)	6 (4.7)	0.001
Family history of SpA, n (%)	7 (8.9)	13 (10.1)	1.000
HLA-B27 status, n (%)	8/38 (21.1)	72/89 (80.1)	0.001
BASDAI, mean ± SD	3.37 ± 1.93	2.96 ± 1.95	0.212
ASDAS-CRP, mean ± SD	2.05 ± 0.77	2.08 ± 0.83	0.808
cDMARDs, n (%)	45 (56.9)	36 (27.9)	0.001
bdMARDs, n (%)	51 (64.5)	100 (77.5)	0.103
NSAIDs (ever), n (%)	44 (55.7)	105 (81.3)	0.001
Past use of bdMARDs, number, median (IQR)	0 (0-1)	0 (0-1)	0.856

Table II. Articular, extra-articular manifestations and radiologic findings: comparison between axial-PsA and AS.

	axial-PsA (n=79)	AS (n=129)	OR (95%CI)	p-value
Articular and extra-articular manifestations				
Low back pain ¹	67 (85.9)	108 (75.5)	0.92 (0.42-1.99)	1.000
Back pain (other regions) ¹	25 (32.1)	30 (21.0)	0.65 (0.35-1.22)	0.198
Anterior chest wall pain ¹	6 (7.7)	11 (7.7)	1.00 (0.35-2.81)	1.000
Peripheral arthritis ²	72 (91.1)	55 (42.6)	0.07 (0.03-0.17)	0.001
Mono/oligo-arthritis	26 (32.9)	46 (35.7)	1.13 (0.62-2.04)	0.764
Polyarthritis	46 (58.2)	9 (7.0)	0.05 (0.02-0.12)	0.001
Current/past psoriasis, n (%)	79 (100.0)	17 (13.2)	5.64 (3.67-8.69)	0.001
Dactylitis ¹	16 (20.2)	7 (5.4)	0.22 (0.08-0.58)	0.001
Nail involvement ¹	30 (37.9)	0 (0.0)	0.01 (0.01-0.09)	0.001
Enthesitis ¹	18 (22.8)	21 (16.3)	0.65 (0.32-1.33)	0.274
Eye involvement ¹	2 (2.5)	30 (23.2)	11.66 (2.70-50.36)	0.001
Bowel involvement ¹	3 (3.8)	22 (17.1)	5.21 (1.51-18.03)	0.004
Radiologic findings				
Sacroiliitis on x-ray/MR				
Abnormal ^A	41/62 (62.1)	114/114 (100.0)	3.78 (2.91-4.91)	0.001
Unilateral	29/62 (46.7)	19/114 (16.7)	0.23 (0.11-0.45)	0.001
Bilateral	12/62 (19.3)	95/114 (83.3)	19.58 (8.77-43.70)	0.001
Cervical spine x-ray/MRI				
Abnormal ^A	20/27 (74.1)	40/56 (71.4)	0.87 (0.31-2.47)	1.000
Thoracic spine x-ray/MRI				
Abnormal ^A	9/17 (52.9)	26/39 (66.7)	1.78 (0.56-5.68)	0.378
Lumbar spine x-ray/MRI				
Abnormal ^A	14/27 (51.8)	51/72 (70.8)	2.25 (0.90-5.60)	0.098

Ustekinumab in Axial PsA

Data from Psummit-1 & 2

- Pooled data from PSUMMIT 1 & 2
- Week 24
 - ◆ UST Vs PBO
 - ✿ neck/back/hip pain (−1.99 vs −0.18)
 - ✿ mBASDAI (−2.09 vs −0.59).
 - ✿ ↑ % of UST Vs PBO achieved ASDAS clinically important improvement
 - ✓ decrease ≥ 1.1 ; 49.6% vs 12.7%; nominal $p < 0.05$

Guselkumab in Axial PsA

Data from Discover-1 & 2

- 312 pts with axial PsA (imaging confirmed SI)

Table. Efficacy of GUS in PsA patients with axial involvement at week 24.^a

	PBO (n=118)	GUS 100mg every 8 weeks (n=91)	GUS100mg every 4 weeks (n=103)
LS Mean change in BASDAI	-1.35	-2.67*	-2.68*
LS Mean change in spinal pain ^b	-1.30	-2.73*	-2.48*
BASDAI50 ^c , %	21/110 (19.1%)	34/84 (40.5%)**	36/95 (37.9%)**
LS Mean change in modified BASDAI ^d	-1.13	-2.16*	-2.18*
LS Mean change in ASDAS-CRP	-0.71	-1.43*	-1.46*

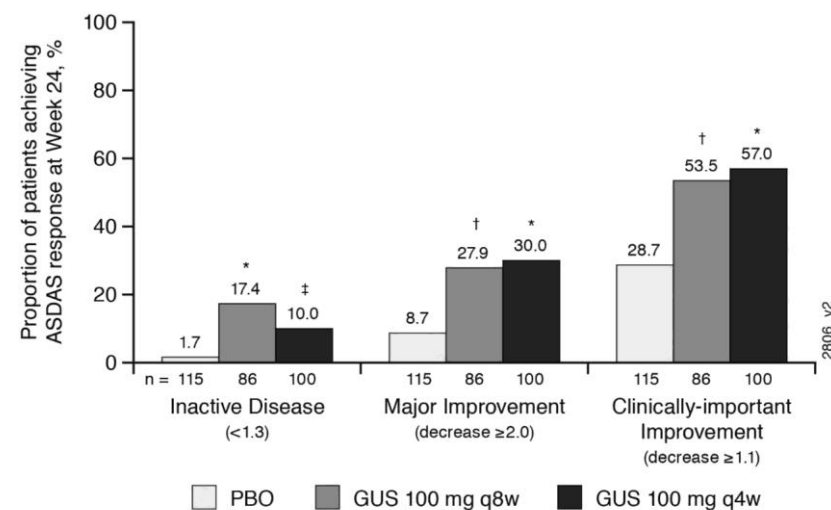
^aPts with axial involvement consistent with sacroiliitis at baseline and either a history of imaging confirmation or pelvic X-ray at screening (pooled data from DISCOVER-1 & 2)

^bQuestion 2 of the BASDAI.

^cPts with BASDAI > 0 at baseline.

^dExcludes question 3 of the BASDAI.

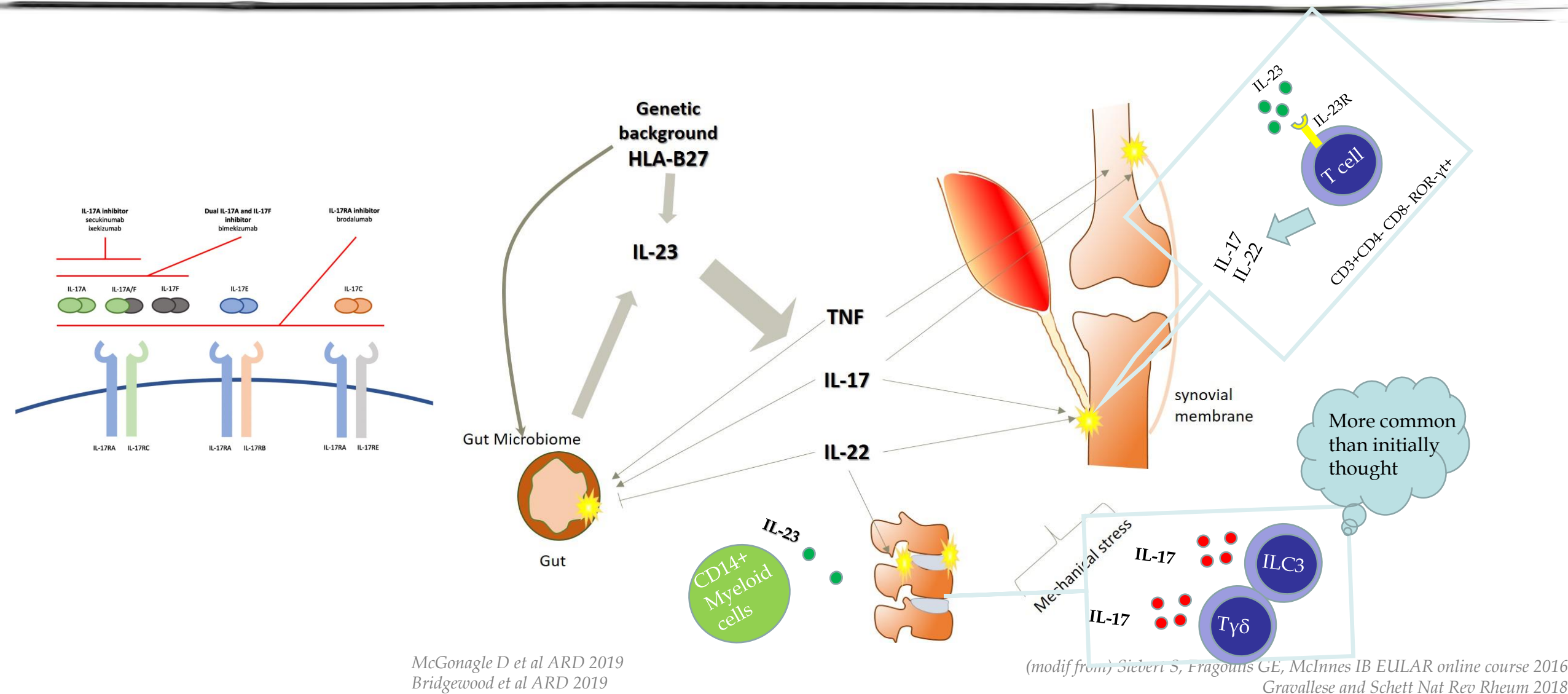
Unadjusted p-values as noted: *p < 0.001, ** p < 0.01



*p<0.001; †p<0.01; ‡p<0.05

PsA/SpA

Pathogenesis overview

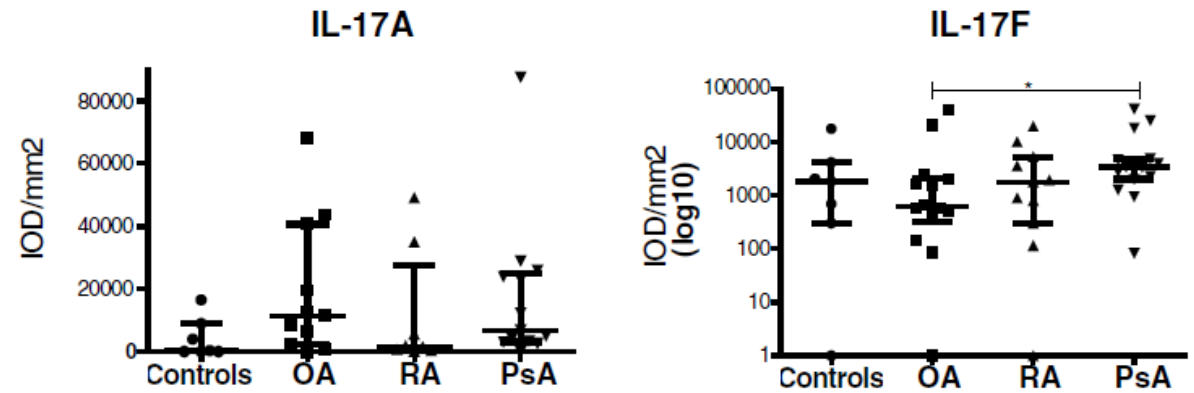


IL-17

blocking both IL-17A and F

➤ IL-17 family

- ◆ IL-17F is the most structurally homologous (~50%) to IL-17A
- ◆ IL-17F seems to be significantly increased in the synovium of PsA compared to osteoarthritis (OA) patients, unlike IL-17A
- ◆ IL-17F seems to be the predominant subtype produced by T γ δ cells
 - ✳ capable of producing both IL-17 even independently of IL-23 stimulation
 - ✳ Special role in enthesitis/axial disease



IL-17

blocking both IL-17A and F

- Bimekizumab is a humanized monoclonal IgG1 antibody that selectively neutralizes both IL-17A and IL- 17F.
- Registered: psoriasis
- Phase III: AS, PsA

Table I Results from Published Trials Involving Bimekizumab in Psoriatic Arthritis

	Registration	ACR20	ACR50	PASI75	PASI100	PGA	PtGA
Phase I PA0007 ⁷	NCT02141763	Bimekizumab arm (at week 8)					
		80%	40%	100%	87%	–64%	– 59%
		Placebo arm					
		16.7%	8.3%	0%	0%	–29%	–17%
Phase II BE ACTIVE ⁸	NCT02969525	Bimekizumab arm (at week 12)					
		59.75% ^{***}	34.5% ^{***}	64.75% ^{***}	35.25% ^{***}		
		Placebo arm					
		19%	7%	7%	7%		

Bimekizumab

better than IL-23 for skin?

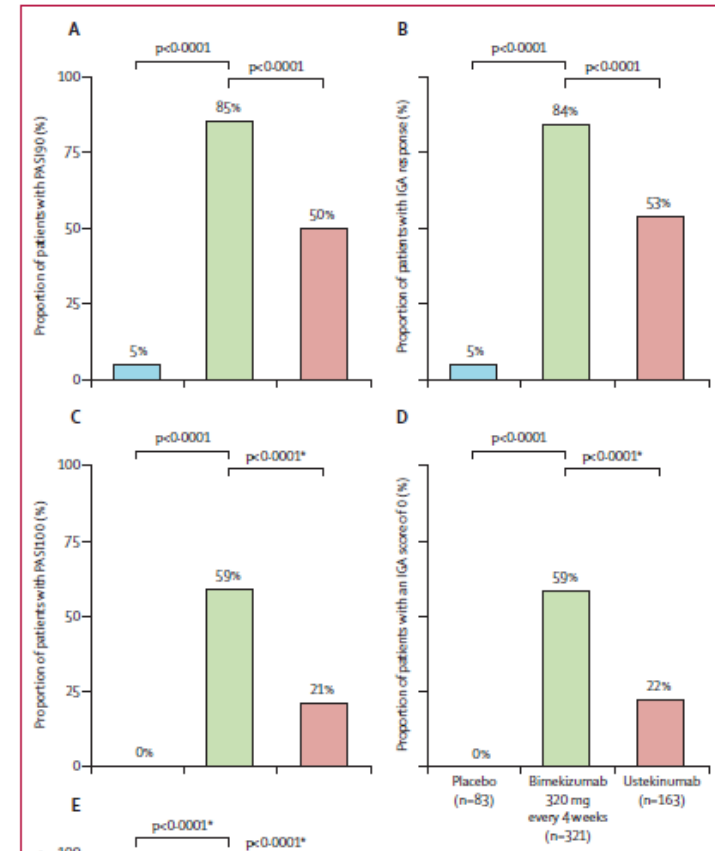
➤ H2H comparison with Ustekinumab

◆ 567 patients

- 321 randomized to bimekizumab
- 163 to ustekinumab
- 83 to a placebo

◆ bimekizumab > ustekinumab (week 16)

- 85% vs 49.7% PASI 90 responses, $p < 0.001$
- Sustained till week 52 (81.6% vs 55.8%, $p < 0.001$).



Anti-IL-17

Safety

➤ Anti-IL-17 & Inflammatory bowel disease

◆ RCTs in Crohn disease: negative

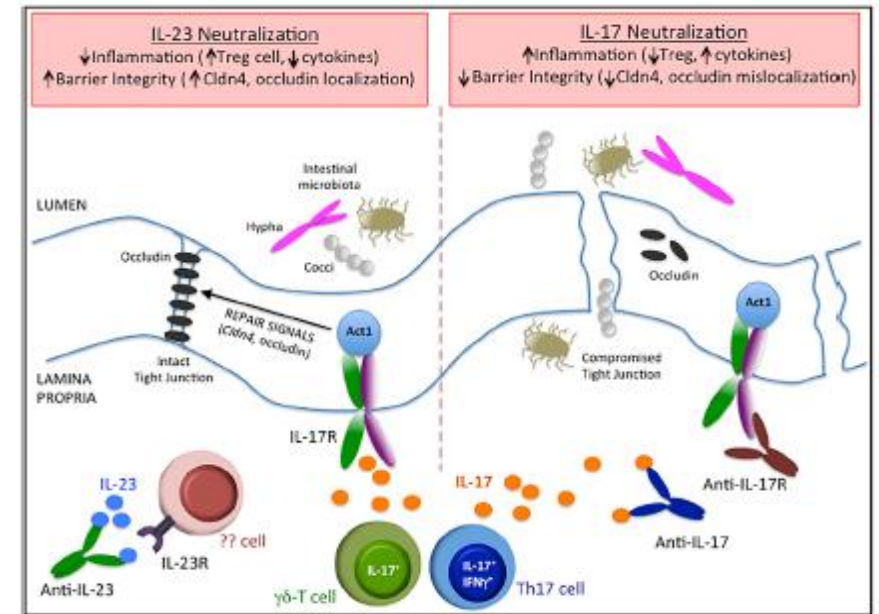
◆ Pathogenetic mechanisms

✿ Candida growth (IL-17 fungal protection)

✿ Occludin traslocation (tight junction protein)

✓ Production of IL-17 from $T\gamma\delta$ upon intestinal injury

✿ New cases ??



Doedhar et al Arthritis Rheumatol. 2016; 68 (suppl 10)

Fobelo Lozano MI J Crohns Colitis 2018

Heuber W et al Gut 2012

Gaffen SL et al Nat Rev Immun 2012

Colombeel JF et al 2013

Whibley N et al Immunity 2015

Treatment

IL-17 & gastrointestinal manifestations

- 7355 patients (16.227 PY) 21 clinical trials
 - ◆ Patients exposed to anti-IL-17
- Pso: 5181 (14)
- PsA: 1380 (3)
- AS: 794 (4)
- Incidence did not increase over-time
- Most were new-onset

Table 2 EAIRs (95% CI) of IBD over the entire treatment period for patients taking any dose of secukinumab

	PsO Studies N=5181	PsA Studies N=1380	AS Studies N=794
Median exposure (min–max), days	505.0 (1–1825)	1067.5 (8–1827)	981.5 (1–1530)
Total exposure, PY	10 416.9	3866.9	1943.1
Incidence, identified by standard definition (preferred term)			
CD, EAIR per 100 PY (95% CI)	0.05 (0.02 to 0.11)	0.08 (0.02 to 0.23)	0.4 (0.2 to 0.8)
UC, EAIR per 100 PY (95% CI)	0.13 (0.07 to 0.23)	0.08 (0.02 to 0.23)	0.2 (0.1 to 0.5)
IBDU, EAIR per 100 PY (95% CI)	0.01 (0.00 to 0.05)	0.05 (0.01 to 0.19)	0.1 (0.0 to 0.3)

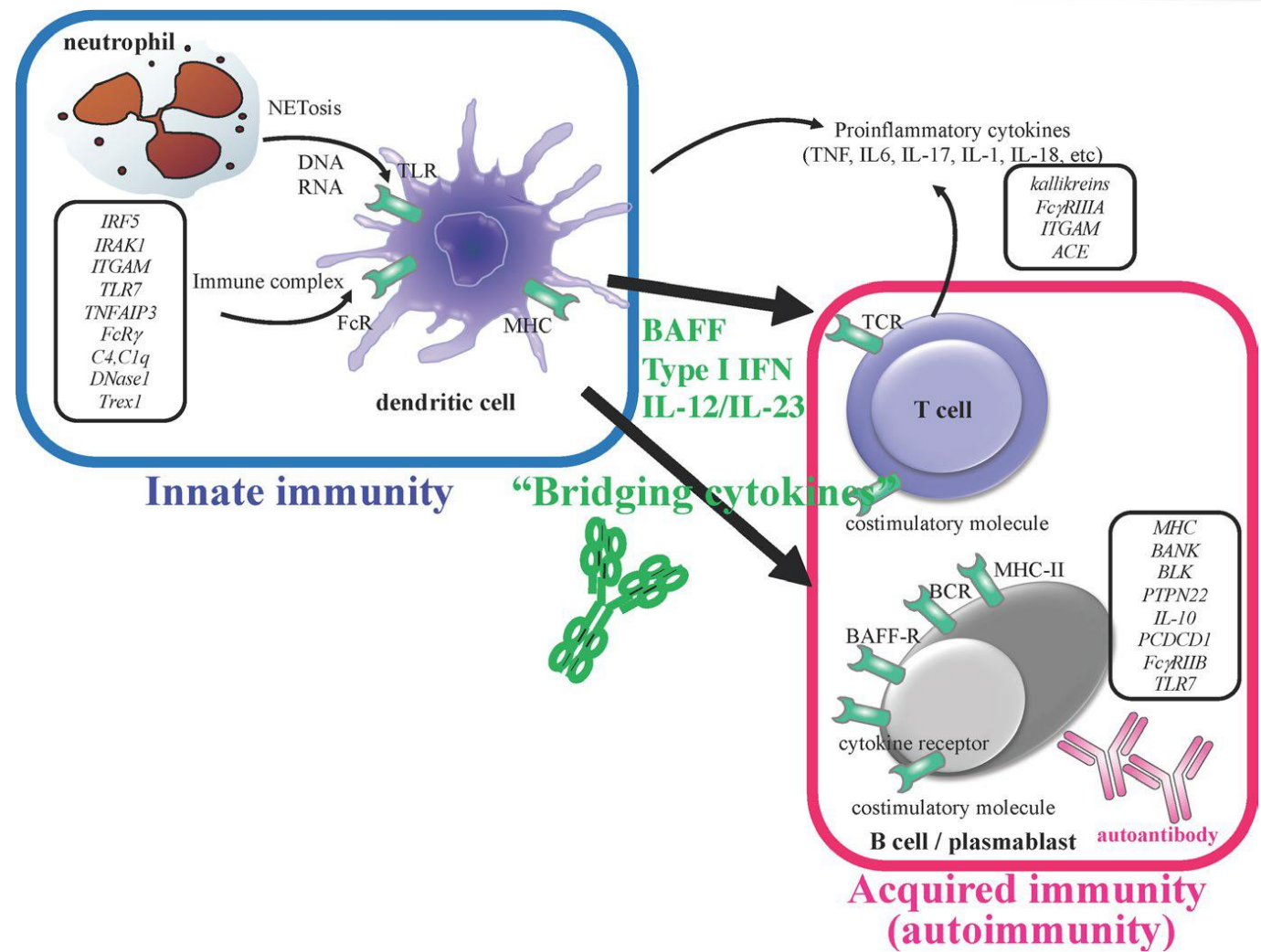
Treatment

IL-17 & gastrointestinal manifestations

- 106 randomized trials: 40.053 patients
 - ◆ Inflammatory bowel disease cases were reported in 0.4% of patients exposed to IL-17i
- 61 uncontrolled or retrospective studies: 16.791 patients
 - ◆ Sixty (0.36%) inflammatory bowel disease cases were reported
- Most of them new onset
- New onset IBD or exacerbation of an old one seems to be uncommon

IL-23-17 axis in other diseases

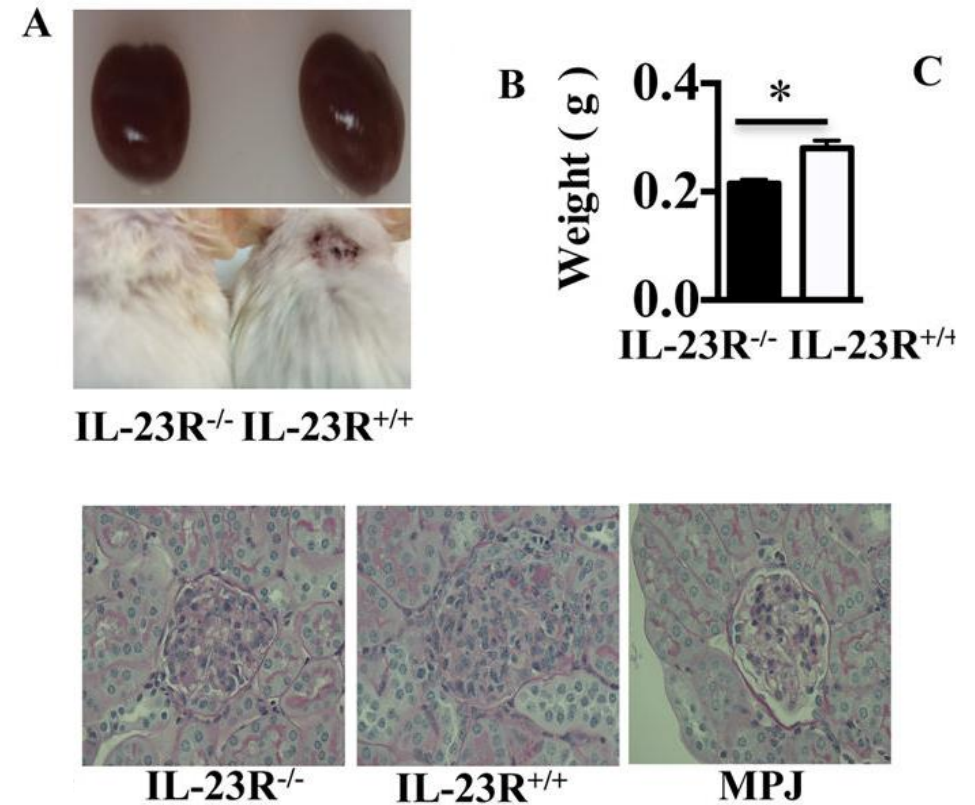
SLE



IL-23

SLE

- ↑ IL-12, and IL-23 concentrations
- IL-23 ↑ in SLE with active disease Vs patients with inactive disease and healthy controls
- IL-23R^{+/+} MRL.lpr mice Vs IL-23R^{-/-} MRL.lpr mice
 - ◆ enlarged kidneys and severe skin lesions,
 - ◆ significantly worse glomerulonephritis as compared to IL-23R^{-/-} MRL.lpr mice
 - ◆ ↑ dsDNA



Ustekinumab in SLE

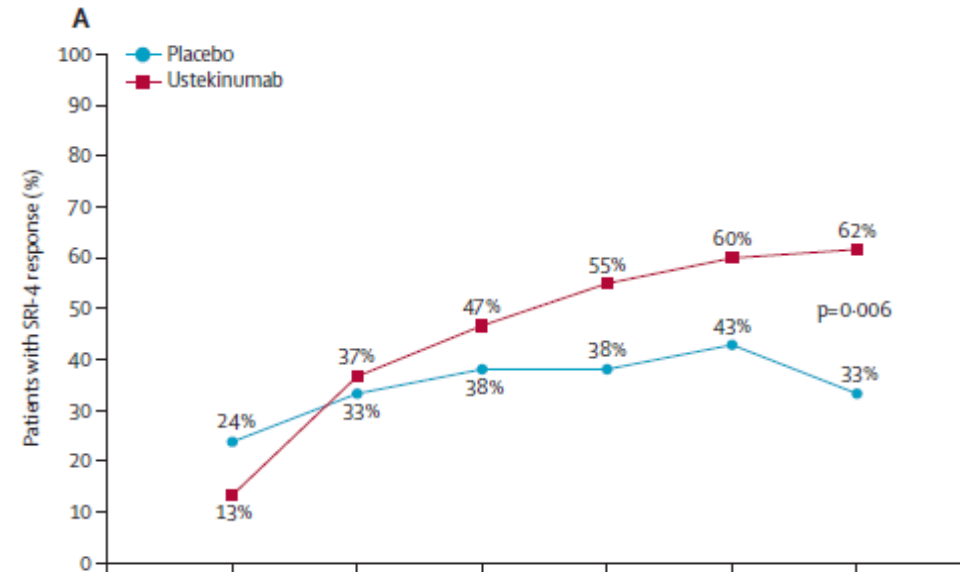
Phase II trial

- Multicentre, double-blind, phase 2, RCT
 - ◆ adult patients with active SLE randomly assigned (3:2) to the ustekinumab or placebo group
- IV ustekinumab followed by SC ustekinumab 90 mg q8weeks or intravenous placebo at week 0 followed by subcutaneous injections of placebo every 8 weeks
 - ◆ both in addition to standard-of-care therapy
- Primary endpoint @week24
 - ◆ % of patients achieving a SLEDAI-2K responder index-4 (SRI-4)

Ustekinumab in SLE

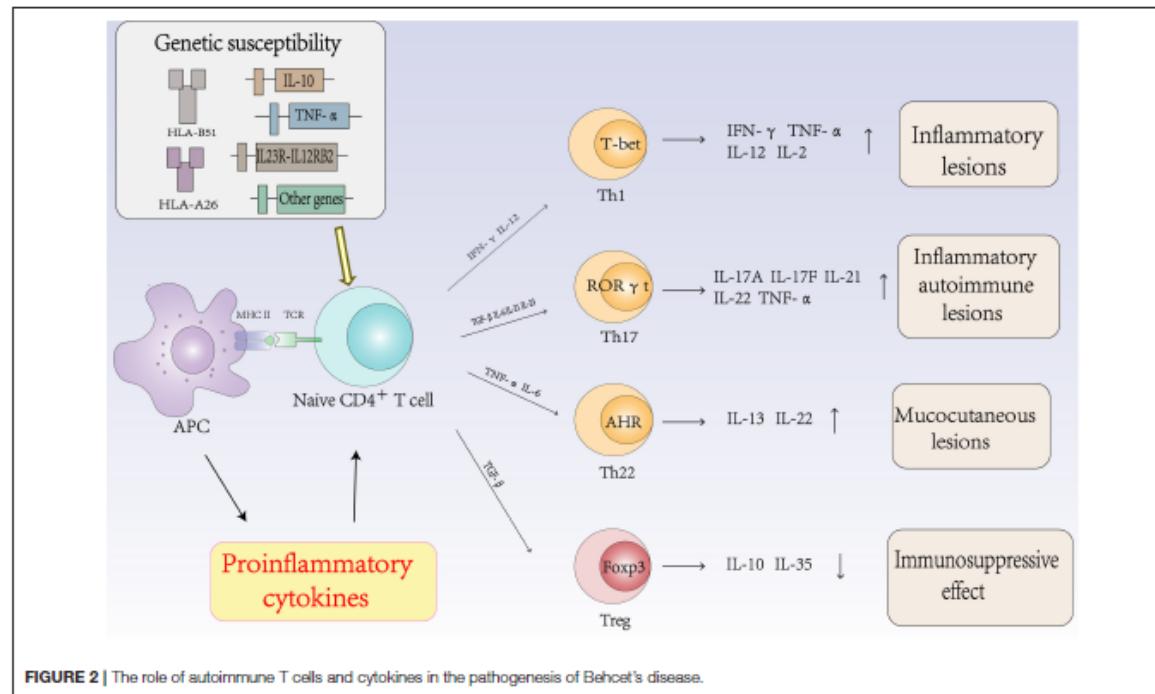
Phase II trial

- 102 patient
 - ◆ ustekinumab (n=60) or placebo (n=42).
- At week 24
 - ◆ 62% of patients in the ustekinumab group
 - ◆ 33% in the placebo group
 - ◆ achieved an SRI-4 response (percentage difference 28% [95% CI 10–47], $p=0.006$).
- Phase III.....terminated! Due to poor efficacy



IL-23-17 axis in other diseases

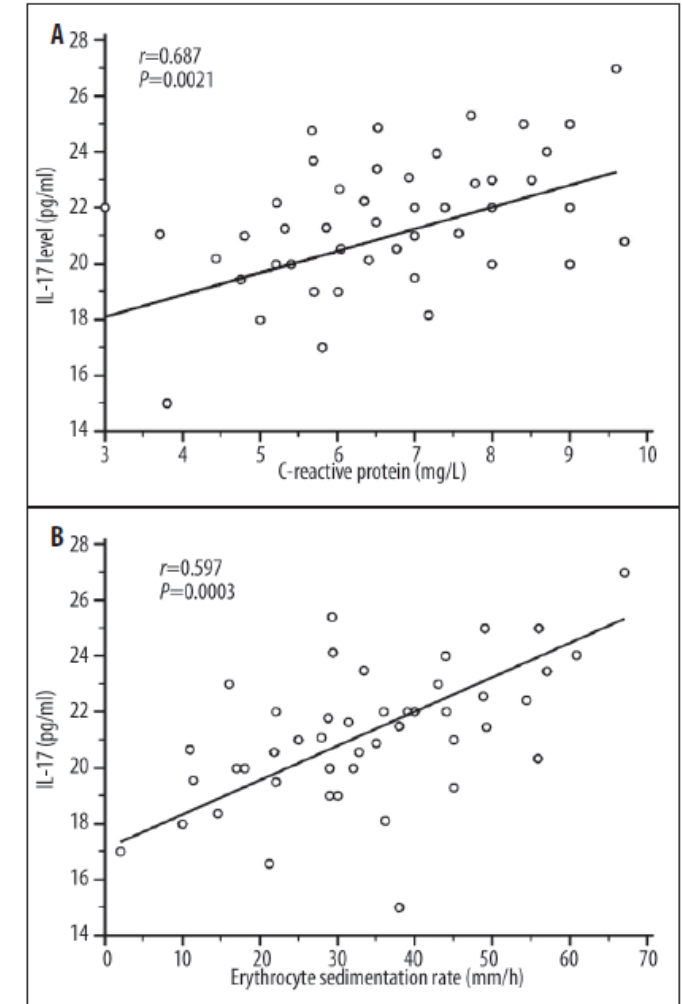
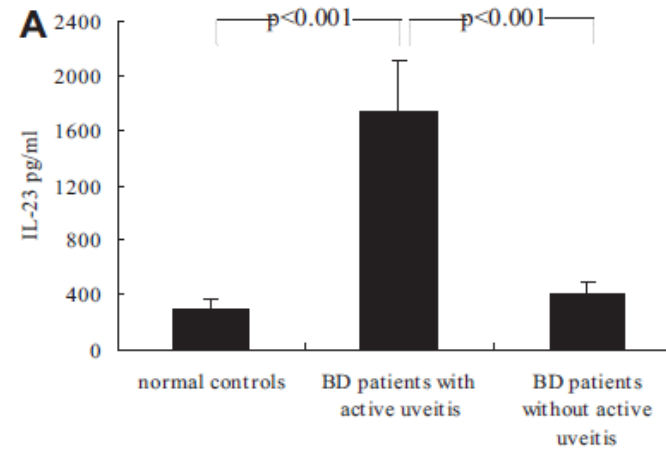
Behcet's disease (BD)



IL-23-17 axis

BD

- rs17375018 in the IL-23R gene had a strong correlation with BD uveitis
- IL-17, IL-23
 - ◆ Increased in serum
- frequencies of Th17 cells and their cytokines and transcription factor RORgt
 - ◆ \uparrow in active BD patients than those in inactive BD patients



Anti-IL-17

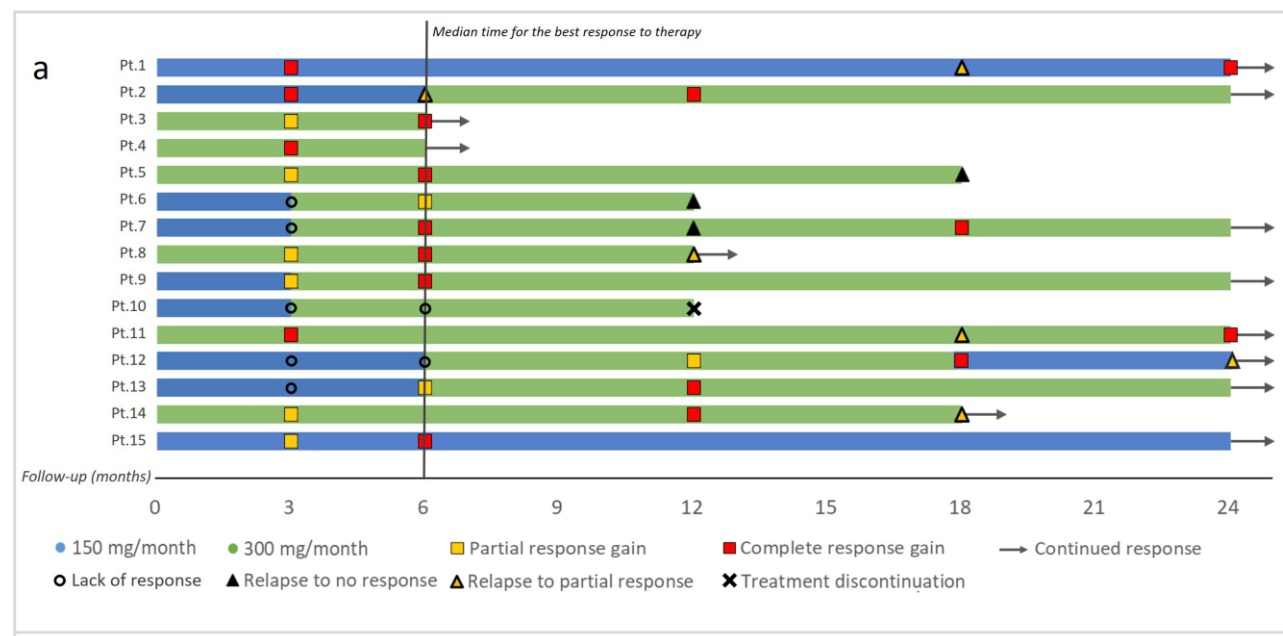
BD

➤ Multicentre retrospective study

- ◆ 15 patients with a mucosal and articular BD phenotype
- ◆ refractory to colchicine, disease-modifying antirheumatic drugs and at least one TNFi
- ◆ Secukinumab from 150 to 300 mg per month
 - ✱ As add-on therapy
 - ✱ No TNFi

➤ 3 months of follow-up

- ◆ 66.7% patients achieved a response (complete or partial)
- ◆ further increased to 86.7% at 6 months, 76.9% at 12 months, 90.0% at 18 months and 100.0% after 24 months



Anti-IL-23

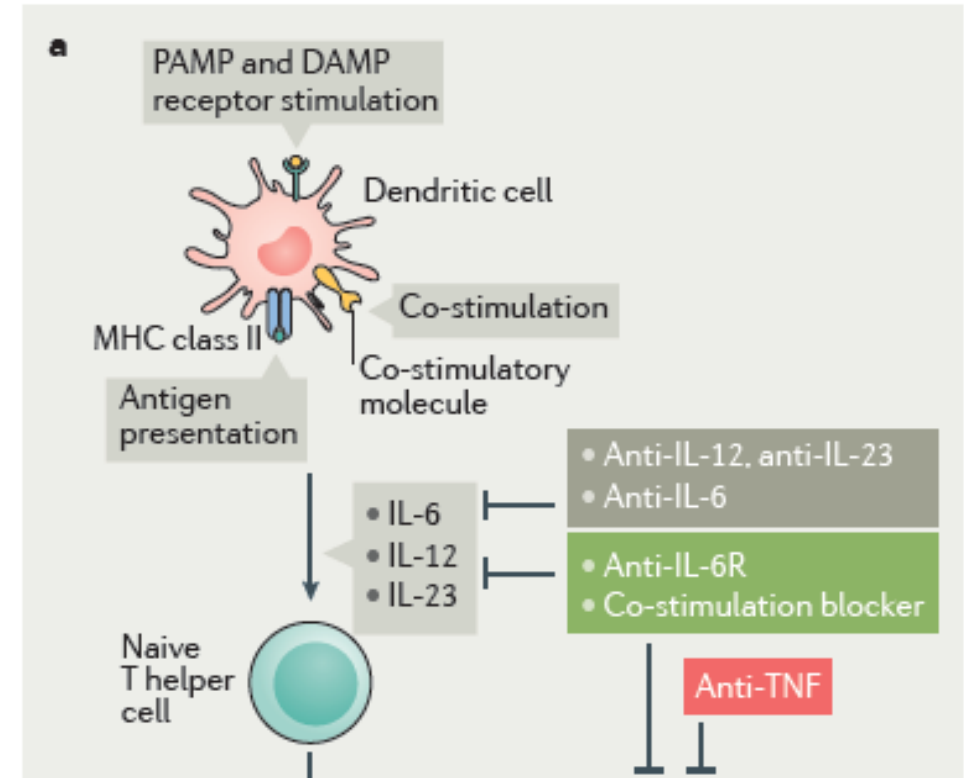
BD

- open-label study included 30 patients
- Oral ulcers refractory to colchicine
- Ustekinumab week 0,4 and q12w
- primary end point: at week 12: % complete response (no ulcers)
- Results
 - ◆ The median No of oral was significantly ↓ at week 12 compared to baseline (0 [IQR 0–1] versus 2 [IQR 2–3]; $P < 0.0001$)
 - ◆ Complete response was achieved in 60.0% and 88.9% of patients at weeks 12 and 24, respectively

IL-23-17 axis in other diseases

GCA

- Adventitia
 - ◆ important site of immune surveillance
 - rich in dendritic cells (DCs) and MΦ
 - expressing Toll-like receptors (TLRs)
- pathogen-associated molecular patterns (PAMPs), microorganism-associated molecular patterns (MAMPs) and damage-associated molecular patterns (DAMPs)
 - ◆ DC activation
 - ◆ leading to the production of pro-inflammatory cytokines such as IL-12 and IL-6, IL-23, IL-1
 - ◆ Naïve T cells activation



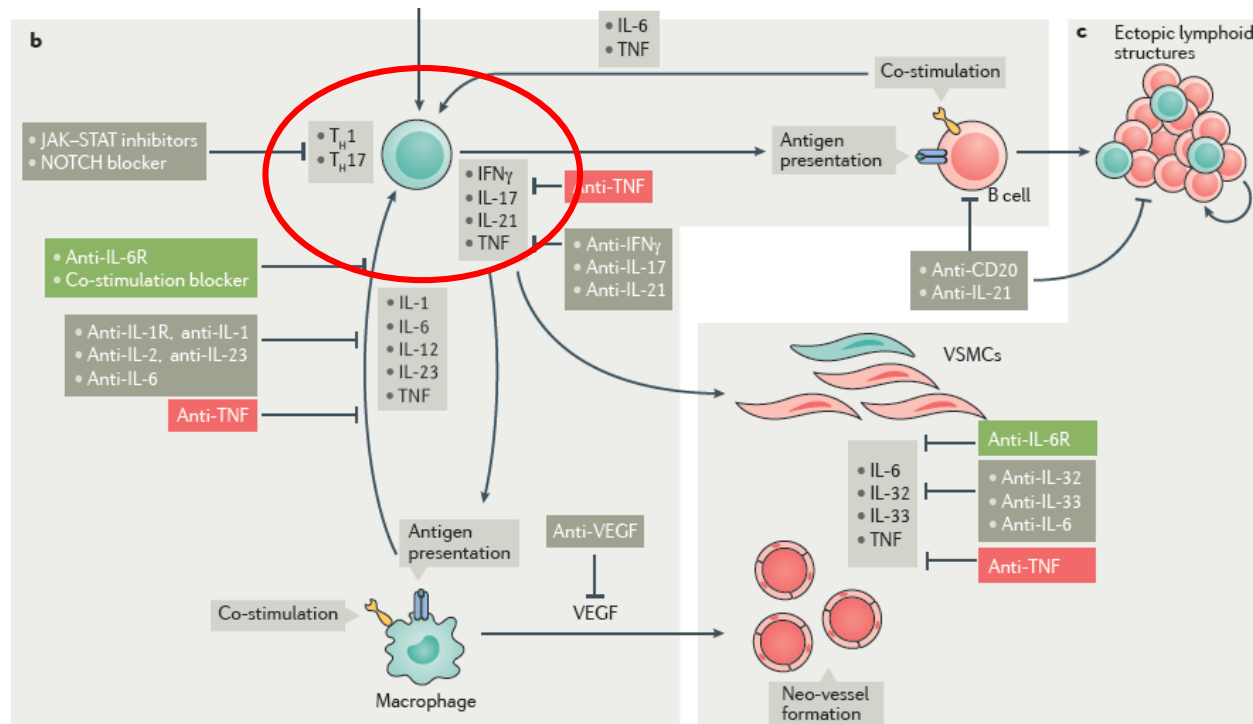
GCA

IL-6 amplifying inflammation & chronic phase

- Maturation of DCs
- naive CD4+ T cells polarize
 - ◆ Th1 cells
 - Production IFN γ and TNF
 - ◆ Th17 cells
 - Production IL-17 and IL-21

◆ Recruit macrophages

- produce IL-1, IL-6, IL-12, IL-23, TNF and VEGF
- Might drive GC formation and VSMC proliferation



GCA

Treatment / anti-TNF failed

- No clear explanation why TNFs failed
 - ◆ Possibly redundant pathways exist

Infliximab (TNF blocker)	Randomized, multicentre, double-blinded	44	New GCA (cranial)	54 weeks	Did not achieve primary and main secondary end points	Hoffman 2007 (REF. 134) (full paper)
Etanercept (TNF blocker)	Randomized, multicentre, double-blinded	17	GCA in remission, stable oral prednisone treatment	15 months	Cumulative glucocorticoid dose: 1.5 g in etanercept versus 3.0 g in control group ($p=0.03$) other outcomes negative	Martinez-Taboada 2008 (REF. 137) (full paper)
Adalimumab (TNF blocker)	Randomized, multicentre, double-blinded	70	New GCA (cranial)	52 weeks	Did not achieve primary and main secondary endpoints	Seror 2014 (REF. 136) (full paper)

GCA

Treatment – what about Ustekinumab?

- The “dual” role (IL-12 & IL-23) makes UST a potentially attractive treatment
- Open-label/small (n=25) study, 52 weeks
- refractory disease with either an inability to taper prednisolone to an acceptable dose or a history of multiple relapses during prednisolone
 - ◆ a reduction in
 - ✱ median prednisolone dose ($p < 0.001$)
 - ✱ CRP ($p = 0.006$)
 - ◆ No patients had a flare of GCA while treated with ustekinumab

GCA

Treatment – what about Ustekinumab?

- Open-label trial of UST in GCA
- All patients: a 24-week prednisone taper and SC UST 90 mg at baseline and at weeks 4, 12, 20, 28, 36, and 44.
- Primary endpoint: prednisone-free remission (absence of relapse through week 52 and normalization of the ESR and CRP level)
- 13 patients
 - ◆ Only 3 (23%) achieved the primary endpoint.
 - ◆ Of the 10 patients (77%) who failed to achieve the primary endpoint, 7 relapsed after a mean period of 23 weeks.
- **Conclusion:** UST combined with 24 weeks of prednisone was associated with a high rate of treatment failure in this prospective GCA trial.

GCA

Secukinumab

➤ Only case reports so far....

➤ [Trials](#). 2021 Aug 17;22(1):543. doi: 10.1186/s13063-021-05520-1.

Efficacy and safety of secukinumab in patients with giant cell arteritis: study protocol for a randomized, parallel group, double-blind, placebo-controlled phase II trial

Nils Venhoff ¹, Wolfgang A Schmidt ², Peter Lamprecht ³, Hans-Peter Tony ⁴, Christine App ⁵, Christian Sieder ⁵, Carolin Legeler ⁶, Claudia Jentzsch ⁷, Jens Thiel ¹

Take home Messages

- Are we going towards cytokine-based treatment?
 - ◆ Simple but complex
- Could that be that some cytokines are involved at an earlier stage of disease than others?
- Other (partly unidentified) cells are contributing to the cytokine milieu.