

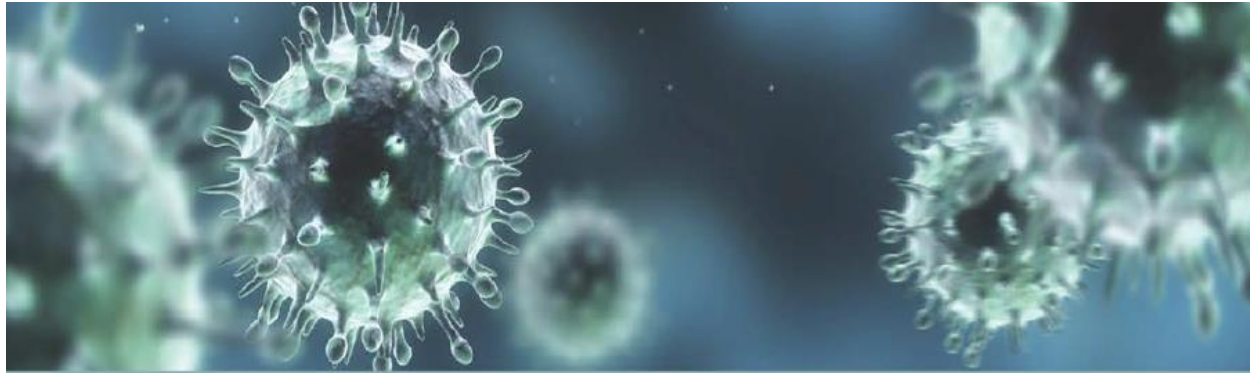
Immunoregulatory therapies in autoimmunity



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Ρευματολογική Κλινική, Γ.Ν. Ασκληπιείο Βούλας

Ηράκλειο, 9/10/2021



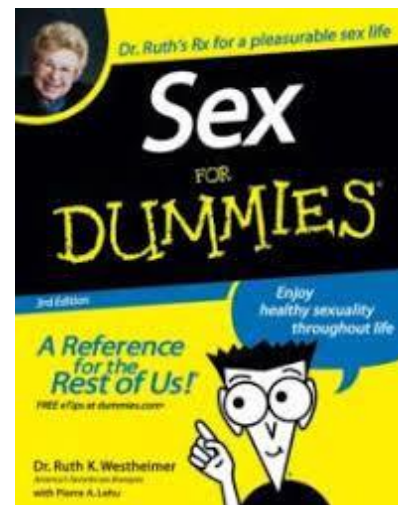
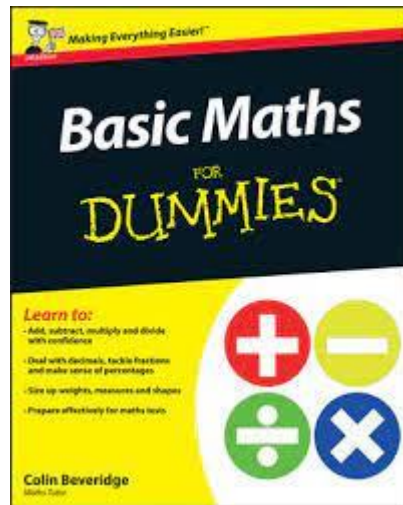
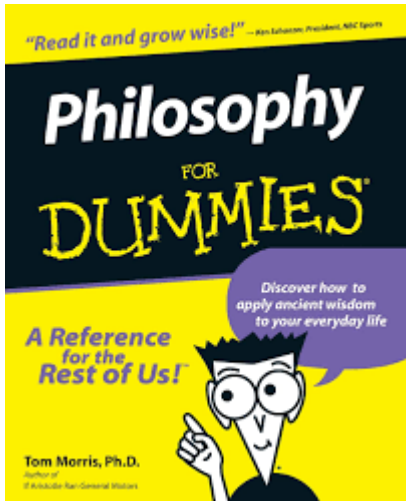


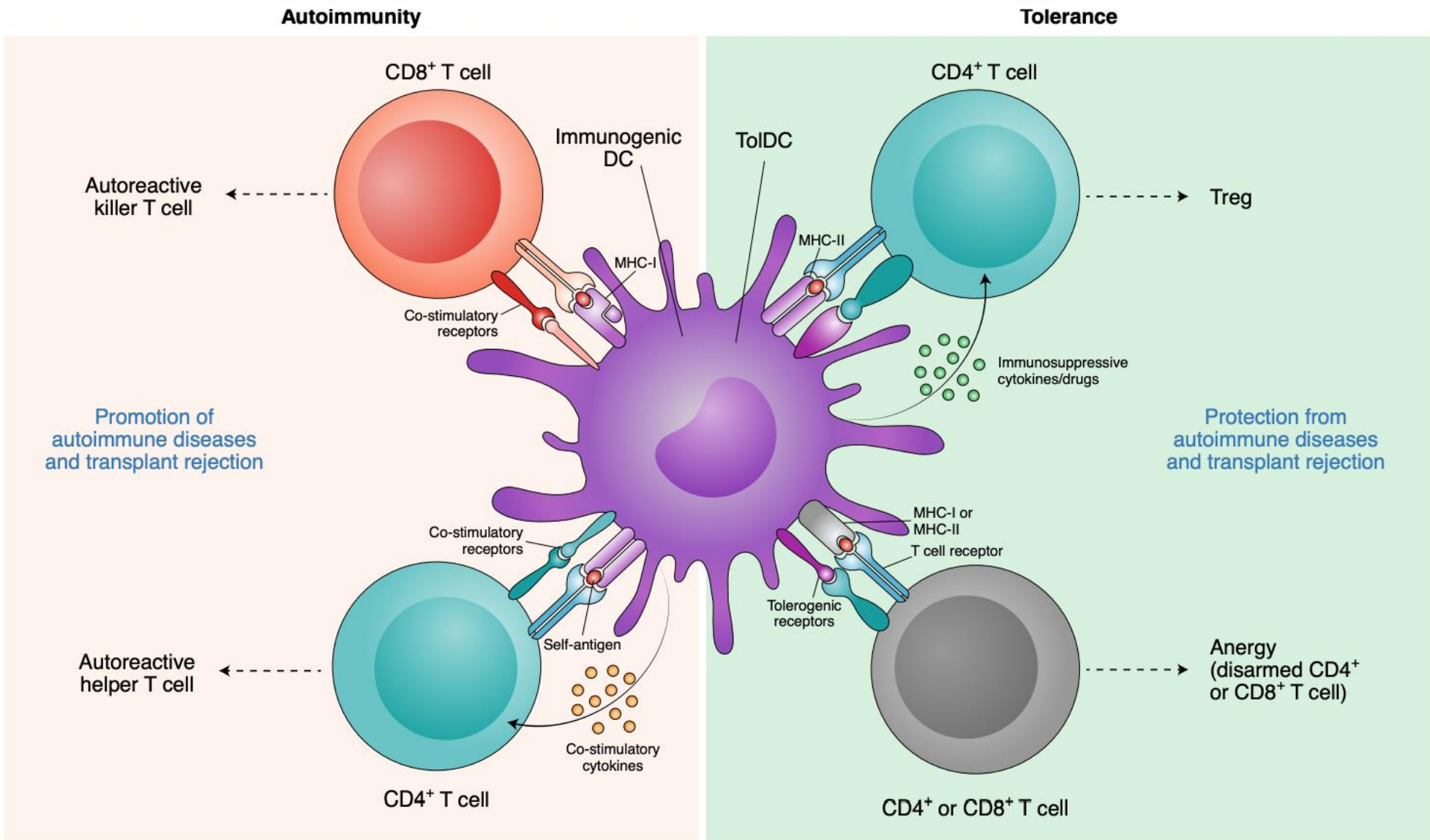
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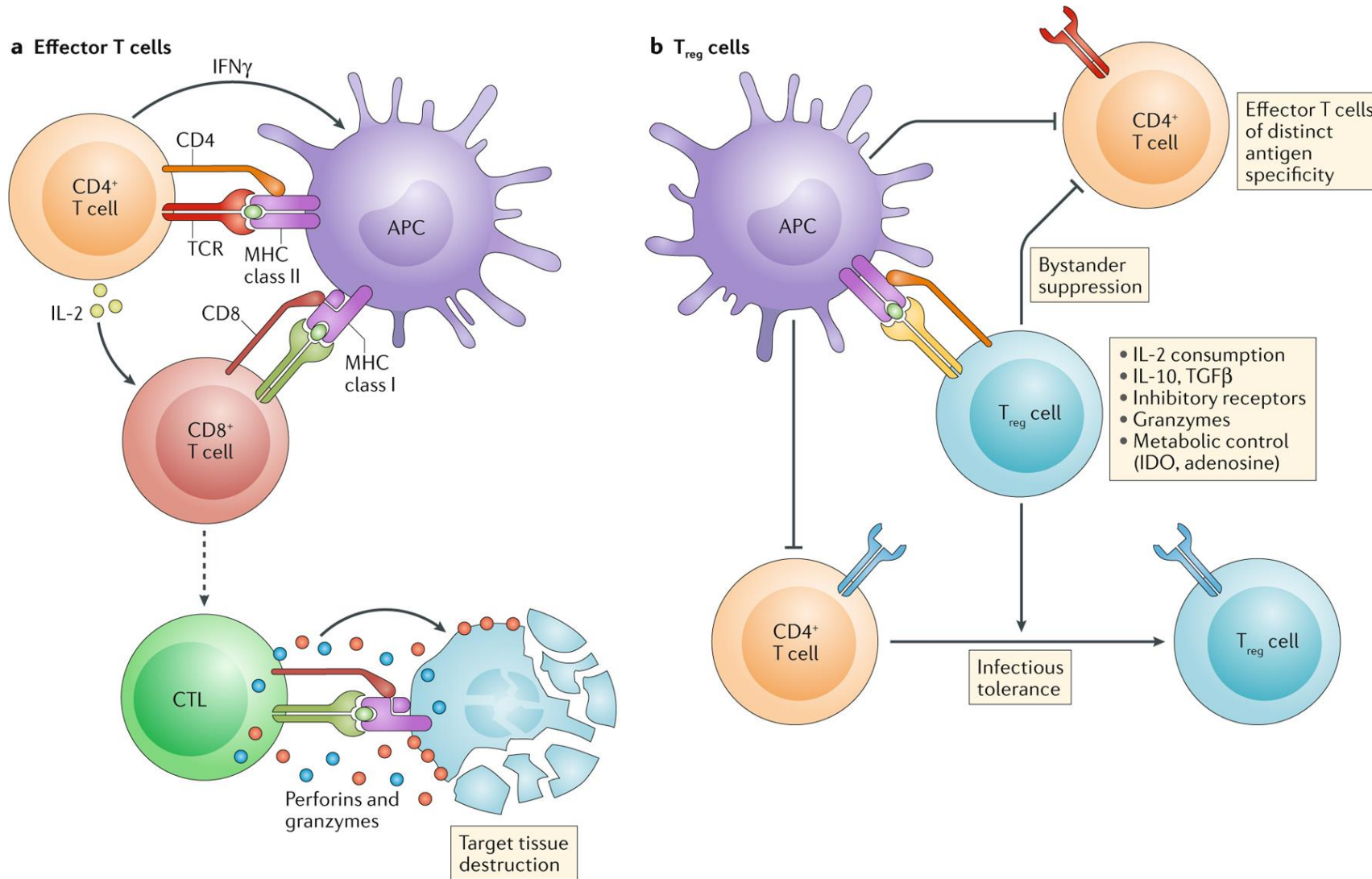
8-10 ΟΚΤΩΒΡΙΟΥ 2021

Για κλινικούς ή For dummies...





Mechanisms of action of effector T cells versus Treg cells



The rationale behind immunoregulatory therapies

- Systemic autoimmune diseases are caused by a failure of endogenous mechanisms of immune tolerance.
- **Regulatory T cells (Treg)**, expressing the transcription factor Foxp3, are pivotal for maintaining peripheral self-tolerance and controlling autoimmunity by suppressing the activation and expansion of autoreactive T cells and other pathogenic immune cells

Key properties of Treg cells

- Treg cells: ~ 5% of circulating CD4+ T cells
- Dominance and durability of Treg cell- mediated immune tolerance:
 - **Bystander suppression:** Treg cells activated by one antigen suppress immune responses against other antigens.
 - **Infectious tolerance:** Suppressive capacity is transferred from one cell population to another
 - Inhibitory cytokines that inhibit DC maturation

The rationale behind immunoregulatory therapies

- The survival, growth and homeostasis of Treg fundamentally depend on the availability of the cytokine interleukin-2 (IL-2)
- IL-2 deficiency results in a profound disturbance of Treg homeostasis and the development of a severe systemic autoimmune disease due to uncontrolled hyperactivity of T and B cells.
- While expressing high levels of IL2R (CD25), Tregs are unable to produce IL2 themselves - in the absence of IL-2 produced by other cell subtypes, or signalling by its receptor, there is a decrease in the number and functional activity of the Treg cells

Ways currently used to exploit Treg cells

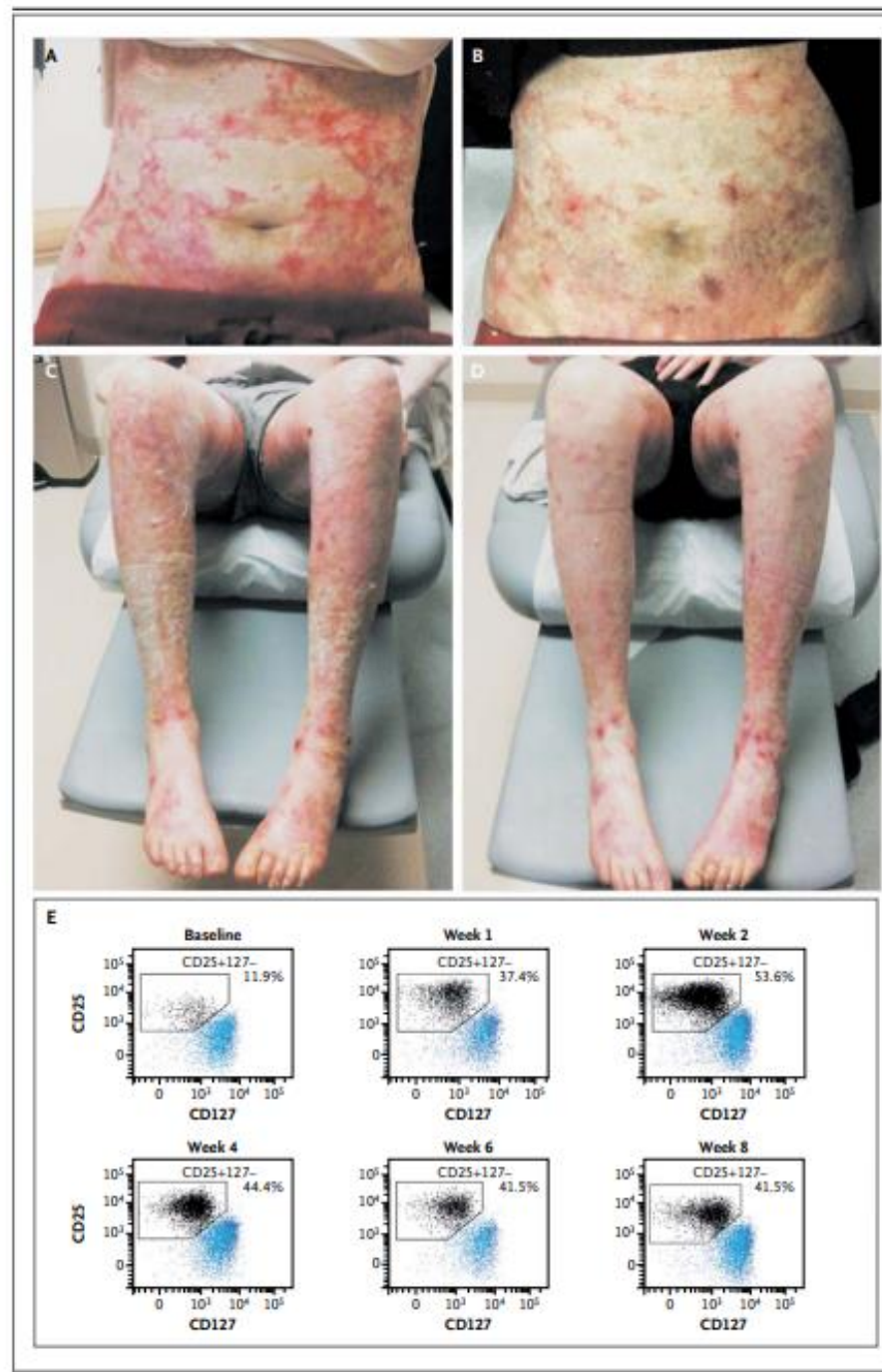
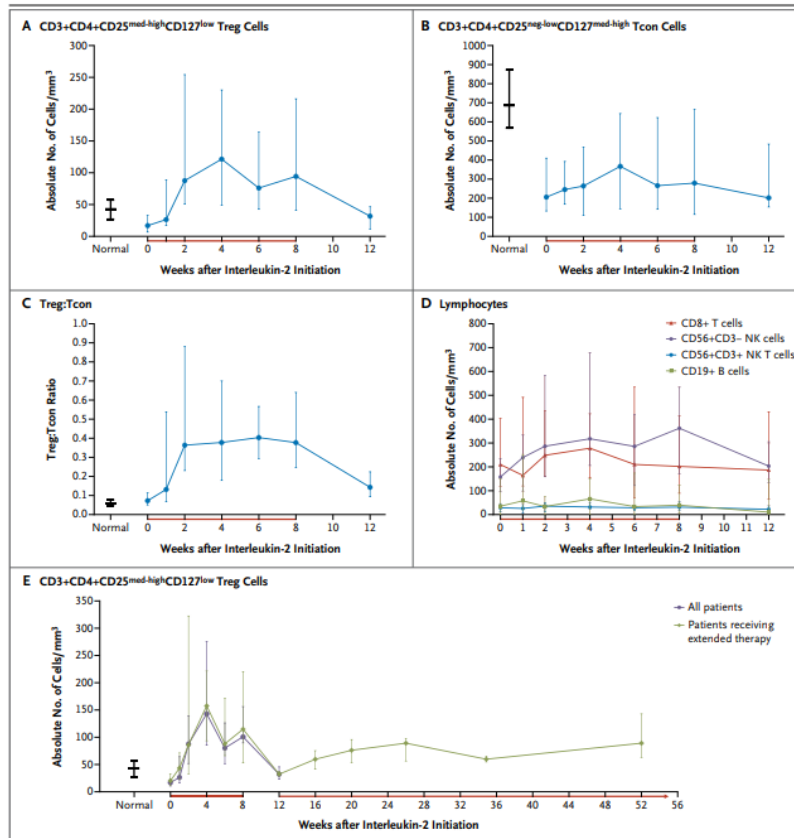
- Exogenous administration of IL-2 to expand Tregs
- Adoptive Treg cell transfer
 - Ex vivo polyclonal expansion of autologous Tregs and reinfusion into patient
 - Next-generation Treg cell therapy

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Interleukin-2 and Regulatory T Cells in Graft-versus-Host Disease

29 ασθενείς με χρόνια graft-versus-host disease
ανθεκτική στα κορτικοειδή



No major safety signals

Regulatory T-Cell Responses to Low-Dose Interleukin-2 in HCV-Induced Vasculitis

10 ασθενείς με HCV-σχετιζόμενη κρυσφαιριναμική αγγειίτιδα ανθεκτική σε αντική θεραπεία και rituximab

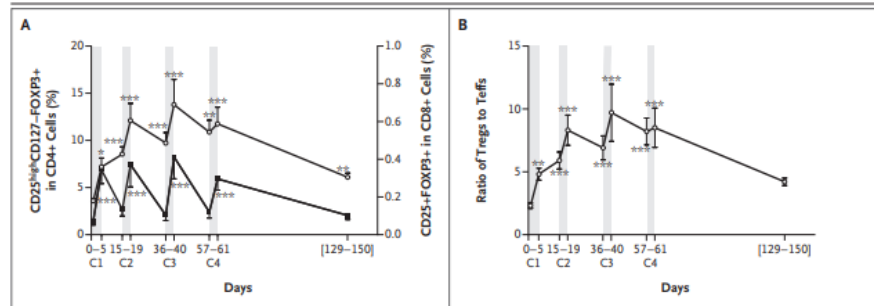
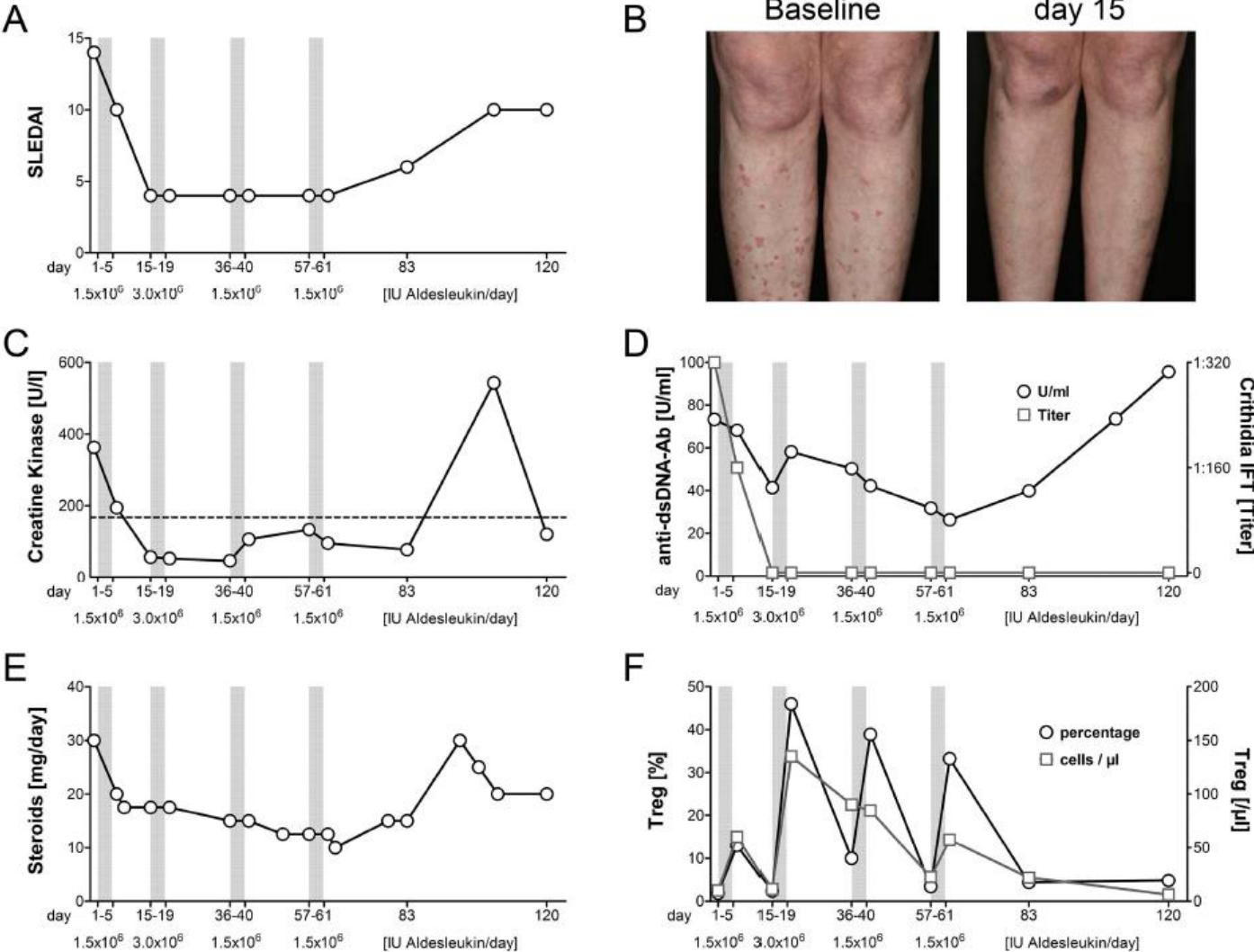


Figure 2. Temporal Effects of Low-Dose Interleukin-2 on Clinical Features, Levels of Regulatory T Cells, and Cryoglobulin for Each Study Patient.

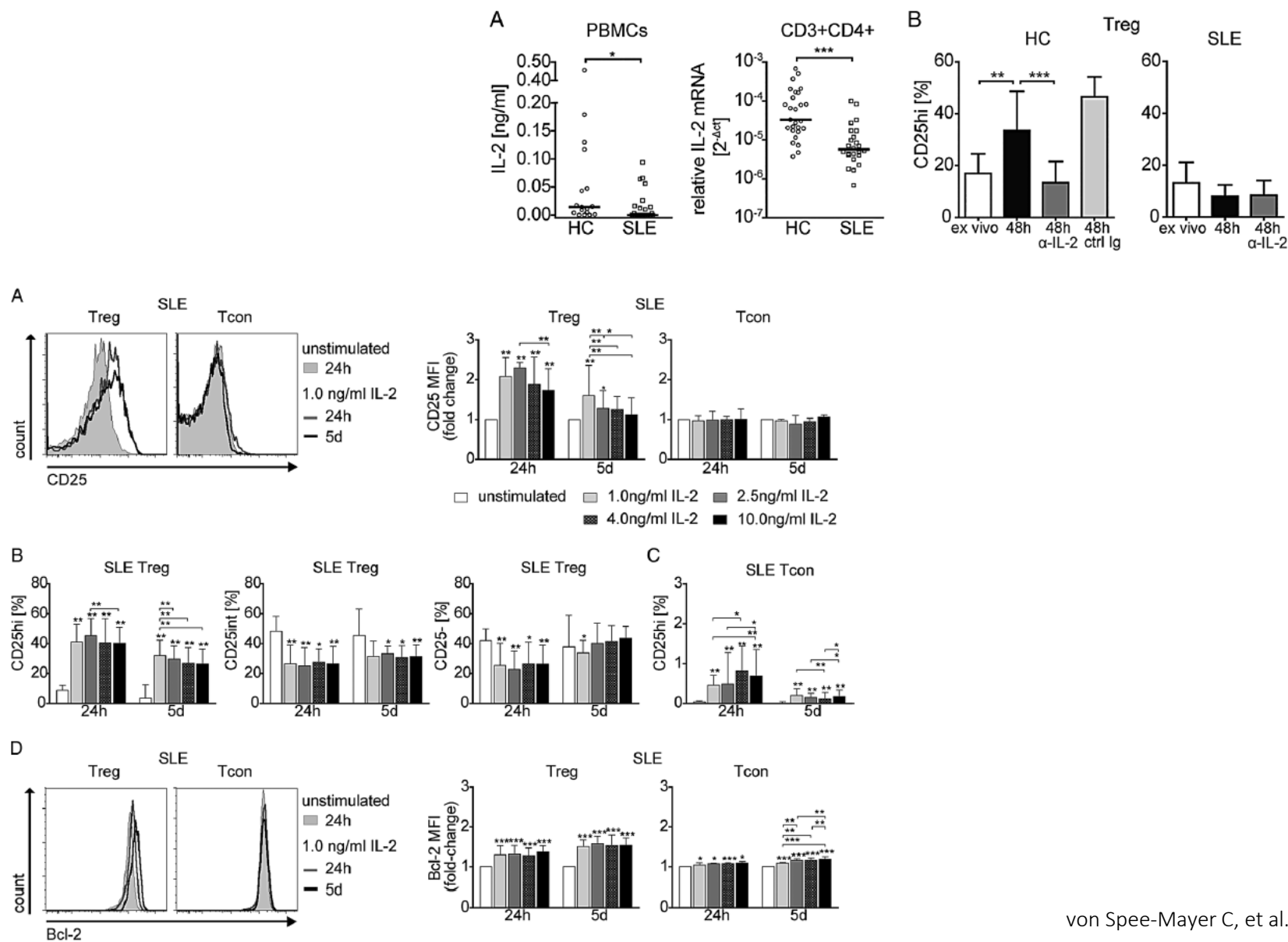
For each patient and at each time point during follow-up, the upper rows of panels indicate the absence or presence of clinical signs, the middle rows of panels the percentages of CD4⁺ regulatory T cells (Tregs), and the lower rows of panels the levels of cryoglobulin after each administration of interleukin-2 as a percentage of levels at baseline. For Patients 4, 5, and 6, baseline serum cryoglobulinemia values were 0, and variation could not be represented.

Case report of low-dose IL-2 therapy in a SLE patient

Clinical parameters and Treg cells

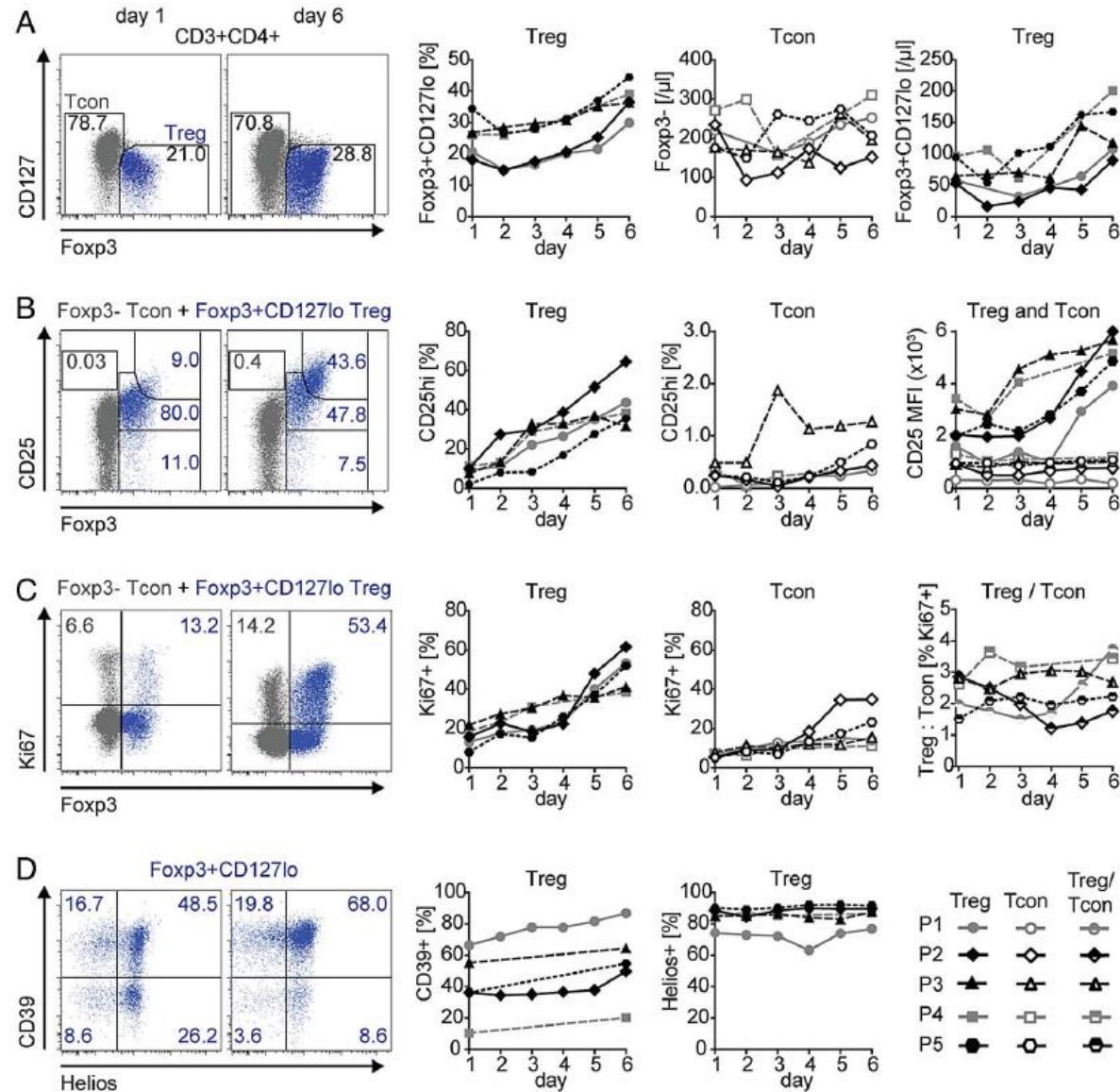


Low-dose IL2 therapy corrects Treg cell defects in SLE

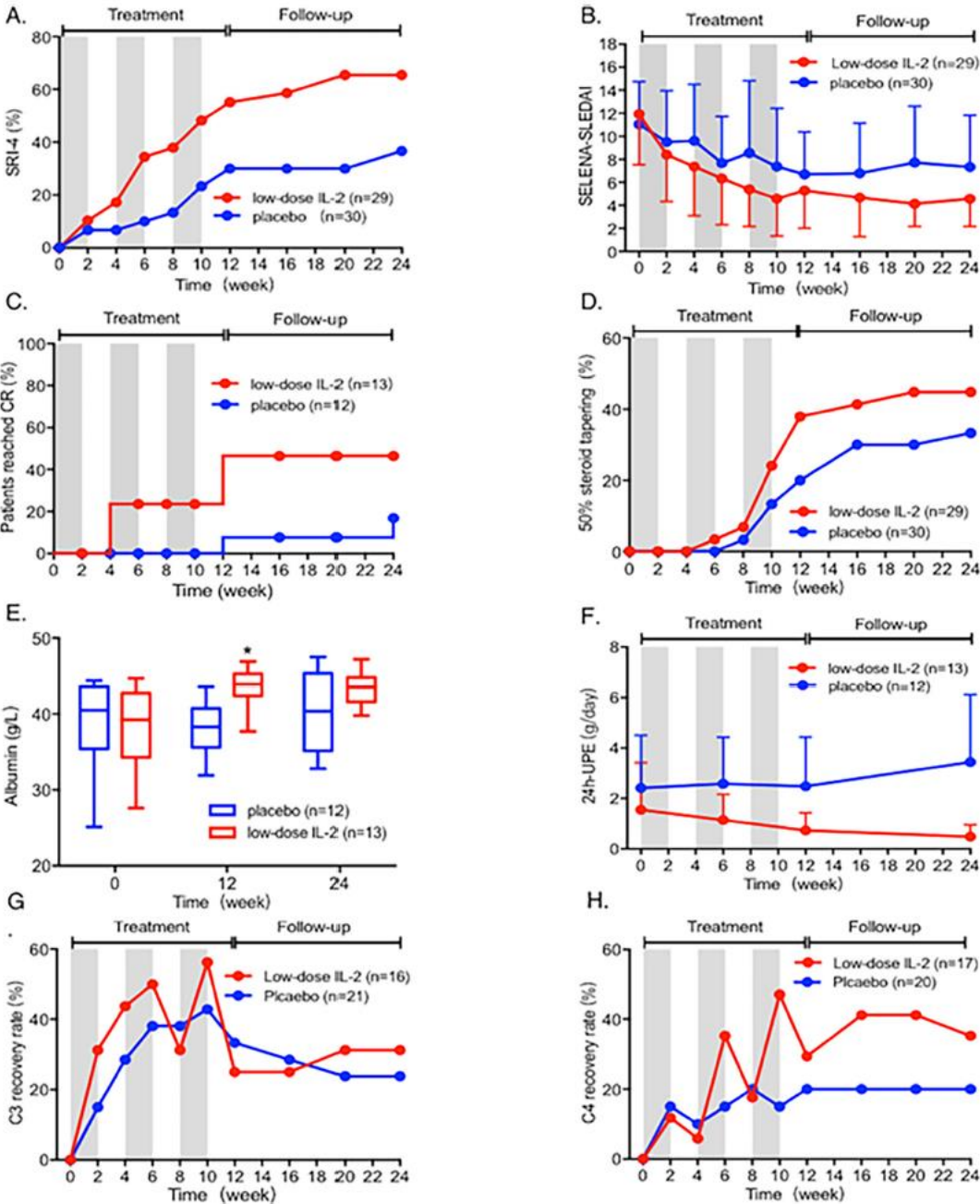
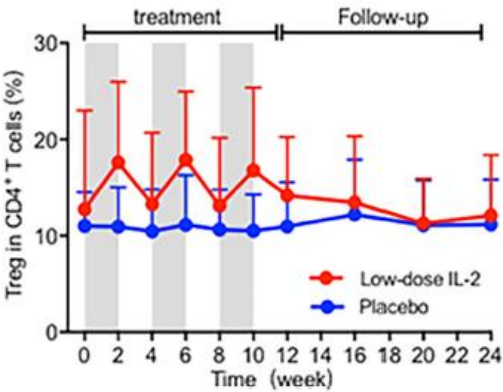
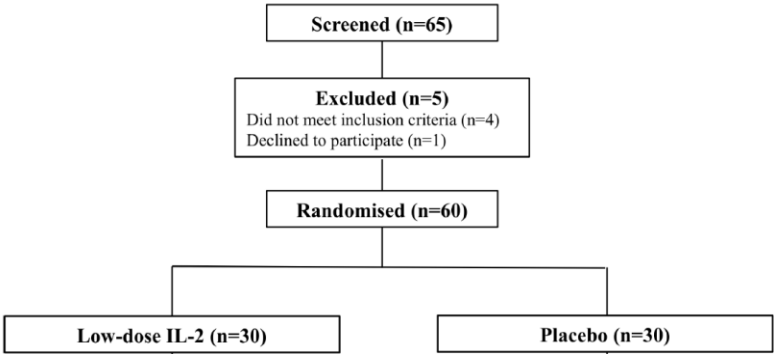


Low-dose IL2 therapy corrects Treg cell defects in SLE

5 patients with SLE



Efficacy and safety of low-dose IL-2 in the treatment of systemic lupus erythematosus: a randomised, double-blind, placebo-controlled trial



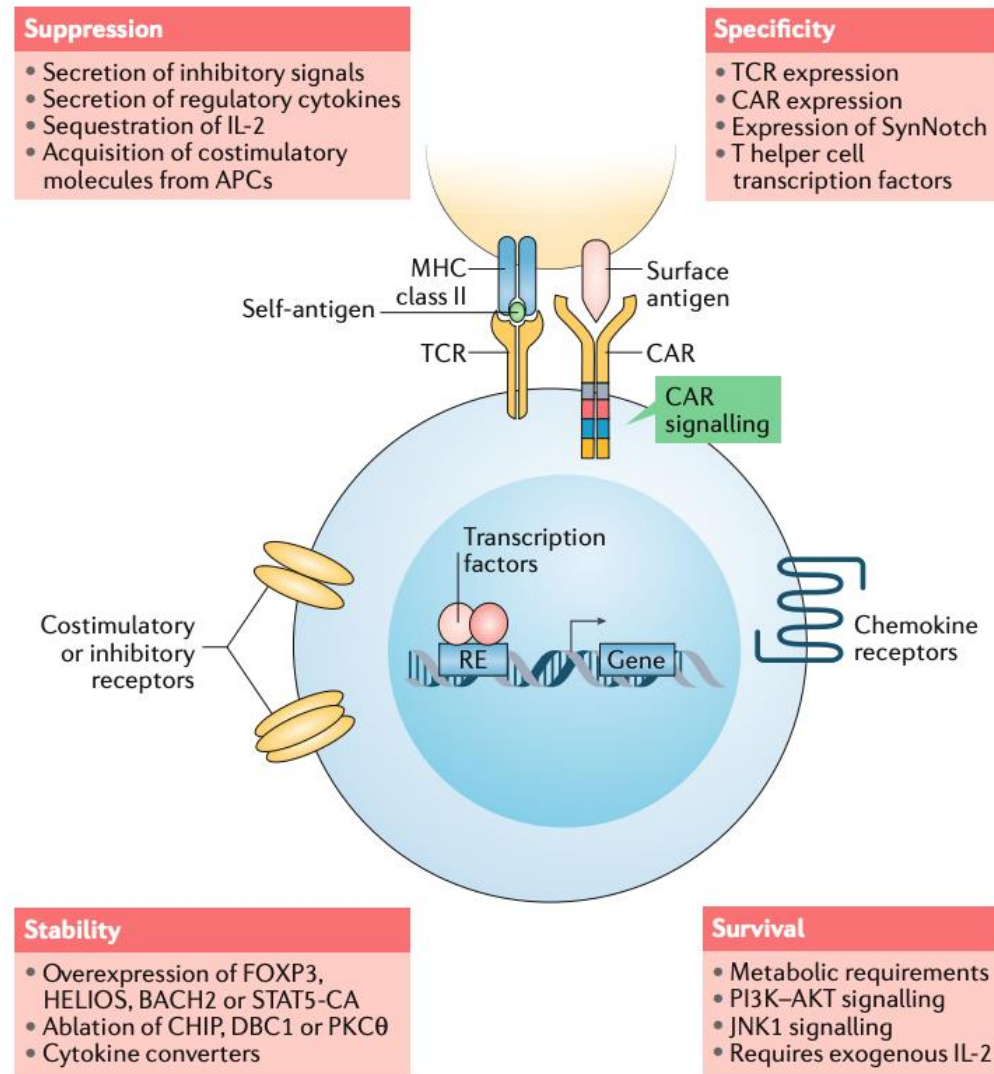
Ways currently used to exploit Treg cells

- Exogenous administration of IL-2 to expand Tregs
- Adoptive Treg cell transfer
 - Ex vivo polyclonal expansion of autologous Tregs and reinfusion into patient
 - Next-generation Treg cell therapy

Key properties needed to successfully use Tregs as living drugs

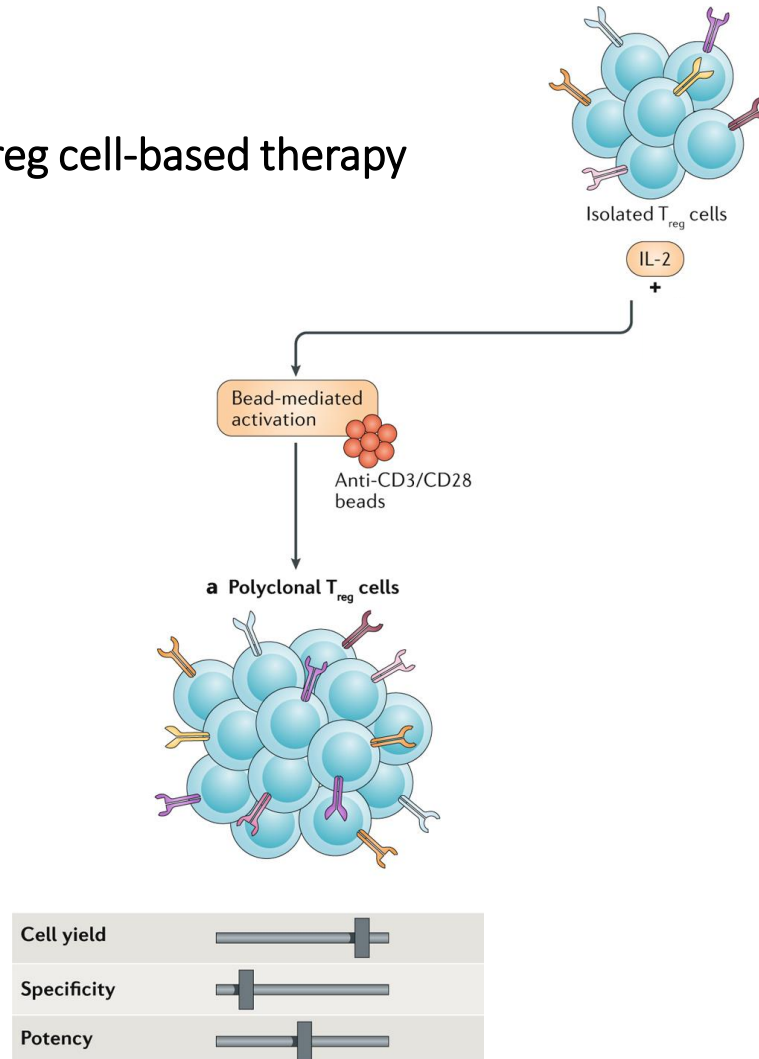
The 4 “S”

1. Suppression
2. Stability
3. Survival
4. Specificity



Adoptive cell transfer of Tregs

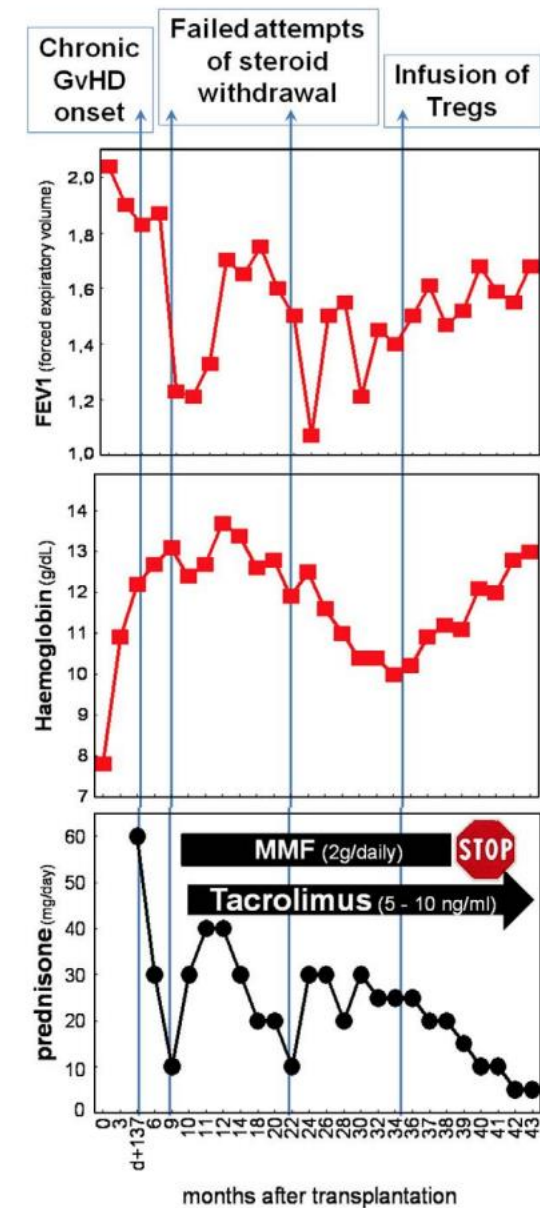
Treg cell products for Treg cell-based therapy



First-in-man clinical results of the treatment of patients with graft versus host disease with human ex vivo expanded CD4+CD25+CD127– Tregulatory cells

1 acute GvHD - 1 chronic GvHD

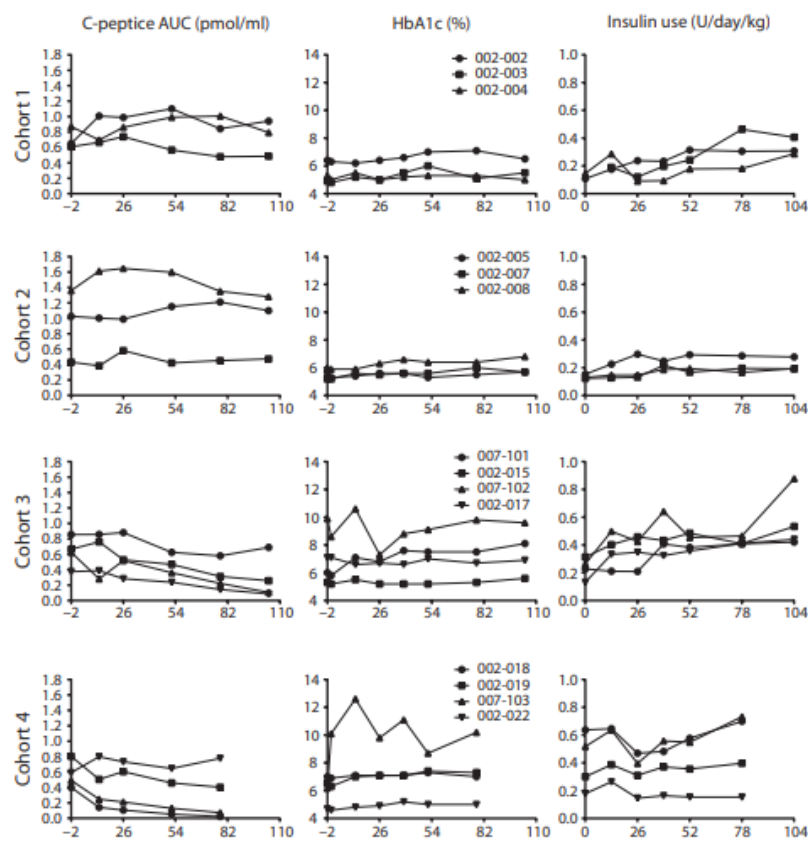
Gdansk, Poland



Type 1 diabetes immunotherapy using polyclonal regulatory T cells

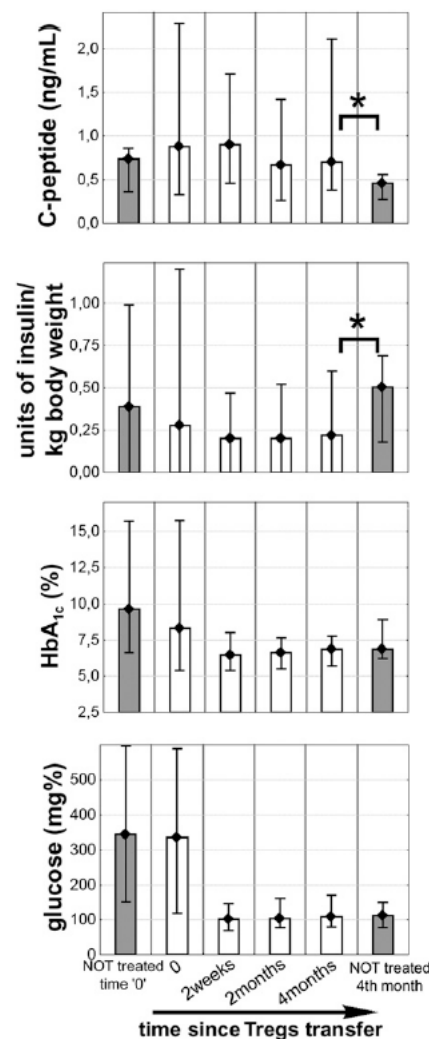
Jeffrey A. Bluestone,^{1*} Jane H. Buckner,² Mark Fitch,³ Stephen E. Gitelman,⁴ Shipra Gupta,² Marc K. Hellerstein,³ Kevan C. Herold,⁵ Angela Lares,¹ Michael R. Lee,¹ Kelvin Li,⁶ Weihong Liu,¹ S. Alice Long,² Lisa M. Masiello,¹ Vinh Nguyen,⁷ Amy L. Putnam,¹ Mary Rieck,¹ Peter H. Sayre,⁸ Qizhi Tang⁷

14 ενήλικες με T1DM



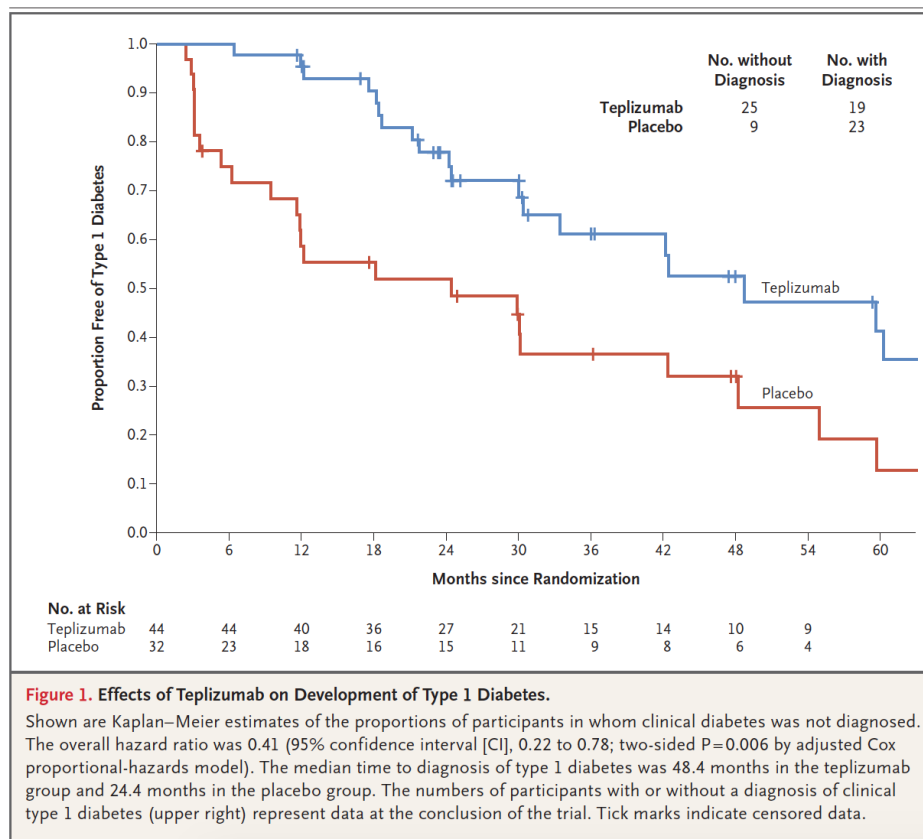
Administration of CD4⁺CD25^{high}CD127⁻Regulatory T Cells Preserves β -Cell Function in Type 1 Diabetes in Children

10 παιδιά με T1DM εντός 2 μηνών από τη διάγνωση

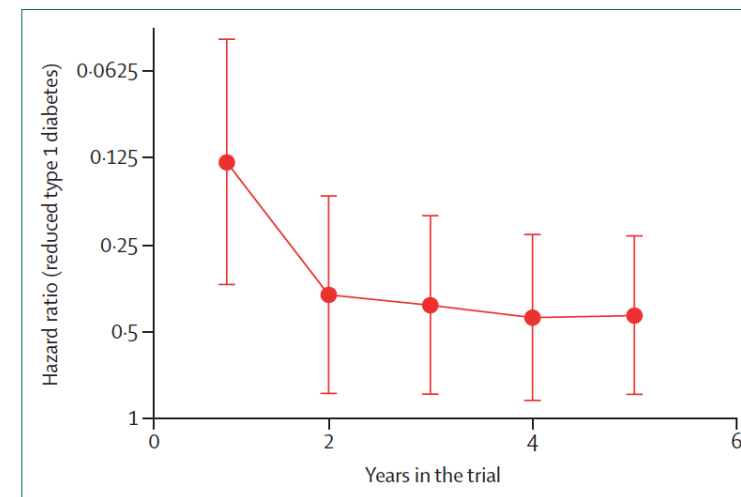


ORIGINAL ARTICLE

An Anti-CD3 Antibody, Teplizumab, in Relatives at Risk for Type 1 Diabetes



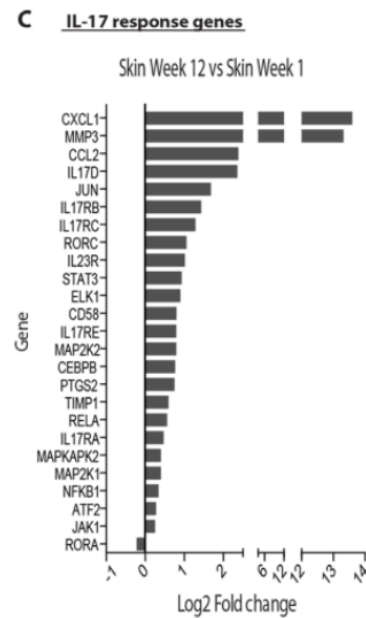
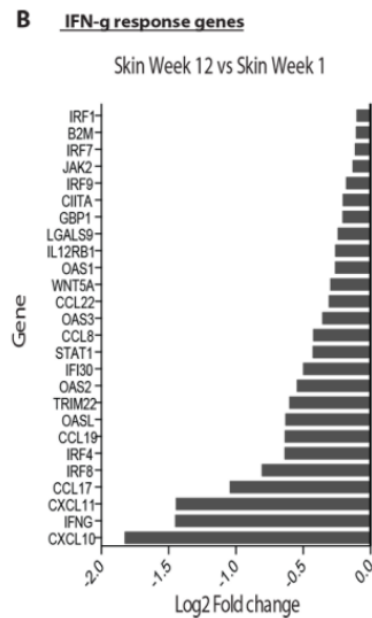
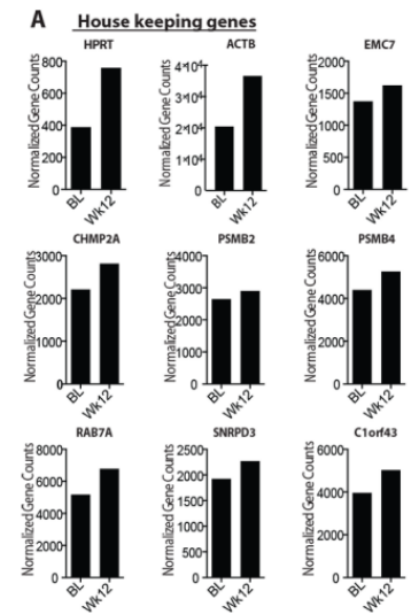
Hazard ratio over time in the TN-10 teplizumab prevention trial



The largest effect of teplizumab treatment was in the first year: only 3/44 (6.8%) of 44 participants had developed diabetes compared with 14/32 (43.8%) in the PBO group (**unadjusted HR 0.129**)

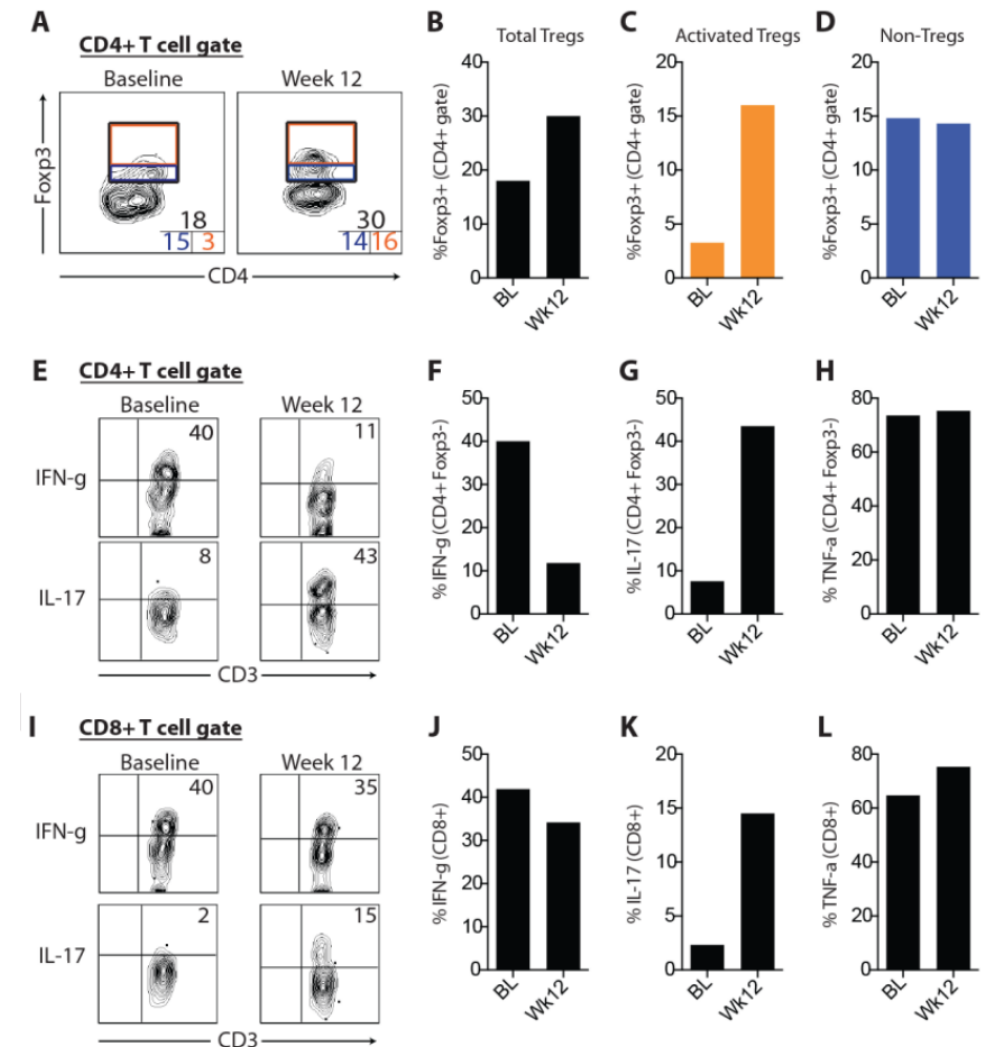


The first patient with SLE treated with ex vivo expanded Tregs



Whole transcriptome analysis of skin tissue pre - and post -adoptive Treg cell therapy

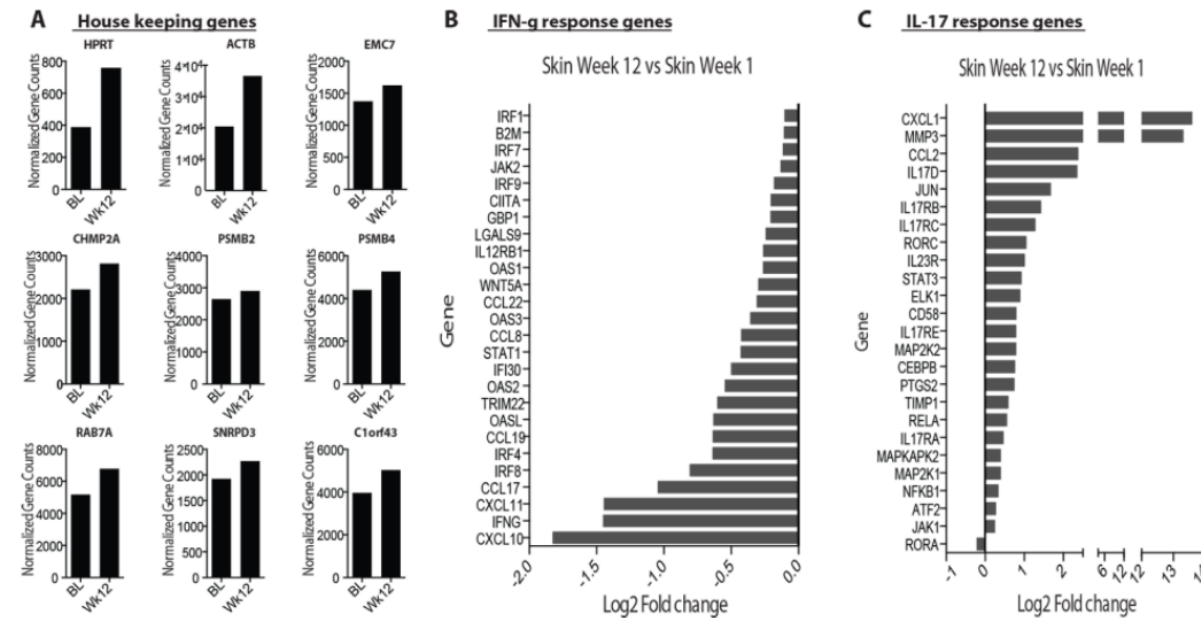
Dall'Era M, et al. Arthritis Rheumatol 2019;71(3):431-440



Accumulation of activated Tregs, attenuation of IFN γ production and increased IL -17 production in skin after adoptive Treg cell therapy



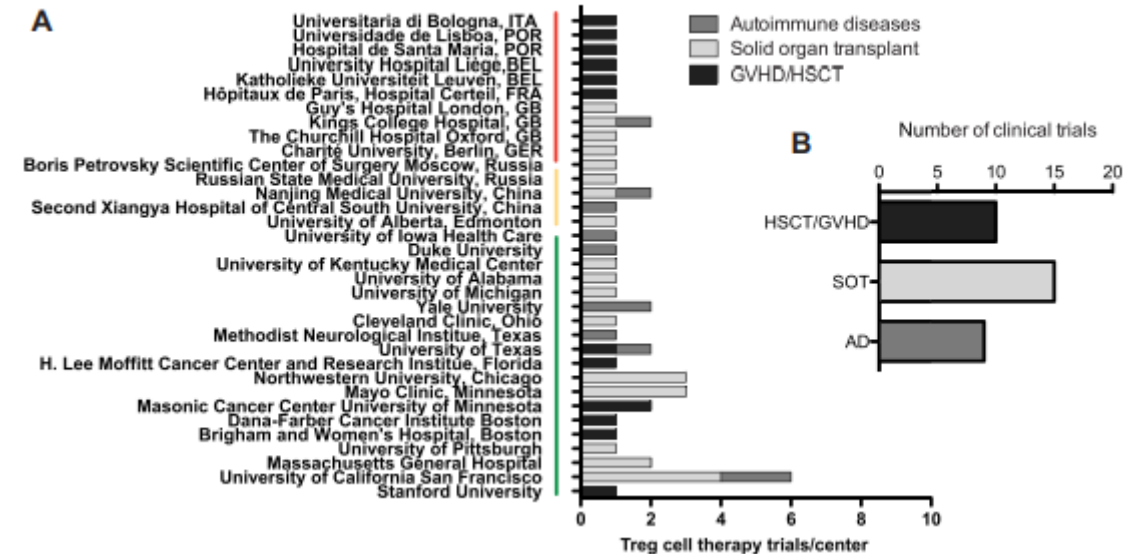
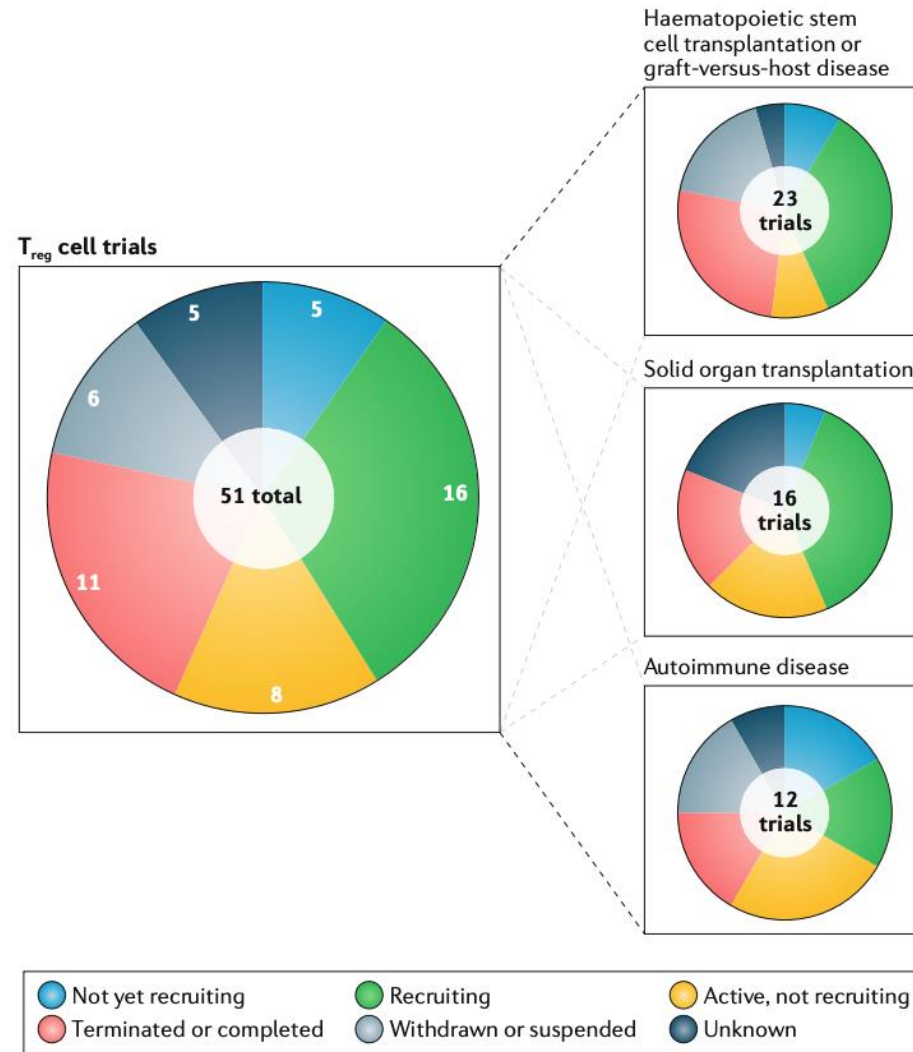
The first patient with SLE treated with ex vivo expanded Tregs



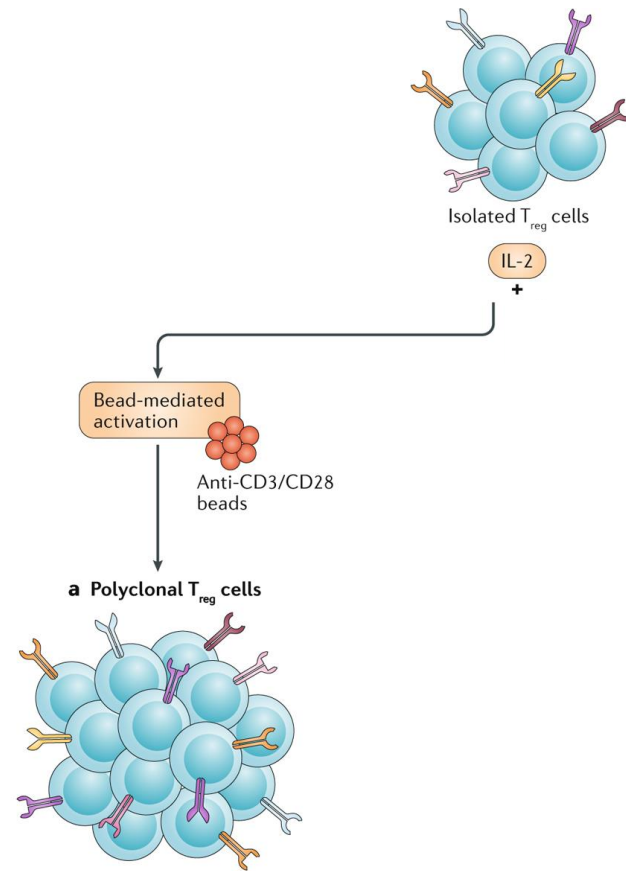
No demonstrable clinical benefit

Whole transcriptome analysis of skin tissue pre - and post -adoptive Treg cell therapy

Registered clinical trials using regulatory T-cells



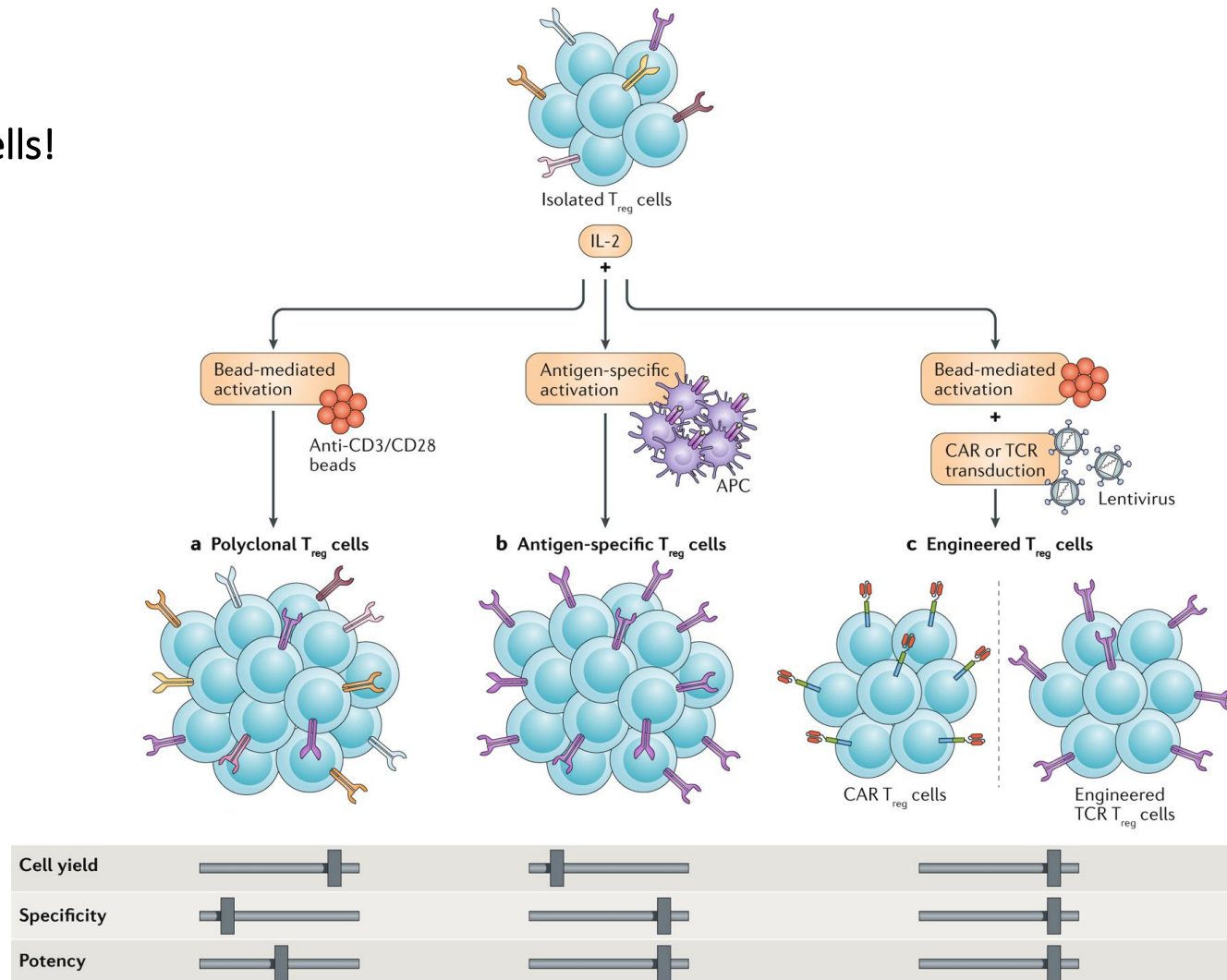
Adoptive cell transfer of Tregs



Cell yield	
Specificity	
Potency	

Adoptive cell transfer of Tregs

Antigen-specific Treg cells!



Antigen-specific Treg cells!

Next-generation regulatory T-cell therapy

Pitting cell against cell

Biotechnology companies are engineering regulatory T cells to help the cells guard the body against friendly fire. **By Eric Bender**

Nature Outlook (Autoimmune disease) 15 July 2021

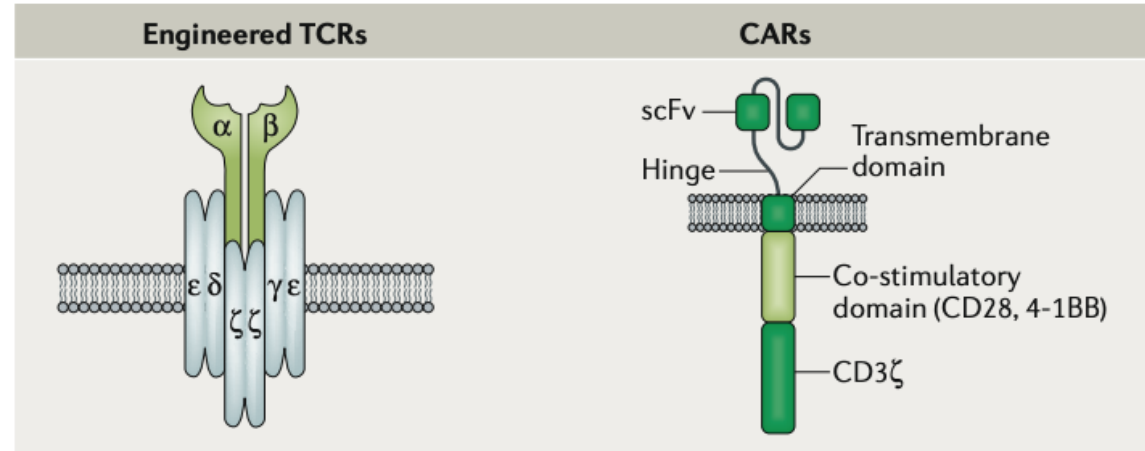
Two rapidly advancing technologies:

- 1) chimeric antigen receptor (CAR) T-cell manipulation (provides T cells with receptor proteins matched to specific cell targets)
- 2) CRISPR–Cas9 genome-editing tools

Aim: Enhance the specificity and functionality of Treg cells

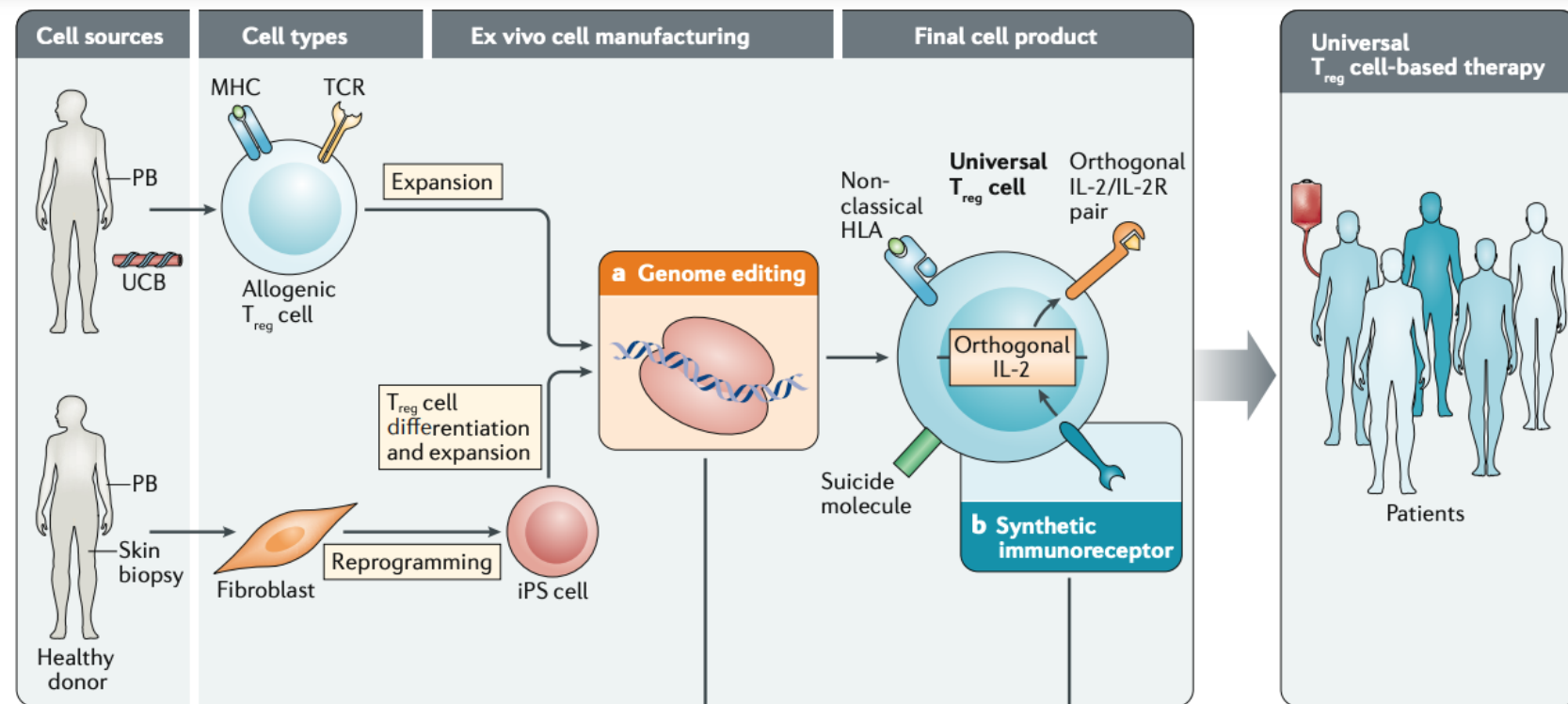
Multiple Start-ups!!!

Engineering Tregs through TCRs and CARs

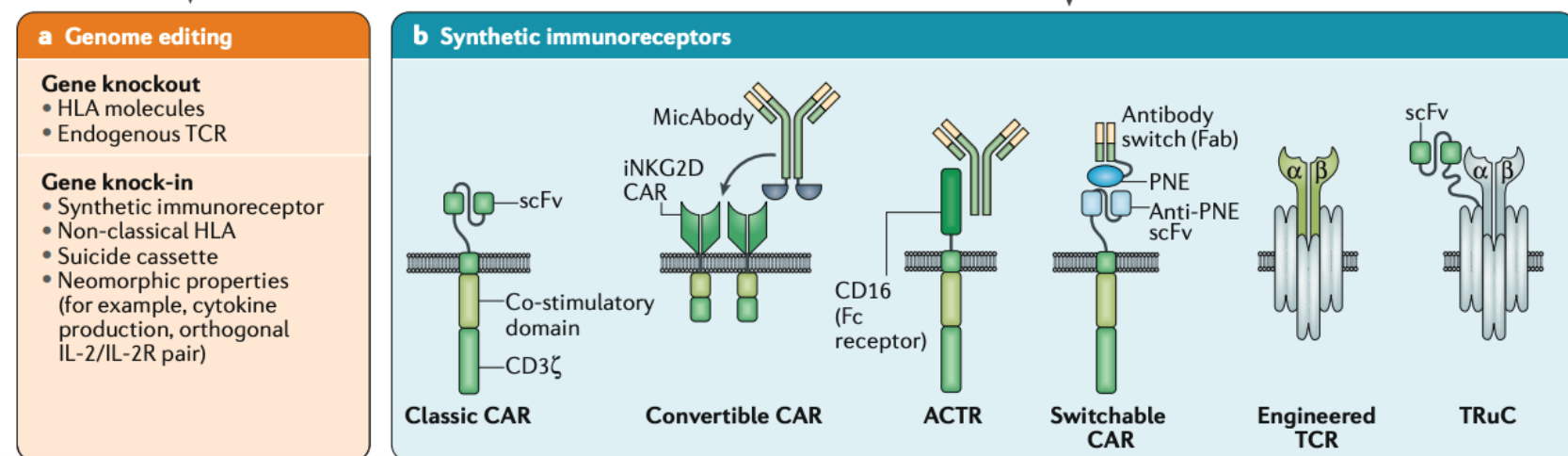


Property	TCRs	CARs
Specificity	Peptide–HLA complex	Any surface antigen or multivalent soluble antigen
HLA restriction	Yes	No
Co-receptor required	Yes (CD4 or CD8)	No
Affinity ^a	$K_D = 10^{-6}$ – 10^{-4} M ²⁵²	$K_D = 10^{-10}$ – 10^{-6} M ²⁵³
Sensitivity	<10 molecules per target cell ^{104,254}	100–10,000 molecules per target cell ^{105,255–257}
Signalling	Via endogenous CD3 complex (comprising six chains)	Via synthetic modular signalling domain
Expression challenges	Endogenous TCR might pair with exogenous TCR chains	Protein aggregation; aggregation of single-chain variable fragments leading to tonic signalling

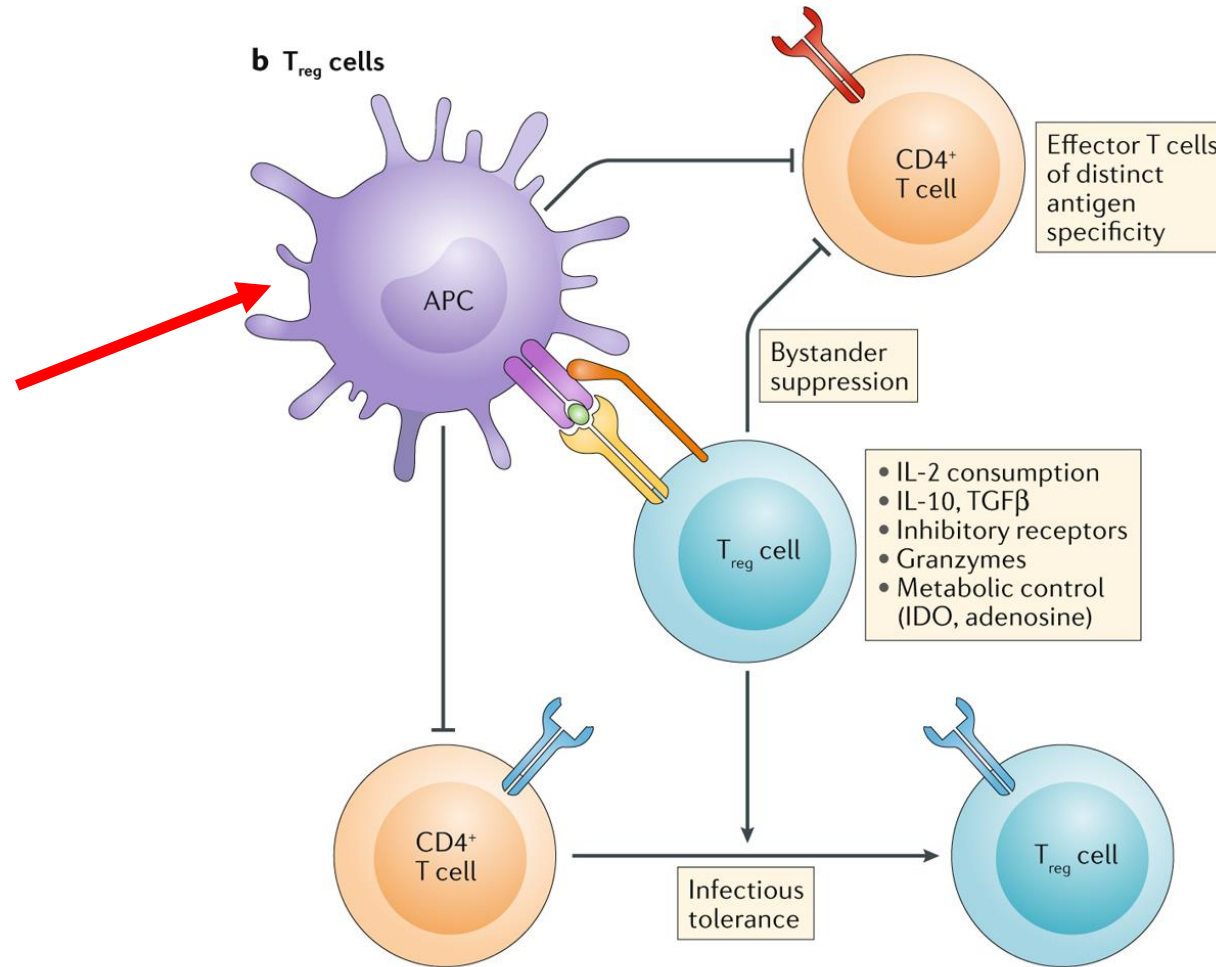
The future of Treg cell-based therapy



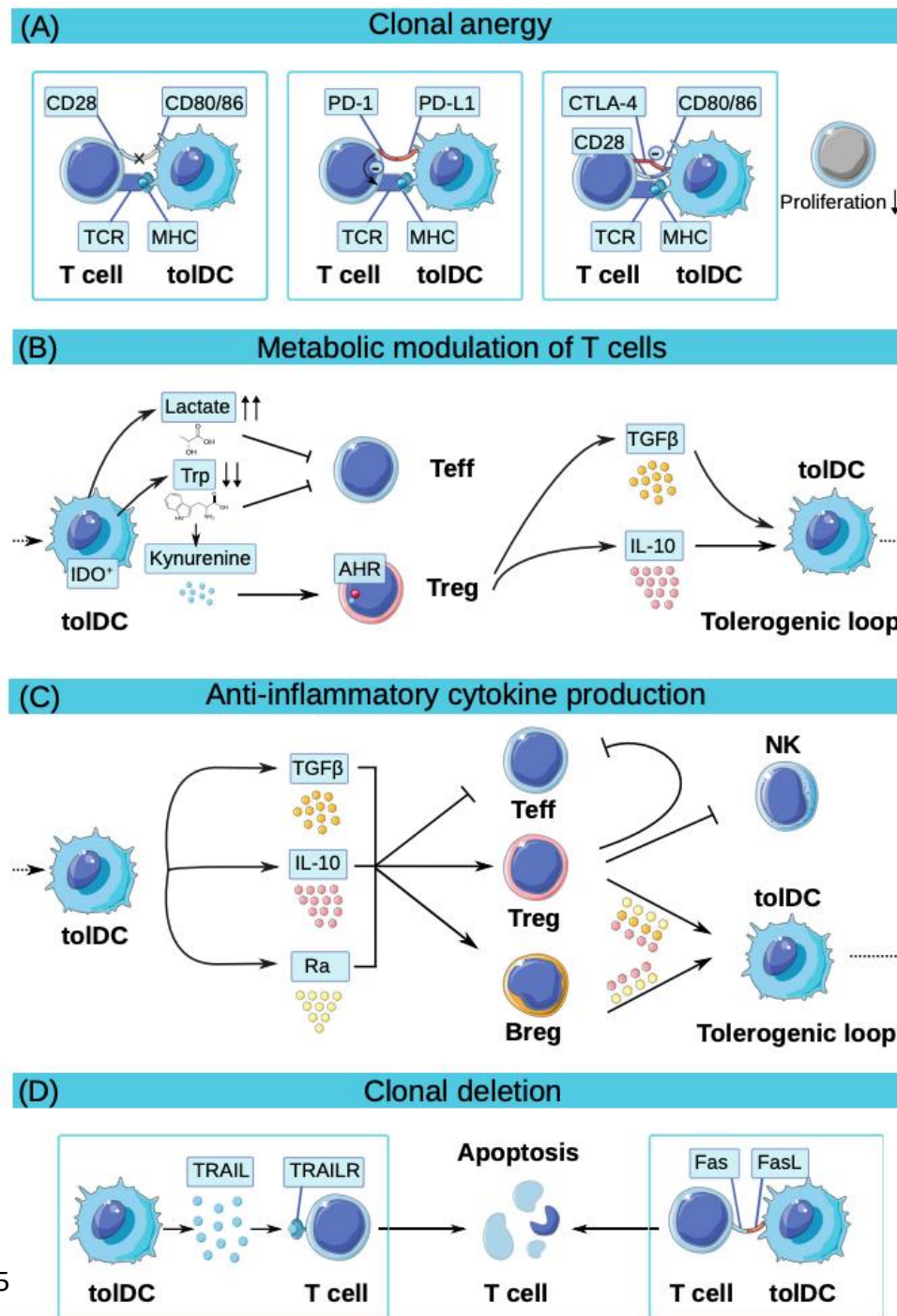
CRISPR–Cas9



Mechanisms of action of effector T cells versus Treg cells



Mechanisms of Tolerogenic Dendritic Cell Tolerogenesis



Clinical trials with Tolerogenic Dendritic Cells

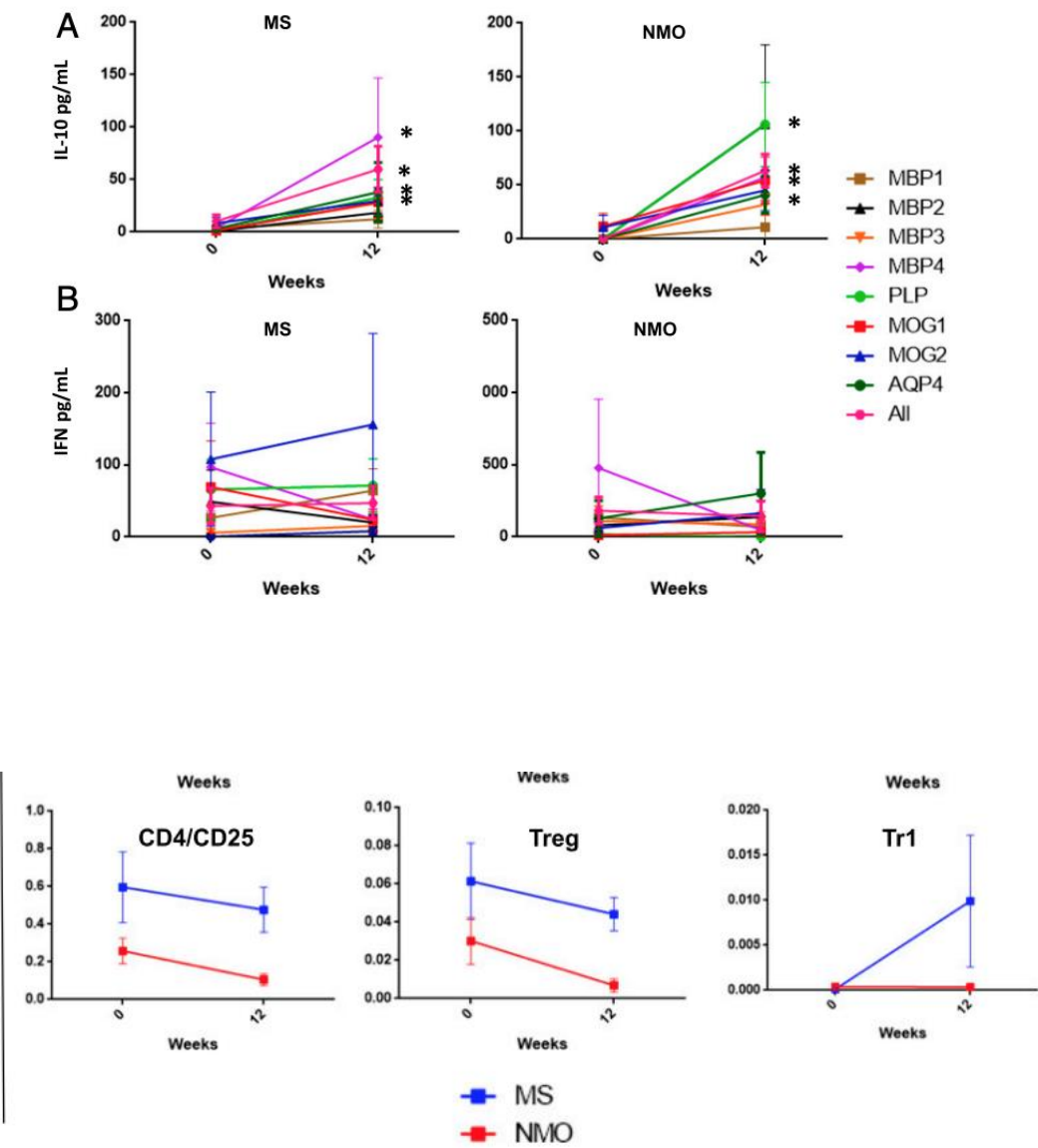
Table 1. Clinical Trials Involving tolDCs^a

ID	Phase	Design	Status	Indication	Cell type	Route	Administration scheme
Autoimmune diseases							
NCT00445913 ⁱ	I	Randomized, single group assignment, double-blind	Completed	T1D	BM-derived DCs treated with antisense oligonucleotides targeting CD80, CD86, CD40	i.d	4 Injections, bi-weekly
NTR5542 ⁱⁱ	I	Nonrandomized, single arm	Completed	T1D	Proinsuline-loaded VitD3-tolDCs	i.d.	2 Injections with 28-day interval
NCT02354911 ⁱⁱⁱ	II	Randomized, double blind, placebo-controlled, cross-over study	Unknown	T1D	BM-derived DCs treated with antisense oligonucleotides targeting CD80, CD86, CD40	i.d.	4 Injections, bi-weekly
NCT03895996 ^{iv}	I/II	Randomized, parallel assignment, placebo controlled, double-blind	Recruiting	T1D	Autologous dendritic cell therapy (AVT001)	i.v.	3 Monthly injections
NCT03337165 ^v (TolDCfoRA)	I	Single group assignment, open label	Completed	RA	Dex-tolDCs	i.a.	Dose escalation, single injection
Rheumavax	I	Nonrandomized, control group, open label	Completed	RA	NF-κB inhibitor-treated DCs, loaded with citrullinated peptides	i.d.	2 Progressive dose levels
CRISKCT0000035 ^{vi} (CreaVax-RA)	I	Interventional, single arm, open label	Completed	RA	DCs pulsed with PAD4, HNRNPA2B1, citrullinated filaggrin, and vimentin antigens		5 Injections according to two dose regimens: low and high
NCT01352858 ^{vii} (AutoDECRA)	I	Randomized, parallel assignment, open Label	Completed	RA	Dex/VitD3-tolDC loaded with autologous synovial fluid	i.l.	Dose escalation, single injection
NCT02283671 ^{viii}	I	Single group assignment, open Label	Completed	MS, neuromyelitis-optica	Dex-tolDCs loaded with myelin peptides or aquaporin-4-derived peptide	i.v.	Dose escalation, 3 injections administered bi-weekly
NCT02903537 ^{ix} (TOLERVIT-MS)	I/IIa	Nonrandomized, parallel assignment, open label	Recruiting	MS	VitD3-tolDCs loaded with a pool of myelin peptides	i.n.	Dose escalation, 6 injections: 4 bi-weekly and 2 monthly
NCT02618902 ^x	I/IIa	Nonrandomized, parallel assignment, open label	Recruiting	MS	VitD3-tolDCs loaded with a pool of myelin peptides	i.d.	Dose escalation, 6 injections: 4 bi-weekly and 2 monthly
2007-003469-42 ^{xi}	I	Sequential-cohorts, dose-range	Completed	Crohn's disease	Dex/VitA tolDCs	i.p.	Dose escalating, single injection vs 3 injections bi-weekly
NCT02622763 ^{xii}	I	Randomized, parallel assignment, single blind	Terminated (low recruitment)	Crohn's disease	Dex-tolDCs	i.l.	Unknown

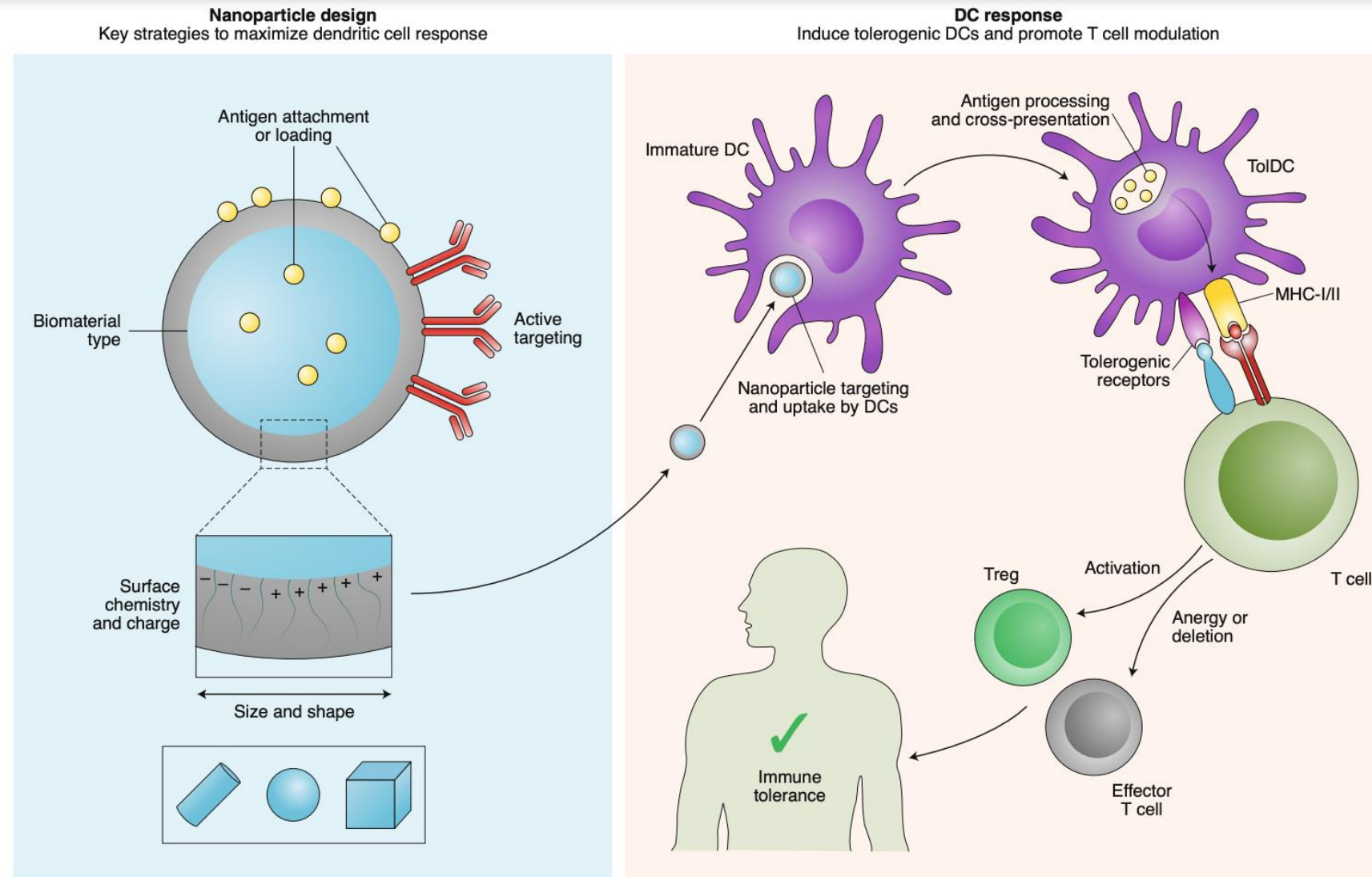
Immune tolerance in multiple sclerosis and neuromyelitis optica with peptide-loaded tolerogenic dendritic cells in a phase 1b trial

12 patients, 8 with MS and 4 with NMOSD
Autologous monocyte-derived DCs (dexamethasone)

Significant increase in the production of IL-10 levels in PBMCs stimulated with the peptides as well as an increase in the frequency of a regulatory T cell, known as Tr1, by week 12 of follow-up.



Inducing immune tolerance with dendritic cell-targeting nanomedicines



In situ induction of toIDC via nanoparticles

Conclusions

- Achieving immune tolerance has been one of the most elusive goals in immunology, but:
- Recent years have witnessed tremendous progress in the understanding of both pathogenesis of autoimmune disease, but also Treg and DC cell biology
- Additional progress in receptor engineering (CAR), genome editing (CRISPR-Cas9) of native immune cells, as well as delivery of antigens (nanoparticles)
- Vivid interest by the industry!
- Multiple trials ongoing, both with Tregs and with tolDC

Dr House to a scientist:



“So, basically, you’re an underpaid nerd...”